

Sixty Plus – OLLI at San Francisco State University

Highlights

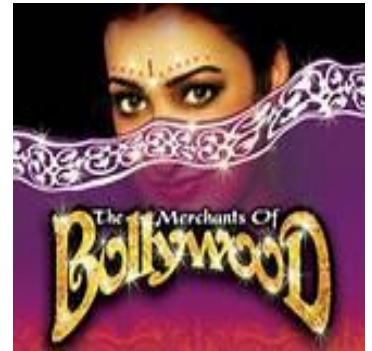
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SIXTY PLUS – OLLI A Program for Lifelong Learning June, 2018

Monday, June 11: "Bollywood"

Dr. Vinay Shrivastava, SFSU

What is the meaning of "Bollywood?" The Indian film industry is the largest in the world, making more than 800 films a year. Bollywood refers to the Hindi language movies primarily produced in Mumbai (Bombay). Dr. Shrivastava's presentation looks at the cultural themes and concerns of Indian society as reflected in Bollywood and examines the Indian film industry in comparison to Hollywood. He plans to show short clips from several films.



Dr. Shrivastava received his Ph.D. in Cinema-TV from the University of Southern California and has worked in film productions in India and in Los Angeles for many years.

Note Summer Location: The meeting will be held in *Knuth Hall in the Creative Arts Building* at 1:00 p.m. Social time will follow. Light refreshments will be offered afterwards in Room 154, directly across the hallway from Knuth Hall. Sixty Plus members whose last names begin with the letters **Pal - Pru** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Monday, June 25: "Theater Showcase"

San Francisco Playhouse, Golden Thread Productions, Bay Area Musicals — and others

Enjoy an afternoon previewing upcoming theater productions from several San Francisco theater companies. Excerpts from dramas and musicals will be showcased.... *(Continued on Page 2)*

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

The assignments have been changed to better reflect the numbers of contributors according to the current membership. *Please note the following dates for the remainder of our year.*

June 11: Pal – Pru	July 9: Sav – Swi
June 25: Rin – Sar	July 23: Tev – Zin

Ann McGuire, Hospitality Committee: anniem681@icloud.com

Monday, June 25: "Theater Showcase" — continued...

SAN FRANCISCO PLAYHOUSE, founded by Bill English and Susie Damilano in 2003, is one of the Bay Area's fastest growing theater companies. The Playhouse provides audiences the opportunity to experience top-notch professional actors in a beautiful, small theater. Their mission is to share stories that uplift our spirits, deepen self-awareness and nurture a compassionate community.

GOLDEN THREAD PRODUCTIONS, founded in 1996, is the first American theater company devoted to the Middle East. Bringing the Middle East to the American Stage, Golden Thread produces passionate and provocative plays that celebrate the multiplicity of its perspectives and identities.

BAY AREA MUSICALS was founded in 2014 by local theater professionals. It is dedicated to the craft and development of the American musical. The company strives to enrich the lives of locals and visitors by providing a variety of musical theater productions at an affordable price for all who want to attend.

Shuttle bus service is not available during the summer months, but parking on-campus and nearby is available since few or no classes are likely on campus. Sixty Plus members whose last names begin with the letters **Rin - Sar** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

President's Message — June, 2018

We had a great turnout for our May 14th meeting. Over 60 members and guests were on hand to listen to our speaker, Dr. Heather. He is very popular among our members and that was evident by the enthusiastic welcome and attention to his lecture. During the business meeting, I let the members know that I am very happy to continue in my role as President of Sixty Plus for a third year. The Secretary, Ray Sarakaitis, and the Treasurer, Terry Kirchoff, will also continue for the next membership year. During coffee time, so many members came to me to thank me and let me know I was doing a good job. That was so wonderful. Thanks, Sixty Plus.



This brings me to the subject of membership renewals. The renewal form is included in this *Highlights*. Please fill it out and return it to the office promptly. Every member is important to this Sixty Plus/OLLI organization. Thanks in advance for your renewal.

We have four meetings this summer: June 11 and 25; July 9 and 23.

We have NO shuttle buses from Lake Merced. Street parking is available near the Creative Arts Building.

Please note the location change: *KNUTH HALL in the CREATIVE ARTS BUILDING. *******
COOKIES in Room 154 following the speakers, BUT NO COFFEE as eating and drinking are not allowed in Knuth Hall.

Since our summer meetings are in a theatre, our summer programs take advantage of this. I am looking forward to the Bollywood program. (See the description on the front page). Guests are welcome. In fact, summer meetings are a great introduction to Sixty Plus, so bring prospective members to a program.

Looking forward to seeing everyone on June 11.

Chris Malfatti, President, Sixty Plus — OLLI at SFSU: 415-585-4811; cmalfatti@sbcglobal.net

Membership

New Members, 2017 - 2018

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

John and Jocelyn Kohler

We'll be looking out for you and hope to welcome you personally.

Mary Clare Bennett, Membership chair: marycbennett@gmail.com



Arts and Entertainment

San Francisco is an amazing city in the summer – more things of all stripes to do, many of them free.

The San Francisco Ethnic Dance Festival has several performances at the War Memorial Opera House: Fri., July 8 and Sat., July 9; Fri., July 15 and Sat., July 16. The series includes matinees and evenings at reasonable prices.

Street festivals happen every weekend through October. Events are listed in the Sunday and Thursday San Francisco Chronicle. Special ones to watch for include (1) the Japanese, where virtually everything is of Japanese origin; (2) North Beach, one of the largest, with food the big draw; (3) Lower Fillmore, all about African-American music, including jazz, gospel, R&B, blues, etc. Usually, something is happening each weekend.

Stern Grove concerts occur on summer Sundays, with special seats for seniors. Ballet, Symphony, jazz, folk music, Dixieland – expect all things musical.

The largest Gay Parade in the world occurs June 24, ending in a large fair in Civic Center. The largest gay film festival in the world occurs June 14th to 24th.

Tony Kushner's "Angels in America" appears at Berkeley Repertory Theater until the end of June. This two-part play is considered one of the great works of the written word of the twentieth century.

S.F. Playhouse on Post Street presents "When Pigs Fly," an hysterical music review by the group that gives "Avenue Q" every Christmas season.

SF Jazz Center's summer festival includes great concerts, great events, now through August.

Watch this space for more in my July column. Until then – explore and enjoy.

Erwin Kelly, Arts & Entertainment Chair: 4006 – 18th Street, SF, CA 94114; 415-552-9435

“Sunday in the Park with George”

Award-winning musical at San Francisco Playhouse, Wednesday, July 25, 2:00 p.m.

Tickets: \$52 — premium orchestra; \$40 — mezzanine (Elevator available.)

With music and lyrics by Stephen Sondheim, this delightful musical was inspired by the French artist Georges Seurat’s painting, “A Sunday Afternoon on the Island of La Grande Jatte.” It has won numerous awards and has enjoyed several major revivals.

Please make your check payable to University Corp. SFSU/OLLI and mail to the Sixty Plus office or bring to an upcoming meeting. Payment is due by July 1st. A minimum of 10 tickets is needed for this special group pricing.

Not-quite-gourmet Dining....

Pasta Pop-up

550 Green St., between Columbus Avenue and Stockton St.

Tuesday, June 26, 6:00 p.m.

Pasta lovers are thrilled that Pasta Pop-up is now “Pasta Permanent.” They can now carb up anytime at this popular mecca for well-conceived, properly-prepared, house-made pastas, combined with fresh, local ingredients. Fans rave about the soft, buttery gnocchi, but other dishes also shine, such as the squid ink pasta, lamb shoulder pappardelle, and linguine granchio (crab meat with lemon zest and olive oil). For dessert, we offer panna cotta and tiramisu. Also noteworthy is the good quality house wine - red or white, which can be had for \$8 a glass - Cheers!

No credit cards

MUNI: Lines 30, 41, 45

RSVP Required: Cecilia Lim, cec639sf@att.net, or 415-957-1602

Tours

Upcoming Tours

For a complete itinerary and pricing on any tour, contact Sixty Plus at 415-405-0489

Oregon Shakespeare Festival – October 16 – 20, 2018

This trip to Ashland, Oregon, has become a very popular event. Our delightful hotel is within walking distance of the theater venues and the many shops and restaurants in this charming town. The visit is enhanced by the pre-performance seminars offered by Dr. Marc Ratner, an accomplished and entertaining Shakespearean and theater expert who has shared his expertise on our previous tours.

Brown Bag Lecture

The Brain with Josh Kornbluth, UCSF Center for Aging and Memory
Wednesday, June 6, 1:00 p.m. to 2:30 p.m.

Free. Bring your own lunch. RSVP suggested. We invite members of the public to join us.

Location: SF State's Downtown Campus, 835 Market St., Room 677

Summer Session 2018

June 25 – August 3 (Make-up week August 6 – 10)

No class meeting on July 4 (Wed ONLY).

Downtown SF State Extension Campus:

Vaudeville, Mickey & Judy - Bonnie Weiss

Glamorous Depravity: A History of San Francisco Crime - Paul Drexler

Human Evolution: The First 150 Years of Discovery - Charles J. Vella, PhD

Writing: The Gentle Art of Haiku and the Haibun - Diane Frank

Comic Operas of Gilbert and Sullivan – John Prescott

Modern Political Theory: Rise of the Individual & Problems of Authority - David Peritz

How the Brain Works: Disorders – Natalia Caporale

Main SF State Campus (19th & Holloway):

Healthier Living - Debra Varner & Melinda Barnes

Computer: Create your own Photobook - David Casuto

Printmaking at Home - Lola Fraknoi

Lab for Printmaking, Lola Fraknoi,

Sketching SF State with Pencil and Watercolor - Karen Bash

Lighten Up: A Creative Writing Course - Sarah Broderick

Various Locations:

Hidden History Hikes – Peter Tannen



Healthier Living Workshop

Monday, July 2 - August 6 (6 weeks) 10:00 a.m. to 12:00 p.m.

Room 255, Creative Arts Building

\$35 (\$10 if you have not used your \$25 OLLI credit for this year) Registration is due by June 18.

Many people have chronic health conditions or lengthy recoveries in which they manage their own health situation, partnering with their doctors and other health care providers who only step in as needed.

This interactive workshop provides a wide range of tools and techniques, developed by Stanford School of Medicine, to self-manage one's own health. The workshop is led by two experienced facilitators, Debra Varner and Melinda Barnes. Their knowledge, energy and empathy make this a successful experience for the participants.

For a complete description please visit the OLLI website at <http://olli.sfsu.edu>. To register, send your check made out to University Corporation, SF State, with OLLI in the memo line. Send to the office address: Sixty Plus/OLLI, SFSU, 1600 Holloway, CA 251, San Francisco, CA 94132.

Please call Sixty Plus at 415-405-0489 if you have any questions.

Spotlight

A new Feature for Sixty Plus Readers

*Sixty Plus is presenting articles about tech, health, or anything else of interest to our members. Be sure to check our website **Sixtyplussf.org** to find the latest and greatest. And be sure to submit articles – original or culled from other sources – on any topic to Jeanne Glennon at jfglennon@comcast.net*

Our first article, from David Casuto of SeniorSurf, shows how to secure your Facebook account.

Facebook Security Tips, by David Casuto How to Download Your Facebook Data (and 6 Surprising Things I Found)

Do you have any idea what the social networking giant knows about you? Here's how to find out.

I know a lot of people in the security industry, and I know a lot of people who enjoy Facebook. However, there's not much overlap between these groups. As someone who's part of both groups, I'm a bit of an oddity. Many security experts either always steered clear of the social network or are currently advocating deleting it. I follow security topics and products closely, and I also use Facebook, carefully. I don't see any need to delete my Facebook account. But now that Facebook has made it so easy to download everything the social network has about me, I went ahead with that process. Perusing the resulting archive, I ran into some surprises, both positive and otherwise....



....Continued on our website. Go to Sixtyplussf.org NOW!

David is teaching "Create your own Photobook" for OLLI Summer Session, on Mondays, starting July 7, 10:00 to 12:00 p.m., on the main campus. Check OLLI website for details.

Calendar of Coming Events

June 6	Wednesday	1:00 p.m.	OLLI Brown Bag Lecture: Josh Kornbluth, The Brain SF State Downtown Campus, 835 Market St., Room 677
June 11	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Creative Arts 154 General Program Meeting, <i>Knuth Hall, Creative Arts Building</i>
June 25	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Creative Arts 154 Program Committee meeting, Creative Arts 154 General Program Meeting, <i>Knuth Hall, Creative Arts Building</i>
June 26	Tuesday	6:00 p.m.	Not-quite-gourmet: Pop-up Pasta 550 Green St., between Columbus Avenue and Stockton St.
July 6	Friday	12:00 p.m.	SF Dance Festival Opening Event, San Francisco City Hall
June 25	Monday		OLLI Summer Session begins
July 14	Saturday	8:00 p.m.	SF Dance Festival, Weekend One, SF Opera House
July 15	Sunday	2:00 p.m.	SF Dance Festival, Weekend One, SF Opera House
July 21	Saturday	8:00 p.m.	SF Dance Festival, Weekend Two, SF Opera House
July 22	Sunday	2:00 p.m.	SF Dance Festival, Weekend Two, SF Opera House
July 25	Wednesday	2:00 p.m.	“Sunday in the Park with George” San Francisco Playhouse, 450 Post St., SF, CA
Oct. 16 – 20	Tuesday	TBA	Oregon Shakespeare Festival

SIXTY PLUS 2017 – 2018

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Items for the July *Highlights* should be submitted by **June 18** to: Jeanne Glennon: jfglennon@comcast.net



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Since 1975

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