

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

June, 2016

MONDAY, JUNE 13: "ALCATRAZ ISLAND: 200 YEARS ON THE ROCK" John Martini – Historian, Author, Lecturer

John Martini presents an illustrated history of Alcatraz from its Spanish discovery until its establishment as a National Park. The program focuses on the 1934 – 1963 era when The Rock was a federal penitentiary. The discussion includes the island's infamous residents, escape attempts, and the myths of Alcatraz, as well as the tunnels, dungeons, and long-forgotten Civil War fortification – literally just below the visitors' feet.



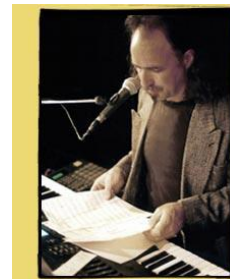
John had a twenty-five year career as a National Park Ranger and was fortunate to be stationed at some of the nation's most important historic places. He became an historian and interpretive ranger and developed a passion for sharing his knowledge with others.

The meeting will be held in **Knuth Hall, Creative Arts Building**, at 1:00 p.m. Social time will follow in Room 154. The Hospitality for this meeting will be provided by **Betsy Seywald**. Sixty Plus members whose last names begin with the letters **Ros - Sey** are requested to bring treats. Please let Betsy know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Note: Shuttle busses will not be available for June and July meetings. Please arrange carpools or other means of transportation.

MONDAY, JUNE 27: MUSICAL DUO Saxophonist Sonya Jason and keyboardist Michael Hatfield

Saxophonist Sonya Jason and keyboardist Michael Hatfield join together to delight audiences with their lively renditions of favorite jazz standards. Even when the musicians are improvising, the melody isn't far away from the likes of Cole Porter, Duke Ellington, and Antonio Carlos Jobim.



Sonya Jason graduated summa cum laude from the acclaimed Berklee College of Music in Boston and is a winner of ASCAP's Popular Music Award in Composition. She has released three CDs as a solo artist (available for purchase) and contributed her saxophone sound to more than three dozen recordings. **Michael Hatfield** is one of the most versatile musicians in the Bay Area. After attending the Berklee School of Music, he made the Bay Area his home. He is a keyboardist, vibraphonist and vocalist; he leads several Bay Area bands as well as teaching.

The meeting will be held in **Knuth Hall, Creative Arts Building**, at 1:00 p.m. Social time will follow in Room 154. The hospitality for this meeting will be provided by **Richard Soward**. Sixty Plus members whose last names begin with the letters **Sha - Stev** are requested to bring treats. Please let Richard know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Note: Shuttle busses will not be available for June and July meetings. Please arrange carpools or other means of transportation.



Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

June 13 Ros – Sey	July 11	Stew – Win
June 27 Sha - Stev	July 25	Y – Ag

Phyllis Abad, Hospitality Chair, pabad@earthlink.net

President's Message – June, 2016

A slate of candidates for office to lead Sixty Plus for 2016-2017 has been nominated for election at our next meeting on June 13. Additional nominations may be made by members prior to the meeting, or from the floor at the meeting, with the consent of the nominee. The nominees are:

President — Chris Malfatti
Vice President — Bessie Hahn
Treasurer — Terry Kirchhoff
Recording Secretary pro tem — Margaret Grant
Corresponding Secretaries — Barbara Graham and Joyce Cassells

My sincere thanks to the Nominating Committee for your good work.

Please contact Karen Grech, our Sunshine Coordinator, at 415-775-1822 or by e-mail at grechkaren@yahoo.com if you know of anyone in Sixty Plus in need of a note of congratulations, get-well, encouragement, or sympathy, and she will promptly send a card.

My sincere thanks to all who have given me helping support throughout my presidency. It has been a huge positive learning experience for me.

Please read your Highlights, especially as room assignments for meetings and shuttle bus service can vary during the summer.

Please keep up-to-date by visiting our website: www.sixtyplussf.org.

Margo

Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, mmoor@att.net



Coming Attractions

“City of Angels”

Sixty Plus is reserving group tickets for San Francisco Playhouse’s musical comedy, “City of Angels”. “City of Angels” is an homage to the film noir genre of motion pictures that rose to prominence in the 1940s.



Sunday, July 31, 2:00 p.m.
San Francisco Playhouse, 450 Post St, San Francisco, CA 94102

\$52 – Orchestra; \$35 – Mezzanine; final payment due by June 30

Elevator available

“Hedwig and the Angry Inch” – A Rock Musical

“Hedwig,” which won the 2014 Tony Award for Best Musical Revival, stars San Francisco native Darren Criss in a mesmerizing role. This brilliantly innovative, heartbreaking, and wickedly funny musical by John Cameron Mitchell is a story about a fictional rock and roll band fronted by Hedwig, formerly named Hansel. Definitely a provocative and unique production for the more adventuresome theater-goer.



Wednesday, October 12 – 2:00 p.m.
Golden Gate Theatre, 1 Taylor Street, at Market St.

\$75 for Orchestra or Loge Seating – A minimum of 15 is needed for this group pricing.

Payment is not due until mid-August, but the theater needs a commitment by June 9. If you are interested in attending, please either call or email the Sixty Plus office prior to June 9.

Nominating Committee – June, 2016

According to our Constitution, “Officers are elected at the annual meeting at the first meeting in June, to be installed at the last meeting in July.”

The candidates for the next year are:

- | | |
|-----------------------------|---|
| President: Chris Malfatti | Recording Secretary pro-tem: Margaret Grant |
| Vice-president: Bessie Hahn | Co-corresponding Secretary: Joyce Cassells |
| Treasurer: Terry Kirchhoff | Co-corresponding Secretary: Barbara Graham |

Please be ready to give them your vote at the June 13 meeting.

Guide Dogs for the Blind, Thursday July 14, 2016

Guide Dogs for the Blind is more than an industry-leading guide dog school. We are a passionate community that serves the visually impaired. We prepare highly qualified guide dogs to serve and empower individuals who are blind or have low vision. All of our services are provided free of charge; we receive no government funding.

The tour starts at 10 a.m. and lasts approximately 90 minutes. The bus picks us up at the Lake Merced Shuttle stop at 9 a.m. and at 19th Ave. at 9:15 a.m. The cost is \$35.00 which includes the driver’s tip and a donation to the facility. Lunch is on our own at the Northgate Mall.



To reserve a space, please call 415-221-2419 and leave your name and phone number so I can put you on the list. Then make a check out to Sixty Plus and mail it to me, Loretta Yurkov, 355 Euclid Ave. #305. San Francisco, CA 94118.

City Hall Tour, Thursday, July 28th, 2016

On Thursday, July 28, we have scheduled a City Hall tour with docent extraordinaire, Ellen Schumer. Ellen spoke at Sixty Plus recently and was very well received.



San Francisco City Hall
Carlton B. Goodlett Place entry

Tour begins at 11:00 a.m., so we will meet at 10:50 on the Carlton B. Goodlett Place side of City Hall. Tour lasts one hour. Cost is \$5.00. City Hall is handicapped accessible. Lunch afterwards is on our own.

Contact: Sheila Birmingham at sheilab507@hotmail.com for information.

Opera at the Ballpark, Saturday, July 2, at 7:30 p.m.

Sixty Plus has acquired passes for “Carmen,” this year’s free Opera at the Ballpark. To reserve a place, please call Sheila Birmingham, 415-564-4133.

Some details: Beginning at 6:00 p.m., registered fans may enter the park; so we should plan to gather at Willie Mays Plaza beforehand and be ready to enter at 6:00. *No* alcohol or unsealed containers (including water bottles) are permitted. All bags will be inspected upon entry into the ballpark.



Take MUNI to 4th Street & King. For details, please visit <http://sfopera.com/simulcast>.

Please note: This performance includes violence, nudity, and suggestive behavior. (*Is this a warning or an incentive? –ed*)



Not-quite-gourmet Dining

Waxman's SF Restaurant and Cafe

**Ghirardelli Square
900 North Point St.
(Entrance on North Point St. near Larkin St.)
Tuesday, June 28, 5:30 p.m.**

Celebrity chef Jonathan Waxman, former chef at Chez Panisse, brings it home to his new digs in Ghirardelli Square. Featuring veggies, seafood, and meat cooked in a wood-burning oven and wood-burning grill, menu options include updated standards, such as gnocchi with asparagus and green garlic sauce, ravioli with pork rib ragu, soft shell crab, grilled rock cod, and grilled quail with farro. No credit cards.

Muni lines 19, 30, 47, 49

RSVP required: Cecilia Lim, cec639sf@att.net or call 415-957-1602



Join the OLLI community of learners!

Wednesday, June 1, 1 p.m., Brown Bag Lecture — HEARU — Learn about hearing loss prevention and cutting edge treatments.

Wednesday, June 1, 10:30 a.m., Walking Tour of SF Victorians: Come and experience a wonderful journey and fascinating insight into the lesser-known Victorians of Pacific Heights and Cow Hollow. Marilyn Straka, long time Pacific Heights resident and owner of "On the Level Walking Tours," leads this tour. The walk is easy, mostly level with only one slight hill. Since the starting point and finish location are not close together, riding MUNI would be advisable.

Saturday, June 4, 2 p.m., Authors from OLLI read at the Bay Area Book Festival: Keven Bellows, Sarah Broderick, Stuart Habley, Allen Wilson, Canyon Sam, Barbara Lyon, Francee Covington, and Kathy Gilbert are scheduled. *Member Participation Request: We could use a musician to entertain between transitions, etc.*

Sat. — Sun, June 4 — 5, 10 a.m., Bay Area Book Festival: Join the San Francisco Chronicle and other sponsors in this free event for the public. Listen to authors from every literary genre, including SF State OLLI Members, speak and give advice to aspiring writers. Located in the heart of downtown Berkeley. Visit <http://baybookfest.org> for more details.

Wednesday, June 8, 1 p.m., Caring Community meets, Downtown Campus, Room 617.

Wednesday, June 15, 1 p.m., SF Adventure: San Francisco Fire Department Museum tour. Opened in 1964, this building was originally meant to house a fire company, but was never used for that purpose, so Chief William Murray decided to use the space for a new museum.

The *Summer Schedule* is posted and downloadable at our website!

**Main Campus: Creative Arts Building Room 154
San Francisco State University
1600 Holloway Ave., SF, CA**

**Downtown Campus: 835 Market Street, Sixth Floor
San Francisco, CA 94103**

Phone: 415-817-4243

Email: olli@sfsu.edu



CALENDAR OF COMING EVENTS

June 1	Wednesday	1 - 3 p.m.	OLLI Brown Bag Presentation: HEAR U Education
June 1	Wednesday	10:30 a.m.	Walking Tour of SF Victorians
June 4	Saturday	2 p.m.	Bay Area Book Festival
June 6	Monday		OLLI: Sign up for the summer session
June 8	Wednesday	1 p.m.	Caring Community meets, Downtown Campus, Room 617
June 13	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Room 154 General Program Meeting, Knuth Hall Social Time to follow, Room 154, Creative Arts Building
June 15	Wednesday	1 p.m.	San Francisco Fire Department Museum tour
June 27	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Room 154 Program Committee meeting, Room 154 General Program meeting, Knuth Hall Social Time to follow, Room 154, Creative Arts Building
June 28	Tuesday	5:30 p.m.	Waxman's SF Restaurant and Café Ghirardelli Square, 900 North Point St. Entrance on North Point near Larkin St.
July 2	Saturday	5:30 p.m.	Opera at SF Ballpark MUNI to 4 th Street & King
July 31	Sunday	2:00 p.m.	SF Playhouse, "City of Angels" 450 Post St, San Francisco, CA 94102

SIXTY PLUS 2015 — 2016

Officers

President	Margo Moor
Vice President	Christine Malfatti
Treasurer	Terry Kirchhoff
Recording Secretary	Margaret Grant - pro tem
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Eileen Ward – pro tem
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

Sixty Plus at San Francisco State University

Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132

Website: www.sixtyplussf.org * Telephone: 415-412-4684 * email: sixty@sfsu.edu

Sixty Plus Highlights

Editor: Jeanne Glennon; * **Assistant Editor:** Joyce Cassells *

Contributors: Phyllis Abad, Cecilia Lim, Margo Moor, Sheila Birmingham, Eileen Ward

Distribution Manager: John Johns * **Managing Editor:** Eileen Ward

Items for the July *Highlights* should be submitted by *June 20* to: Jeanne Glennon: jfglennon@comcast.net



Since 1975 – Our Fortieth Year!

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