

# Sixty Plus at San Francisco State University

## Highlights

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SIXTY PLUS

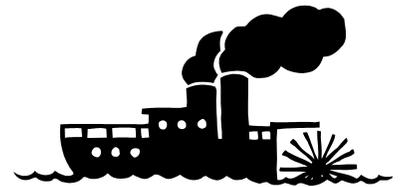
*A Program for Lifelong Learning*

September, 2013

### MONDAY, SEPTEMBER 9 "JEROME KERN"

#### Bonnie Weiss, theater educator, writer, radio and cabaret producer

Dubbed "The Father of the American Musical," Jerome Kern converted the grandiose, lavish music of the European operetta into a uniquely American art form. He introduced the modern love ballad into musical theatre and in the world of popular music is considered to be the finest composer. In addition to the exquisite score for his landmark musical, "Show Boat," he has written many other marvelous songs.



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality for this meeting will be provided by **all Sixty Plus members** except Executive Board members. We hope to celebrate our new year by sharing with one another.

### MONDAY, SEPTEMBER 23

#### Noah Griffin, Singer, Actor, Inspirational Speaker

Noah Griffin's vast range of experience uniquely qualifies him to speak on a wide range of topics. Educated at Harvard Law, Yale, and Fisk University, he spent 35 years in government, politics, media, and journalism. He served on the statewide staff in two presidential campaigns, was an administrative aide to Dianne Feinstein and press secretary to San Francisco Mayor Frank Jordan.



His media background includes five years as a popular talk show host, Public Affairs Director at KSFO/KYA radio where he also did Morning Drive. He was an on-air disc jockey at the old KFOG in San Francisco. He produced and hosted weekly interview shows on K-101 and KFRC radio. Griffin hosted public affairs interview programs on stations KMPT Channel 32 and KTSF Channel 26. He has appeared on CNN, "CBS Sunday Morning," and "Talk of the Nation."

He is a published poet and has committed more than 50 poems to memory. Since the age of 7, he has delighted audiences with his marvelous voice. Beginning with the San Francisco Boy's Chorus, Noah has shared the stage with Paul Robeson, Leontyne Price, Nat Cole and Duke Ellington.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality for this meeting will be provided by the **Sixty Plus Board members** as a welcome to all members, new and continuing.

**Shuttle Bus Times:** Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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## President's Message – September, 2013

Welcome back to a new year of interesting talks, good food, great trips, and special Sixty Plus events. Many thanks to all of you who make this possible – all the volunteers on all the various committees; the Board members who show up every month; Eileen, who keeps office running; Jeanne, who gets out our Newsletter and keeps us informed; and all the hosts and hostesses who help make the social part of our meetings so enjoyable. Special thanks to Ray Sarakaitis for installing our new – mostly returning – Board members and making our jobs official for another year – and to our esteemed mentor, Dr. Anabel Pelham for her unfailing support of Sixty Plus at San Francisco State University.



Welcome to all new members. Take a little time to get oriented and then do go ahead and attend a few committee meetings... everyone will welcome you with open arms. Getting involved is the best way to meet new people and form lasting friendships. I know – it happened to me.

Thanks for your continued confidence in me. I am looking forward to another wonderful year at Sixty Plus. As always, if you have any questions or comments give me a call. I might not know the answer but I will try to find out. Here's to another fun year!

In the meantime, remember to check out our website: [sixtyplussf.org](http://sixtyplussf.org).

**Shelagh N. Ross, President:** [shelaghx@yahoo.com](mailto:shelaghx@yahoo.com)

## Hospitality Committee

For our first meeting on Sept. 9, in order to make our refreshment time a special occasion, when we reacquaint ourselves with old friends and meet new ones, we ask that *all members* – except Executive Board members – contribute refreshments.

*Board members* are requested to provide refreshments for the September 23<sup>rd</sup> meeting.

For all subsequent meetings starting in October, members are asked to provide refreshments according to the alphabetical order of their surnames. A schedule will be provided in the October Highlights so that you can see when it is your turn to bring refreshments.

We will have a designated refreshment host from each alphabetical group for each meeting. The role of the host is to bring the tablecloth, some paper plates for contributions, napkins and any decorations desired; help with set-up and clean-up; thank members who bring the treats; socialize; and be sure that all leftovers are removed. Each month, the first members to be asked to serve as meeting hosts will be those who signed up for the Hospitality Committee on their membership renewal or application form.

Everyone was very cooperative about serving as hosts and bringing refreshments during the past Sixty Plus year, and we would like to thank you, one and all. We feel sure we can count on each of you this year too.

**Phyllis Abad, [pabad@earthlink.net](mailto:pabad@earthlink.net)**

**Margaret Grant, [mgtgrant@att.net](mailto:mgtgrant@att.net)**



LOCAL ACTIVITIES

**"CAMELOT" – SAN FRANCISCO PLAYHOUSE**

**Saturday, September 14 – 3:00 p.m., 450 Post St., SF, CA 94102**

Reviewed in the Examiner as a “lusty, memorable ‘Camelot’” this production has an excellent cast and an impressive set. Director Bill English, has devised a faithful yet fresh and vibrant production.

We have orchestra seats at \$30. A minimum of 10 tickets must be sold for this discounted price, so send your check for \$30 per ticket to the Sixty Plus office, HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132.

*The deadline for ticket purchases is September 3.*

**"PORGY AND BESS"**

Coming soon! Tickets for the December 4 production of “Porgy and Bess” at the Golden Gate theater will be available soon. Details will be available in future newsletters and at meetings. Payment is due by October 25.

**SAN FRANCISCO WALK TO END ALZHEIMER’S**

**Saturday, September 21 – 9:30 a.m. (registration begins at 8:00 a.m.)**

This non-competitive 1.5 or 3 mile walk begins at Mission Creek Park (near AT&T Park) at 290 Channel Street. No fee or fund-raising is required, but donations are accepted.

Sixty Plus would like to put together a group that will walk together. To sign up you can pre-register at:<http://act.org/goto/sixtyplus>.

**SFSU LIBRARY PRIVILEGES**

Members can borrow books from the campus library and have use of the two-hour computers. If members opt to get a One Card, they would have the advantage of all services provided to regular students, including wi-fi.

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Special Events

**HOLIDAY LUNCHEON**

On Monday, December 16, we will have our Holiday Luncheon at Seven Hills on Campus, so keep that day free! Next month you will get the menu and all the details. Hope to see you all in September.

Peggy Pol, [mrpol@sbcglobal.net](mailto:mrpol@sbcglobal.net)

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## Tours

### TIBURON FERRY CRUISE AND LUNCHEON

Please join us for a ferry trip from Pier 41 in San Francisco to Tiburon and return on Tuesday, September 10. Tour attendees will meet at 10:30 a.m. at Pier 41. Take the “F” Market line to Pier 41 or park at Pier 39/Fisherman’s Wharf parking lots. Prepaid ferry tickets will be distributed for the 10:50 a.m. ferry departure.

Lunch will be at 11:30 a.m. at historic Sam’s Anchor Café on the Tiburon dock. Lunch is no host; order from Sam’s menu.

Cost: \$13.50, due at sign-up. *No Clipper Cards accepted.*

Contact: Maryann Swazo of the Tour Committee for sign-ups and information.

**Sheila Birmingham (Sheilab507@hotmail.com)**

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**Le Charm French Bistro  
315 Fifth Street (near Folsom)  
Tuesday, September 24th 5:30 p.m.**

A little gem of a bistro tucked away in SOMA with patio dining as well as the comfy dining room. All the traditional French classics are here -- charcuterie plates, baked escargots, onion soup gratinee, entrees such as cassoulet, marmite of seafood, and pan-seared Black Angus ribeye steak, and tarte tatin and profiteroles on the dessert list.

And there's a \$35. three-course Prix Fixe Menu with even more Gallic goodies. You won't want to miss this one!

**RSVP: Marian Anderson (415) 282-8334 or marianra@comcast.net**

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**Reminder: If you have not sent in your renewal,  
this is your LAST issue of “Highlights!”**

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## Getting to Know You

### BOB WRISLEY

by Maleta Boatman

Our “Happenings around Town” columnist, Bob Wrisley, was born and raised in South Central Los Angeles. His parents were both adult night school teachers in a Community College. His mother taught typing and his father taught business subjects. His one brother was three years his junior. The family was not particularly religious but they went regularly to the Congregational Church.

Even in the early years he had an interest in and a curiosity about the wide variety of “happenings” available in the community: he has vivid memories of the Fun House at the Venice Beach Pier, the Griffith Park Observatory, the Exposition Park Natural History Museum, the Hollywood farmers’ market, the Getty Museum and the Getty Villa at Malibu. Asked which he liked best, he said, “The Hollywood farmers’ market and the Jewish restaurant across the street from it. The people who visited it would sit around and talk.” He found their conversations interesting and enlightening.

He assumed he would become a teacher like his parents, but when he graduated from high school, the United States was involved in the Korean War, and he volunteered for the Army. In his four years’ service, he was never sent overseas. For three and a half years he was a clerk typist at Fort San Houston in San Antonio, Texas, which he enjoyed. On returning from the Army he attended Los Angeles City College for two years. On a visit to San Francisco, he found he liked it, and in 1957 he moved here.

At first he had a number of part-time jobs including some with the S.F. Recreation and Parks Department. In 1960 he began working there full time. He eventually became the Director of the Golden Gate Park Senior Center in the old Park Police Station at 37<sup>th</sup> Avenue and Fulton St. After 25 years in that position he took early retirement from the city in 1990.

Bob’s brother married and had five children. They and their father all live in or near Carlsbad, CA. His brother now has 19 grandchildren. Bob never married but made many friends and continued his varied interests and activities. At the Senior Center he learned to square dance and then joined the Caper Cutters Club. He also started to take Charles Fraccia’s walks around the city. The Fraccia Walks became the City Guide Walks and the San Francisco Museum Historical Society walks. Bob became a City Guide and led the Japan Town Redevelopment Area walk for about 15 years. Throughout his life he has been a student of Theology. He visited as many kinds of churches as he could find. He may hold some kind of record for visiting the greatest number of Bay Area churches, including Vedanta at 2323 Vallejo St., the Swedenborgian church at 2107 Lyon St., and the Oakland Cathedral. For several years he was interested in the Unitarian Church. He has never joined any of them.

Some time around 2003 Bob joined Sixty Plus Gamma. A member who knew of his wide-ranging knowledge of the city suggested he should share it. So in 2004 or 2005 he started “Happenings around Town” as a column for the “Gamma Ray” and the “Beta Byline.”

About five years ago he developed foot problems caused by peripheral neuropathy (nerve damage) that makes walking hard. Although he can no longer square dance, lead walks or come to our meetings, he continues to explore the city’s riches on his computer and share them with us in our “Highlights.” And for those of us who can still walk he recommends we visit the Columbarium and the Randall Museum.

We admire your enquiring spirit, Bob, and thank you for your column.



# HAPPENINGS AROUND TOWN

By Bob Wrisley

**Zoo Senior Stroll**, Sloat Blvd. at Great Highway. Thursday, Sept. 12, 9:00 am to 10:15 a.m. Zoo members free, all others \$5.00. <http://www.sfzoo.org/>

**Opera in the Park**, Sharon Meadow, Golden Gate Park, by the Sharon Building, Children's Playground. Sun., Sept. 8, 1:30 p.m., with the SF Opera Orchestra. [sfopera.com/Season-Tickets/Opera-in-the-Park](http://sfopera.com/Season-Tickets/Opera-in-the-Park)

**Golden Gate Park Band**, GG Park Music Concourse. Sundays, 1:00 p.m. Sept, 1, harpist; Mon., Sept. 2, labor music; Sept. 8, no concert; Sept. 15, Spanish; Sept. 22, Irish; Sept. 29, jazz; Oct 6, final concert. [www.goldengateparkband.org/](http://www.goldengateparkband.org/)

**Horseshoe Pitching**, Golden Gate Park, corner of Fulton & Stanyan Streets. Saturdays, 12:00 noon to 4:00 p.m.. Sixteen horseshoe pits. Also at Stern Grove, Sloat near 19th Ave. Fridays, 4:00 p.m. to 7:00 p.m. - also some mornings. [www.golden-gate-park.com/horseshoe-pits](http://www.golden-gate-park.com/horseshoe-pits)

**Orchids in the Park** (Exhibition), County Fair Building, in GG Park, 9th Ave & Lincoln. Sat. - Sun Sept 28 - 29 from 10:00 a.m. to 5:00 p.m. Admission \$3.00. [www.golden-gate-park.com](http://www.golden-gate-park.com) › [Information.> Buildings & Lodges](#)

**Sanchez Adobe Ranch Day Fiesta**, 1000 Linda Mar Blvd., Pacifica. Sat., Sept 21, from 12:00 noon to 4:00 p.m. Exhibits, crafts. [www.cityofpacificca.org](http://www.cityofpacificca.org)

**Pacifica Fog Festival**, Palmetto Ave., Pacifica. Sat. – Sun., Sept 28 – 29, from 10:00 a.m. to 6:00 p.m. Arts, crafts, food, music on three stages. [www.cityofpacificca.org](http://www.cityofpacificca.org)

**Lindy in the Park**, JFK Drive, GG Park, at foot of the DeYoung Art Museum Tower. Free outdoor swing dancing every Sunday year-round. All ages - no partner needed. (JFK Drive closed Sundays but garage is open.) [www.lindyinthepark.com](http://www.lindyinthepark.com)

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**Happy Labor Day!**

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# CALENDAR OF COMING EVENTS

September 9	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room, Cesar Chavez Student Center, SFSU
September 10	Tuesday	10:30 a.m. 11:30 a.m. 3:00 p.m. 3:20 p.m.	Tour to Tiburon, meet at Pier 41 Luncheon, Sam's Anchor Café (no-host) Boat departs Tiburon Boat arrives at Pier 41
September 14	Saturday	3:00 p.m.	"Camelot," SF Playhouse, 450 Post St., SF, CA 94102
September 21	Saturday	9:30 a.m.	Walk to End Alzheimer' Mission Creek Park (near AT&T Park) 290 Channel Street
September 23	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room, Cesar Chavez Student Center, SFSU

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## SIXTY PLUS 2013 - 2014

### Officers

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1 <sup>st</sup> Vice President	Margo Moor
2 <sup>nd</sup> Vice President	Karen Gretch
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchhoff
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Programs	Alice Keenan
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Gretch
Tours	Sheila Birmingham

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**Sixty Plus at San Francisco State University**  
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***Sixty Plus Highlights***

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Items for the **October Highlights** should be submitted by **September 20** to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)

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