

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

September, 2014

MONDAY, SEPTEMBER 8: WELCOME BACK MEETING **“Emperor Norton’s Time Machine” – Joseph Amster**

Emperor Norton will take us back to the Gold Rush days of San Francisco, his rise as a successful businessman, his unfortunate rice incident and his ascension to the throne as the first emperor in the United States. He will tell us details from his regal life, his numerous proclamations and his numerous competitors – as well as the events of the tragic night of January 8, 1880.

Joseph Amster is a tour guide, journalist, amateur historian, California native and a resident of San Francisco on and off since the 1970s. He and partner Rick Shelton founded Time Machine Tours which offers historical walking tours as characters from San Francisco history.



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by returning members. All are requested to bring refreshments for this meeting. Coffee and tea will be provided.

MONDAY, SEPTEMBER 22: “YOU CAN’T TAKE THAT AWAY FROM ME” **David LaRico, Senior Fraud Specialist**

Fraud affecting older adults is at an all-time high – and can be perpetuated by unscrupulous professionals who overcharge or deceive as well as caregivers and even family members. Everyone needs to be vigilant about the many types of senior fraud – especially because those of us born in the first half of the 20th century were raised to be polite and trusting. Also, older adults are less likely to report fraud because they don’t know whom to report it to or are ashamed that they have been scammed.

David LaRico has a background in economics and finance and has developed this fraud prevention and awareness program for seniors. David LaRico calls himself a “financial butler” who specializes in helping seniors and busy professionals with everyday money matters. He feels a need for people to be made aware of the types of senior fraud and ways to prevent it from happening.



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by the Board members and committee chairs. They are requested to bring refreshments for this meeting. Coffee and tea will be provided.

Shuttle Bus Times: Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

President's Message – September, 2014

Welcome to the 2014 - 2015 academic year of Sixty Plus at San Francisco State University. I am looking forward to working with all of you during my term as President of Sixty Plus.

The first meeting will be on September 8, 2014 in the Rosa Parks room at 1:00 to 3:00 p.m. Please bring a favorite desert, snack, or finger food to share with your friends. Our usual coffee and tea will be served. I am looking forward to seeing former friends and making new friends.

I would like to thank Ray Sarakaitis, our 2011-2012 Past President, for his installation of officers for the new academic year of Sixty Plus. I would like to introduce the Board of Officers for the new year:

Margo Moor, President
Chris Malfatti, Vice President
Terry Kirchhoff, Treasurer
Alice Keenan and Fen Fen Chen, Co-Recording Secretaries
Barbara Graham and Joyce Cassells, Co-Corresponding Secretaries
Shelagh Ross, Past President



Thank you to the new Board and our Committee Chairs for your service. I look forward to working with all of you and the community of Sixty Plus in making this the best year so far.

Our Joan Hill is now living in a senior care facility in Burlingame. Alice Keenan has stayed in contact with Joan and would share any details with you. If you wish to send a card, her address is:

Joan Hill
c/o Burlingame Villa
1117 Rhinette Avenue
Burlingame, CA 94010

Here's to a great year serving as President of Sixty Plus at San Francisco State University. Please feel free to contact me by cell phone or e-mail. I welcome suggestions and your comments.

Margo Moor, President, Sixty Plus at San Francisco State University, 415-205-9350, mmoor@att.net

p.s. Don't forget to check our website: sixtyplussf.org



Ray
Sarakaitis

Terry
Kirchhoff

Margo
Moor

Joyce
Cassells

Fen Fen
Chen

Alice
Keenan

Barbara
Graham

Hospitality Committee

The first meeting of the year is traditionally “no-host,” with all continuing members bringing refreshments and getting to know all the new members. Coffee and tea will be provided, and the shuttle bus will operate at its usual times.

The second meeting of the year is traditionally hosted by the Board and committee members, as a treat for members and – who knows? – as a lure to recruit members to the various committees.

Phyllis Abad, pabad@earthlink.net

Special Events

From Peggy Pol, chair of Special Events and hostess of our Winter Luncheon:

In September we start our new program and you can mark already December 15th for our lovely Holiday Luncheon. All the details will follow.

Peggy Pol: mrpol@sbcglobal.net

Tours

The tour committee has nothing on the agenda yet for 2014- 2015. All who are interested in helping plan these enjoyable and enlightening events are encouraged to join us.

Contact: Sheila Birmingham at sheilab507@hotmail.com



Sixty Plus members tour the Columbarium of San Francisco

HAPPENINGS AROUND TOWN

By Bob Wisley

Doelger Senior Center's Fall Festival, entertainment, deli, bake sale. 101 Lake Merced Blvd, Daly City, CA 94015 (650) 991-8012. Sunday Oct 5. Breakfast served 8:30 a.m. to 12:00 noon. www.doelgercenter.com

The Niles Canyon Railway, a Living Museum, 6 Kilkare Rd, Sunol, CA 94586, September and October, first and third Sunday, at 11:20 a.m. and 1:20 p.m. <http://www.ncry.org/>

Marine Mammal Center, 1065 Fort Cronkhite, Sausalito. Daily from 10:00 a.m. to 5:00 p.m. September tours Mon - Fri 1:00 p.m. and 3:00 p.m. Sat/Sun 11 a.m.; 1:00 p.m. and 3:00 p.m. www.marinemammalcenter.org

Kings Mountain Art in the Woods, 13889 Skyline Blvd, Hwy 35, Woodside, CA. Aug 30 and Sept first. One of California's top craft fairs. www.kingsmountainartfair.org

The new (2008) Oakland Cathedral, 2121 Harrison St. Open 8:00 a.m. to 8:00 p.m. Tours Mon - Fri 1:00 p.m. On the plaza, the City Lights Coffee Café, Mon - Fri 8:00 a.m. to 3:00 p.m. Cathedral Store daily from 10:00 a.m. to 4:00 p.m. <http://www.cticathedral.org/>

Marian Eakins Archaeological Collection, 201 Seminary Dr., Mill Valley, Antiquities from the ancient Near East. Mon - Fri 9:00 a.m. to 4:30 p.m. Sat 12:00 to 5:00 p.m. (This was a proposed site for the United Nations.) <https://www.ggbts.edu/museum>

City of Ten Thousand Buddhas, 4851 Bodhi Way, Ukiah. Small Buddhas line the prayer room hall. The buildings were one of the state recovery places that Ronald Reagan closed up. Restaurant open 11:30 a.m. to 3:00 p.m. www.cttbusa.org

Cantor Arts Center, Stanford University campus 328 Lomita Drive, Stanford. Anderson Collection opening September, 2014. twomuseums.stanford.edu

WRITERS ON WRITING

Moderated by novelist and poet Diane Frank

“Writers on Writing” is a literary salon, where published authors read from their books, talk about their creative process, and answer questions. A new author is featured each week. After the Q&A, authors will offer a writing exercise based on their book, with time to share writing at the end of the session.

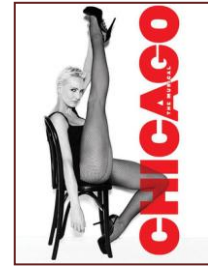
“Writers on Writing” is offered by the OLLI Program at San Francisco State University. We meet at the Westfield Campus (easy access from Powell BART/MUNI Station) on Thursdays, September 9 to October 16, 3:00 p.m. to 5:00 p.m. in Room 677.

For information about the featured authors, with a link to sign up for the course: <http://www.campusce.net/sfsu/course/course.aspx?C=130&pc=77&mc=&sc=>

BEST OF BROADWAY: "Chicago"

Orpheum Theatre, Wednesday, November 12 – 2:00 p.m.

Currently on a national tour, the revival of the Broadway mega-hit "Chicago" comes to San Francisco this fall. With original songs that have become Broadway standards in their own right, such as "All That Jazz," Bob Fosse's energetic cabaret-style musical has seduced audiences worldwide since 1975. Told through song and dance, "Chicago" is a true pleasure – a smash that keeps audiences coming back again – and again.

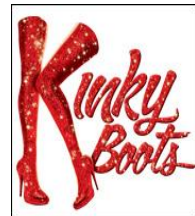


Tickets: \$55 – Orchestra or Mezzanine; Deposit of \$25 was due by Monday, June 9; remaining \$35 due by October 1.

Best of Broadway: "Kinky Boots"

Orpheum Theater, Wednesday, December 10 – 2:00 p.m.

Hilarious and uplifting - the winner of six TONY Awards, including Best Musical - "Kinky Boots" is coming to San Francisco this fall. The inspirational story follows a struggling shoe factory owner who works to turn his business around with help from the most unlikely person. Together they become an unstoppable team – proving you can change your mind about someone and change your whole world.



Loge seats: \$75. Deposit \$25 due by September 10.



NOT — QUITE — GOURMET DINING

Jardiniere

300 Grove (at Franklin)

Tuesday, September 30th 5:00 p.m.

(Note the slightly earlier hour.)

The word is out that prices recently have been moved down (if you stay out of the caviar column). Housed in a beautiful landmark building in Civic Center, Jardiniere features the award-winning French-California cuisine of Traci Des Jardins. Above the stunning, two-tiered dining area is a dramatic inverted champagne-glass dome. The menu changes daily, and our dinner promises to be memorable.

Important Note: Hard experience has taught us that restaurant personnel cannot deal with both cash and credit card payments of checks at the same table. Please plan to pay with cash!

RSVP: Marian Anderson (415) 282-8334 or marianra@comcast.net



**THE FOURTH ANNUAL LEGACY FILM FESTIVAL ON AGING,
Friday-Sunday, September 12-14, 2014,
New People Cinema, 1746 Post St, between Webster &
Buchanan Sts., Japantown, SF**

The only event of its kind, the Legacy Film Festival on Aging presents 15 films from eight countries and the USA that address the challenges and triumphs of aging. The festival's programs showcase shorts, features and documentaries from China, India, the Netherlands, the UK, Uruguay, Israel, France, Germany and the United States.

Two films are from local filmmakers: "Beauty before Age," Director Johnny Symons from the East Bay; and "Stepping into the Stream," Director Barbara Klutinis of San Francisco. Both local filmmakers will be present at their film screenings.

Each of the eight screening sessions explores themes such as: Perspectives on Growing Old(er); Physicality; Love and Loss; Memory. A Q&A follows each session. "We have a fantastic lineup of films portraying midlife and older adults that are poignant, celebratory and, yes, even funny!" says Sheila Malkind, Legacy Film Festival on Aging founder and director. "Films on growing older are reaching a wider audience. This is not surprising; in the U.S., 10,000 men and women turn 60 every day."

Tickets: For best prices, purchase tickets online, or get an All-Fest pass.

Single programs: \$10 (plus \$1.32 fee) online (or 800-838-3006); \$12: Box Office

ALL-FEST PASS: \$50 (plus \$2.74 fee): Online or \$50: Box Office

For descriptions of the films as well as ticket information, schedule, location and parking, go to: info@legacyfilmfestivalonaging.org

Communications Committee

The Communications committee of Sixty Plus is eager to start off the 2014 - 2015 year. Our mission is to increase communications among all members. We hope to make our two main productions - the "Highlights" newsletter and the website - interesting and attractive, so they encourage you to participate more in your organization. We're planning some new projects for 2014 - 2015: an updated Constitution for the organization, also possibly a flyer (?) a brochure (?)

We of course also encourage you to participate in our communications; work with us to make these productions excellent. Or submit articles and pictures, write up your experiences with tours and programs, and share your thoughts and feelings about being "sixty plus" in San Francisco.

The Communications Committee:

- Jeanne Glennon: jfglennon@comcast.net
- Joyce Cassells: joyce991@sbcglobal.net
- Janice Ogi: jkogi@yahoo.com

CALENDAR OF COMING EVENTS

September 8	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
September 22	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
November 12	Wednesday	2:00 p.m.	“Chicago,” Orpheum Theater 1192 Market Street at 8 th St.
December 10	Wednesday	2:00 p.m.	“Kinky Boots,” Orpheum Theater 1192 Market Street at 8 th St.

***Please Note:
If you have not renewed, this is your last issue of “Highlights.”***

SIXTY PLUS 2014 – 2015

Officers

President	Margo Moor
1 st Vice President	Christine Malfatti
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchhoff
Co-Recording Secretary	Alice Keenan
Co-Recording Secretary	Fen Fen Chen
Co-Corresponding Secretary	Barbara Graham
Co-Corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross
Ex officio	Margaret Grant

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Alice Keenan
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Gretch
Tours	Sheila Birmingham



Margo Moor, President, 2014 – 2015, and Shelagh Ross, Past-president, 2012 - 2014

Sixty Plus at San Francisco State University
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Sixty Plus Highlights

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Items for the **October Highlights** should be submitted by **September 15** to: Jeanne Glennon: jfglennon@comcast.net

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