

Sixty Plus at OLLI-SFSU

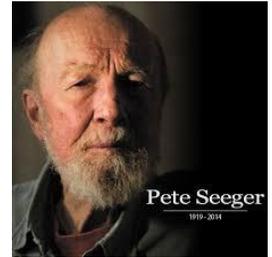
Highlights

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SIXTY PLUS-OLLI *A Program for Lifelong Learning* September, 2015

MONDAY, SEPT. 12: "PETE SEEGER: HOW CAN I KEEP FROM SINGING?" portrayed by Tim Holt

In this one-man performance, Tim Holt portrays Pete Seeger, who tells his life story and sings songs from the various chapters in his life. "Pete" talks about his travels around the country with Wood Guthrie, singing with the Almanacs and the Weavers, and his involvement in causes like the labor movement, civil rights movement, and cleaning up the Hudson River. And, of course, Pete will encourage audience members to join with him on several of his most well-known songs.



Tim Holt has been performing music programs in West Coast venues for a number of years. His interest in Pete Seeger and folk music dates back to the Folk Revival of the 1960s, when he learned to play the banjo one summer, using Pete Seeger's instruction manual.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. For hospitality, **all members** are requested to provide treats, as a welcome to new members and welcome back to continuing members.

MONDAY, SEPT. 26: "THE STATE OF THE ELECTION" Dr. Gerard Heather, Professor Emeritus, SFSU

This year's presidential election is like no other in history – and much could change before Dr. Heather's presentation at the end of September.

Dr. Heather, one of Sixty Plus's favorite speakers, examines several topics including the state of the election, the future of both parties, and likely changes in both politics and Congress. As always, he will leave time for questions and answers and commentary.



Dr. Heather is Professor Emeritus of Political Science at SFSU and former chairman of the department. He is an expert on ethics and religion in U.S. politics. He received his Ph.D. from Syracuse University. In addition to teaching at SFSU for over forty years, Dr. Heather has taught abroad, at universities in the U.K. and Amsterdam.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Board members**, as a treat to members.

Shuttle Bus Times: Pick-up times for the meetings are at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. **The return trip leaves at 3:00 p.m.** from in front of the Creative Arts Building on Holloway Avenue.



President's Message – September, 2016

It is with great pleasure that I am writing my first President's Message.

I have been a member of Sixty Plus since 2012. In that time I have served on the Membership Committee, Program Committee, and Publicity Committee, and spent two years as Vice President. This experience has provided me with a broad knowledge of the functions of the committees. While serving as Membership Secretary, I have spoken to every member in attendance at our twice-monthly meetings. I am now looking forward to my new phase of leadership in this wonderful organization.

This past year has brought some changes to our group. With the retirement of Dr. Pelham and the subsequent reorganization of the Gerontology Program, Sixty Plus needed a new "home". The College of Liberal and Creative Arts invited Sixty Plus to join OLLI as a Premier Interest Group. Many meetings were held with then-Dean Bernardi to secure the future of Sixty Plus at San Francisco State University. I am happy to say that our group is now an official member of the University and OLLI. We will continue to function as we have for the past forty years but under the umbrella of the College of Liberal and Creative Arts. The partnership with OLLI opens more avenues for classes and lectures given through OLLI and, we hope, will increase our membership as OLLI members join our Premier Interest group.



I want to extend a hearty welcome to all renewing Sixty Plus Members, and a big welcome to new members coming into the group for 2016-2017 year. We always have a lot to do to keep Sixty Plus running and I invite all members, returning or newly enrolled, to join a committee. We will be introducing the committee chairs at the first meeting in September and will be excited to sign up committee members at that time. If you indicated a committee choice on your enrollment form, the Chair will be contacting you soon.

I am looking forward to the coming year and seeing all of you at our first meeting, September 12th, 2016. The Sixty Plus Board meets at 10:30 a.m. and the general meeting starts at 1:00 p.m.

Best regards,

Chris

Chris Malfatti, President, Sixty Plus at OLLI-SFSU; 415-585-4811; cmalfatti@sbcglobal.net



Hospitality Committee

For our first meeting on Sept. 12, to make our refreshment time a special occasion and to reacquaint ourselves with old friends and meet new ones, we ask that *all members* – except Executive Board members – contribute finger foods. Board members are requested to provide refreshments for the September 26th meeting.

For all subsequent meetings starting in October, members are asked to provide refreshments according to the alphabetical order of their surnames. A schedule will be provided in the October Highlights so that you can see when it is your turn to bring refreshments.

We will have a designated refreshment host from each alphabetical group for each meeting. The host is to bring the tablecloth, some paper plates and napkins and any decorations desired; to help with set-up and clean-up; to thank members who bring the treats; to socialize; and to be sure that all leftovers are removed. The first members to be asked to serve as meeting hosts will be those who signed up for the Hospitality Committee on their membership renewal or application form.

Pam Naughton, Chair, Hospitality Committee
naughton.pam@gmail.com



Not-quite-gourmet Dining

Lavash

511 Irving St. (between 6th & 7th Ave)

Tuesday, September 27, 5:30 p.m.

For over a decade this cute little neighborhood gem in the Sunset has been sating appetites for Persian food with flavorful and aromatic stews, kabobs, and jeweled rice. Topping the list of favorites here are the Koobideh — skewers of tender and juicy ground beef and lamb seasoned with saffron, the Adas Polo — a rich and aromatic dish of rice mixed with lentils, dates, raisins, orange zest and cinnamon, served with saffron chicken, and the Fesenjan — well-season chicken with ground walnut and pomegranate sauce. Also a hit is the choclava — a riff on the traditional baklava. Cash only

MUNI Metro N, Bus lines 43/44

RSVP: Cecilia Lim, cec639sf@att.net or call 415-957-1602



Sixty Plus at OLLI-SFSU

Sixty Plus is now partnering with OLLI-SFSU (Osher Lifelong Learning Institute) within the LCA (College of Liberal and Creative Arts). OLLI is an intellectually stimulating and supportive community for lifelong learners, offering a multitude of activities on a wide variety of subjects.

The benefits to Sixty Plus members include a basic membership in OLLI. This basic membership allows participation in any of OLLI's interest groups, special lectures, and social events. Also with this basic membership, Sixty Plus members can deduct \$25 from one OLLI class per year. OLLI offers a variety of short-term classes on the SFSU campus and the downtown campus at 835 Market Street, Sixth Floor.

The Sixty Plus fee, which has not been raised in at least 15 years, will be \$85 per year, an increase of \$10. This additional amount includes the basic membership in OLLI (normally a \$25 fee). For those who still want to receive a printed copy of *Highlights*, the \$5 charge will still apply – for a total of \$90 (still only a \$10 increase).

Sixty Plus will continue with its current format of two meetings a month, special events, and tours. We will continue to have our Board officers and committee chairs, as an advisory council to OLLI.

As of press time, we had not heard about changes to our address, telephone number, or website. We will let you know of the changes as soon as we know.

We hope you take advantage of all these new opportunities, and we look forward to sharing a new year with you in Sixty Plus.

If you have any questions, please call the Sixty Plus office at 415—412-4684.

Arts and Entertainment

The Morrison Artists Series, 2016-17 Season

The coming season of the Morrison Artists Series ushers in a new and inspiring year of outstanding chamber music performances offered admission-free to San Francisco Bay Area audiences.

Sunday, September 18, 2016, 3:00 p.m. pre-concert talk, 2:00 p.m.: San Francisco State's resident **Alexander String Quartet** continues to delight and inspire Bay Area audiences with its superb performances of classical, romantic, and modern repertoire.

McKenna Theater, SFSU; for information: Morrison.sfsu.edu

The FALL SESSION ONE SCHEDULE has been updated! Registration is open. Classes are Aug 29 - Oct 14; no class Sept. 5.

Writers on Writing - Diane Frank

Unruly Working Women of the Silver Screen - Mary Scott

Exploring the Many Worlds of Chamber Music – John Prescott

Playwriting: The Ten-Minute Play - Cary Pepper

Urgent Issues, Extraordinary Politics: Domestic and International Policy Issues in the Midst of National Elections - David Peritz

Art as a Social & Economic Phenomenon - Karen Lee McSorley

Film Noir in the 40s: An Overview - Elliot Lavine

Historical & Architectural Walking Tours of San Francisco - Charles Fracchia

Russian History: Lesser Known Corners - Richard Robbins

History of Ethnic Minority Groups in California - George Wright

The 2016 Presidential Election: Issues and Analysis – Joel Kassiola

Healthier Living Workshop – Debra Varner and Nancy Smietana

For more information: 415-817-4243 or e-mail olli@sfsu.edu. Or check the website: olli.sfsu.edu.

Join our community of learners!



Report: World War II History Tour
Tuesday, August 9, 2016

On Tuesday, August 9, a group of Sixty Plus folks recalled the Bay Area's World War II history as we toured the victory ship *Red Oak Victory* and visited the exhibit of *Rosie the Riveter*, both in the Port Richmond area of the East Bay. The victory ships formed the backbones of the system transporting soldiers and equipment in both theaters of war, the Pacific and Europe/Africa. The *Rosie the Riveter* exhibit honors the critical contributions of women and the home front in the production of weaponry that decided both theaters of war.



Here's a group photo. Many more photos are available on our website:
www.sixtyplussf.org



BTW, Folks: Grey sweater found on bus during tour of Guide Dogs for Blind on July 14, 2016. If it's yours, contact Sheila Birmingham at sheilab507@hotmail.com.



CALENDAR OF COMING EVENTS

September 12	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
September 26	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
September 27	Tuesday	5:30 p.m.	Lavash. 511 Irving Street (Between 6 th and 7 th Avenues)
October 12	Wednesday	2:00 p.m.	“Hedwig and the Angry Inch” Golden Gate Theater, 1 Taylor Street, at Market St.

Membership Renewal:

If you have renewed your membership, we welcome you back. If you have not renewed your membership, this is your last newsletter. If you need a membership form, please contact the office at 415-412-4684.

SIXTY PLUS 2014 — 2015

Officers

President	Christine Malfatti
Vice President	Bessie Hahn
Treasurer	Terry Kirchhoff
Recording Secretary	Ray Sarakaitis
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Margo Moor

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Pam Naughton
Mailing	John Johns
Membership	Christine Malfatti
Programs	
Publicity — Co-chair	Richard Lewis
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

Sixty Plus-OLLI at San Francisco State University

Gerontology/Sixty Plus – OLLI, HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132

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Items for the October *Highlights* should be submitted by **September 19** to: Jeanne Glennon: jfglennon@comcast.net



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