

# Sixty Plus at San Francisco State University

## *Highlights*

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SIXTY PLUS

*A Program for Lifelong Learning*

September, 2012

### MEETING – MONDAY, SEPTEMBER 10

#### Mindi Hadan, vocalist and Brian Hill, Guitarist



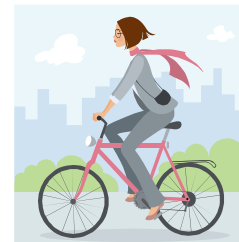
In our “welcome back” meeting, Mindi Hadan, accompanied by Brian Hill, will perform a variety of songs from Fats Waller to the Beatles. Mindi, raised in Texas as the youngest of eight children was surrounded by different forms of music, from her older siblings’ records to Country and Western to her grandparents’ big band and polka music. Her unique style is the result of a lifetime of diverse musical influences. Early on Mindi discovered Connie Francis, Judy Garland, Patsy Kline, Ella Fitzgerald and Sarah Vaughn - all have had a profound influence on her musical styling and sensibility. Since 2007 she has performed at a variety of Bay Area venues to rave reviews. Brian Hill has been performing jazz, rock and other styles in the San Francisco Bay Area and beyond for almost 20 years. Brian plays with several bands and has toured extensively in both the United States and abroad.

*To welcome each other back, all members are asked to bring finger-food to share for our first meeting of the Sixty Plus year.*

### MEETING – MONDAY, SEPTEMBER 24

#### Agatha Hoff, Court Commissioner, San Francisco Superior Court and Author

Agatha Hoff came to America in 1949 as a refugee from Hungary after World War II. When the youngest of her four children entered kindergarten, she attended San Francisco Law School and earned her J.D. degree at night. She worked in poverty law and later opened a private practice before being appointed as Court Commissioner. Her favorite moniker, from a disgruntled litigant, called her a “fascist terrorist cross-dressed in the cloak of justice.” Her widely-read column, “Tales from the Bench,” has appeared regularly in the *San Francisco Attorney Magazine*. Since her retirement she has continued her lifelong volunteer work with a variety of non-profits and is an avid long-distance cyclist. Her latest book is a compilation of her columns.



The meetings will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality hostess for this meeting is **Marian Anderson**. Sixty Plus members whose last names begin with the letters **Aa - Az** are requested to bring refreshments for this meeting.

**Shuttle Bus Times:** Pick-up time for both meetings will be at 12:15 p.m. at the Lake Merced Parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Sixty Plus at San Francisco State University  
Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132  
Website: [www.sixtyplussf.org](http://www.sixtyplussf.org) \* Telephone: 415-412-4684 \* email: [sixty@sfsu](mailto:sixty@sfsu)

## President's Message – September, 2012

### WELCOME BACK!

Welcome back to a new year of Sixty Plus at San Francisco State University. We have been together as a single organization for two years now and, as predicted, the merger went smoothly and we all seem to be getting along wonderfully.

I welcome new members and hope you will find as much enjoyment in the organization as I have for the past seven years. I do urge you to check out a committee that interests you, as this is the very best way to meet new people and feel a part of the organization. Sixty Plus is a bargain and we do rely on the hard work and involvement of members who plan our activities, organize our refreshments, contact those who are ill or suffering the loss of a loved one, greet us when we come to meetings, keep our web site up and running, and perform the myriad other tasks that make our organization a continuing success.

Ray Sarakaitas, our fearless leader throughout the past two years, has done an outstanding job steering the newly minted organization with patience and aplomb. He will truly be a tough act to follow but I will do my best with the help of all of you. Please contact me if you have questions or concerns and if I can't answer I will talk to the other Board members.

Thank you for your confidence in me. I look forward to the coming year.

Shelagh N. Ross, President [shelaghx@yahoo.com](mailto:shelaghx@yahoo.com)

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### SIXTY PLUS AT SFSU; SUMMARY FOR 2011 – 2012

**Speakers:** Tenor **Richard Riley** \* **Geordie Lynch** – SF Silver History \* **Manfred Wolf** – Writing Personal Columns \* **Hiroshi Kashiwagi** – Japanese American \* **John Rothman** – World Update \* **Allen & Helen Ridley** – Andes Adventures \* **Ray Zhou & Justin Houchiu** – Guitarists \* **So. RR Theater Co.** – Short Plays \* SFPD K-9 Unit \* **JoAnn Semones** – Point Montara \* **Grey Brechin** – Palace of Fine Arts \* **Bonnie Weiss** – Irving Berlin \* **James Kohn** – Victorian Cult of Beauty \* **John Weil** – Geezer Guide to SF \* **Woody LaBounty** – Ingleside Terrace History \* **Donald Gibbs** – What to Know About China \* **Carol Fleming** – Gettysburg Address \* **Carol Nelson** – Impressionist Garden Painters \* **Igor Pancevski** – Pianist

**Tours:** Calistoga wine tour \* SF Ferry Bldg. \* Harley Farms, Pescadero \* TCHO Chocolate Factory \* Oakland Museum \* CA Culinary Academy \* Bay Model, Sausalito \* Delancy Street \* Treasure Island \* A T & T Park \* SF MOMA docent tour \* Oregon Shakespeare Festival

**Highlights profiles:** “Getting to Know You”: Jeanne Glennon; Aida Hom; Barbara Anderson; Christine Malfatti; Beverley Flaherty; Richard Soward; Jane Radcliffe; Peggy Pol; Manfred Wolf; Kitty Brody

**Special events:** Holiday Luncheon Dec. 9 \* May Buffet & (3) Scholarship Awards, May 11

**Notable items:** **Bob Wrisley's** monthly “Happenings About Town” \* **Marian Anderson's** “Not Quite Gourmet Dining” \* **Kay Stewart's** Book Exchange \* started “Lend a Helping Hand” Committee & “Cost Containment” Committee \* placed Sixty Plus website on-line \* advertised for members in Sunset Beacon \* attended SF City Employees Fair and Aging Gracefully Faire \* grew membership from 197 to 217 \* Calligraphy class by **Paul Rosenberg** \* Economics class by **Erwin Kelly** \* ordered new brochure and business cards

Ray Sarakaitis, President: [raysarakaitis@aol.com](mailto:raysarakaitis@aol.com)

## HOSPITALITY COMMITTEE 2012 - 2013

**For our first meeting on September 10, in order to make our refreshment time a special occasion when we reacquaint ourselves with old friends and meet new ones, we ask that all members contribute finger foods.**

For all subsequent meetings, members are asked to provide refreshments according to the alphabetical order of their surnames. Because the list of members will not be finalized when this issue of *Highlights* goes to press, the alphabetical chart will not appear until the October issue. Therefore, we request that **all members whose surnames begin with the letter “A” provide refreshments for the September 24 meeting.**

We will have a designated refreshment host from each alphabetical group for each meeting. The host is to bring the tablecloth, some paper plates for the snacks, napkins and any decorations desired; help with set-up and clean-up; thank members who bring the treats; socialize; and be sure that all leftovers are removed. The first members to be asked to serve as meeting hosts are those who signed up for the Hospitality Committee on their membership renewal or application form.

Everyone was very cooperative about serving as hosts and bringing refreshments during the past Sixty Plus year, so we feel sure we can count on each of you this year too. Thanks to all!

**Margaret Grant: [mjnggrant@sbcglobal.net](mailto:mjnggrant@sbcglobal.net)**

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### HOLIDAY BUFFET LUNCHEON

#### Save the date!

Our holiday buffet luncheon will be held:

- Friday, Dec. 14
- 12:00 p.m. to 3:00 pm
- Seven Hills Conference Center, on SFSU campus



Details and will appear in the October *Highlights*.

**Peggy Pol: [mrpol@sbcglobal.net](mailto:mrpol@sbcglobal.net)**

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## Tours

### ANCHOR BREWING COMPANY

#### Free Tour - October 11, Friday at 10:00 a.m.

Join us for an interesting tour of the Anchor Brewing Co. - beer tastings to follow the tour. The brewery is located at 1705 Mariposa St. at 16th Street, San Francisco. Muni bus #19 goes right by it. Busses #22 and #10 go nearby. (Call Muni info at 415-673-6864) Street parking is very limited. Sign up at one of the following meetings: September 10 or 24 or October 8, or phone Irv Jarkovsky at [hjmoviefan@gmail.com](mailto:hjmoviefan@gmail.com).



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## Happenings About Town

by Bob Wisley

**SF Zoo Senior Stroll:** guided tour, Thursday September 13, 9:00 a.m. Meet at the main entrance. Coffee and tea served. Members free, others \$5.00. Call 753-7073.

**Orchids in the Park:** sale and exhibition, Sat/Sun September 15/16, 10 a.m. to 5:00 p.m. At the SF County Fair Building, 9th/Lincoln. Seniors \$3.00. Demonstrations, lectures. Call 665-2468 or contact [www.orchidsanfrancisco.org](http://www.orchidsanfrancisco.org).

**Silver Ride:** transportation for seniors. Monthly social events for older adults. Call 861-7433 or contact [www.silverride.com](http://www.silverride.com).

**Opera in the Park:** free, outdoor performance, Sunday September 9, 1:30 p.m. at Sharon Meadow, near Children's Playground and Sharon Building. This a preview of the upcoming opera season. Limited seating for seniors.

**Lindy In The Park:** free Lindy swing dancing, every Sunday, 11:00 am to 2:00p.m. Near DeYoung Museum tower on south sidewalk JFK Drive; contact [www.lindyinthepark.com](http://www.lindyinthepark.com).



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## Other Events

### Shop-a-Round Van

A new program operated by San Francisco Paratransit offers transportation to anyone age 65 and older for grocery shopping. There is a short registration form for application to the program. The vans will operate on specific days of the week to go to designated grocery stores. For more details and information on how to register call 415-351-7094.

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### Health Lectures for Seniors

#### You and Your Colon

A lecture for seniors, Thursday, September 20, 10:30 – 11:30 a.m.  
Kaiser-Permanente French Campus, 4141 Geary Street, San Francisco, CA 94118  
For more information, call 415-833-3450

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### OLLI SPECIAL LECTURE

#### CA Senator (retired) John Vasconcellos: The Politics of Trust and The Vasconcellos Legacy Project

**Wednesday, September 12, 1 – 3 p.m., Downtown Campus – Free Admission**

Senator Vasconcellos will speak about the non-partisan, non-profit, Vasconcellos Legacy Project, and its agenda for advancing a new “Faithful Politics of Trust.” Senator John Vasconcellos represented Silicon Valley for 38 years in the California State Legislature. He was the chair of the Assembly Ways and Means Committee for 15 years. He chaired the Senate Public Safety, Education, and Economic Development Committees, and twice chaired the Joint Legislative Committee to review California's Master Plan for Higher Education. He is co-founder of The Vasconcellos Legacy Project and its Politics of Trust Network which works to transform our state's political culture from cynicism to faithfulness - the only hope for restoring unity of purpose and functionality to our government.

Osher Lifelong Learning Institute, SF State Downtown Campus, 835 Market Street, 6th Floor, San Francisco, CA 94103. For further information on OLLI, visit [www.oli.sfsu.edu](http://www.oli.sfsu.edu) or call 415-817-4243. For more information on the Vasconcellos Project, visit [www.politicsoftrust.net](http://www.politicsoftrust.net)

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## NOT-QUITE-GOURMET DINING

**1300 Fillmore Restaurant**  
**1300 Fillmore at Eddy**

**Tuesday, September 25 5:30 p.m.**

Located in the old Fillmore Jazz District, this sophisticated restaurant has the soul of the neighborhood's '40's jazz and blues greats in portraits on its heritage wall. Chef David Lawrence has brilliantly balanced slow Southern cooking with fresh local ingredients. Small plates include such classics as boiled peanuts (!), shrimp & grits, and fried oysters with remoulade sauce. Entrees include jambalaya with catfish, Andouille sausage and shrimp; buttermilk-fried chicken; and house-cured pork chops. And desserts -- peach cobbler, warm chocolate beignets, and bourbon pecan pie. There's also a pri-fixe 3-course menu at \$37. Y'all come!  
RSVP: Marian Anderson: [marianra@comcast.net](mailto:marianra@comcast.net)

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## CALENDAR OF COMING EVENTS

**Next Board Meeting:** The Board will meet on **Monday, September 10, at 10:30 a.m.** in the Rosa Parks Room. The general meeting will start on that date at 1:00 p.m.

September 5	Wednesday	2:00 p.m.	<i>“War Horse”</i> – Curran Theater, SF
September 10	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D Program Meeting, Rosa Parks Room, SFSU
September 12	Wednesday	8:30 a.m.	Elkhorn Slough tour, Moss Landing
September 24	Monday	1:00 p.m. 10:30 a.m. 11:00 a.m.	Program Meeting, Rosa Parks Room Tour Committee meeting Program Committee meeting

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## SIXTY PLUS 2012 - 2013

### Officers

President	Shelagh Ross
1 <sup>st</sup> Vice President	Margo Moor
2 <sup>nd</sup> Vice President	Karen Gretch
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchoff
Co-Recording Secretary	Alice Keenan
Co-Recording Secretary	Beverly Flaherty
Corresponding Secretary	Alice Colthurst
Ex-Officio	Margaret Grant
Past President	Ray Sarakaidis

### Committee Chairs

Arts & Entertainment	Erwin Kelly
Education—Co-Chair	Richard Chackerian
Co-Chair	Richard Soward
Hospitality—Co-Chair	Peggy Pol
Co-Chair	Margaret Grant
Co-Chair	Charles Levine
Mailing—Chair	John Johns
Membership—Chair	Sharon Chackerian
Newsletter—Editor	Jeanne Glennon
Asst. Editor	Maleta Boatman
Program—Chair	Maleta Boatman
Publicity—Chair	Richard Lewis
Sunshine—Chair	Karen Grech
Tours—Co-Chair	Joy Pate
Co-Chair	Sheila Birmingham

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Items for the **October Highlights** should be submitted by **September 10**

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