

# Sixty Plus at San Francisco State University

## Highlights

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SIXTY PLUS

*A Program for Lifelong Learning*

July, 2013

**MONDAY, JULY 8**

### **Grant Avenue Follies, Cynthia Yee and Company**

In 2003 former Chinatown nightclub dancers of the 50's and 60's came out of retirement to perform for retirement communities and civic groups throughout the Bay Area. Their shows have been so well-received that they have been entertaining appreciative audiences ever since. These former Chinatown dancers, now aged over 50 and 60, are back with vigor.



This entertaining program will be a revue including a little of everything from a fan dance to tap and Hawaiian dance – and will even include a little magic!

The meeting will be held in the **Little Theater, Creative Arts Building** at the usual time, 1:00 p.m. Social time will follow, in room #154. The Economics course will also meet in room #154. A shuttle bus will return to the Lake Merced parking lot following each class (*Note changes in location*)

The hospitality hostess for this meeting is **Betsy Seywald**. Sixty Plus members whose last names begin with the letters **Sc – Sy** are requested to bring refreshments for this meeting.

**MONDAY, JULY 22**

### **“Delancey Street, Its Struggles and Successes”**

#### **Dr. Mimi Silbert, President and CEO**

Dr. Silbert is the dynamic force behind Delancey Street. Although she does not share the same background as her fellow residents, she lives at Delancey Street, abides by its rules and takes no salary. Her tenacious spirit and unlimited energy have built an organization unique in its entrepreneurial and self-governing structure. Her dedication in enacting her vision of change has inspired residents to break their destructive cycles and take responsibility for themselves and others. Dr. Silbert has garnered national and international attention for her achievement, demonstrating her belief that the people who are the problem can, themselves, become the solution. As a result of her pioneering work, she and Delancey Street have received numerous awards.



The meeting will be held in **Knuth Hall, Creative Arts Building**, at the usual time, 1:00 p.m. Social time will follow, in **room #152**. The Economics course will also meet in **room #152**. A shuttle bus will return to the Lake Merced parking lot following each class (*Note changes in location*)

The hospitality host for this meeting is **Patricia Tsang**. Sixty Plus members whose last names begin with the letters **Ta - Zy** are requested to bring refreshments for this meeting.

**Shuttle Bus Times: For July meetings, the shuttle bus will run as usual.** Pick-up time for the meeting is 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip is 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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## President's Message – July, 2013

Thank you for your confidence in electing me to another year as President of Sixty Plus. Because of the prohibitive cost of mailing ballots and then organizing a hand count we only do a voice vote at the first meeting in June, according to our by-laws. It is sad that those of you who do not attend meetings do not get into the act, but you always have the ability to send in another nomination which would have also been presented to the membership. I usually say I have the job only because nobody else wanted it, but nonetheless I am honored that you will continue to back me up, and I promise I will perform the job to the best of my ability.



I will be on vacation from June 25 and do not get into San Francisco until nearly midnight on my return trip so I am not sure I will be functional on July 10. If not, Margo Moor will officiate and do her usual great job. We are still chugging along but we would certainly welcome some new members. Bring your friends and relatives as guests and show them how much fun we have. Programs, tours, and events have been outstanding and I thank the volunteers involved.

See you in July. Enjoy our San Francisco summer if the fog breaks up long enough.

In the meantime, remember to check out our website: [sixtyplussf.org](http://sixtyplussf.org).

Shelagh N. Ross, President: [shelaghx@yahoo.com](mailto:shelaghx@yahoo.com)

## Hospitality Committee

### ANNUAL COMMITTEE THANK YOU

We would like to thank all those who brought refreshments during this academic year. Many of you shared your culinary skills so that we were able to enjoy all kinds of delicious goodies. We are happy that only a handful of members felt, if they were unable to come on the day their part of the alphabet was to contribute, that they did not need to contribute at all. Kudos to all those who phoned someone they didn't even know and exchanged their day, also to those unable to attend on Mondays who contributed money to buy refreshments, and to those who made arrangements to have someone drop off their contributions.

Very special thanks go to those who served as hosts, often being very creative in decorating the refreshment table and being gracious and welcoming to those contributing goodies:

Marian Anderson	Barbara Bielan	Bill Corrigan	Margaret Flynn
Margaret Gavney	Rita Gough	Joan Hill	Brenda Jow
Blanche Kerrigan	Janet MacCormack	Ann McGuire	Cecile Neuebaumer
Myrle Norman	Gloria Pizzinelli	Peggy Pol	Ray Sarakaitis
Betsy Seywald	Patricia Tsang		

We hope that many more of you will sign up for the Hospitality Committee in the coming year and take your turn as hosts. Those who did so this year told us they found the experience to be enjoyable and even fun!

Margaret Grant: [mgtgrant@att.net](mailto:mgtgrant@att.net)

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## Tours

### UCSF MISSION BAY CAMPUS TOUR

Please join us for a one-hour, docent-led tour of the new UCSF Mission Bay Campus. Meet at the Student Resource Center, 550-A Gene Friend Way (on the Gene Friend Plaza), across from the Muni “T” line UCSF Stop, between Publico Restaurant and the Housing Lobby.

Thursday, July 11<sup>th</sup>, 10:15 a.m.; Cost \$5.00; Lunch afterward on your own.

**Sheila Birmingham (Sheilab507@hotmail.com)**

### FILOLI GARDENS

Enjoy FILOLI GARDENS in Woodside on Tuesday, July 23. Included is round-trip, chartered bus transportation, a two-hour docent tour of the house and garden, a box lunch with priority seating; lunch includes a sandwich, side salad, brownie or cookie, and a beverage.

The cost is \$55.00 per person. The tour bus leaves the Lake Merced parking lot at 9:15, Holloway at 19<sup>th</sup> at 9:30. Filoli sets a limit of twenty people on the tour. It is first come, first served. Register for it with payment.

Contact Doug Roberts of the tour committee at **dougrob47@lycos.com**

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### A YEAR'S WORTH OF PROGRAMS

Our heartfelt thanks to the program committee for an academic year of lively and interesting presentations.

<b>September</b>	Mindi Hadan, vocalist and Brian Hill, Guitarist	Agatha Hoff, Court Commissioner
<b>October</b>	“Modern Times, Modern Space,” Chris McCarthy, SFSU	“Aurora Theater and Wilder Times,” Michael Mansfield
<b>November</b>	John Rothman	
<b>December</b>	Fred Inglis, Sports Reporter, KTVU-2	
<b>January</b>	“The San Francisco I Know,” Mystery Speaker	“San Francisco SPCA,” – Dr. Jennifer Scarlett
<b>February</b>	“George Gershwin,” – Bonnie Weiss	“The Ocean: Highway or Barrier?” – Christopher Edwards
<b>March</b>	“The Politics of Food,” – Doris Bloch	“River Otters,” – Robyn Aston
<b>April</b>	“North Korea,” Lynn Faust	“Climate Change,” SF State Climate Change Scholars Program
<b>May</b>	“Shanghai,” Don Gibbs	
<b>June</b>	Jillian Kim, Classical Pianist	The E-Jays: Piano/Vocal Duo
<b>July</b>	Grant Avenue Follies	“Delancey Street,” Dr. Mimi Silbert

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**LOCAL ACTIVITIES**

**Erwin Kelly, Arts & Entertainment Chair**

We are now into the fabulously rich lode of events provided at this time of year in San Francisco. With much to do - much of it free or very low-cost - keeping track of events is very difficult. The two best sources of information are from the San Francisco Chronicle. By far the most comprehensive is “The List,” in Sunday’s Datebook. The best weekend listing is in Thursday’s section, “Seventy-two Hours.” One need not purchase the paper to access this information – go to the public library or go to the Chronicle website, sfgate.com, and check the Index for Entertainment. Many of the free newspapers are excellent sources for events listings, but they often have a special interest or geographic limitation.

**Street Festivals:** Every week during summer and fall provides a street celebration in a different neighborhood of San Francisco. Some favorites: Union Street, Fillmore Jazz, North Beach, Castro Street. You can check on line at [www.sanfrancisco.com/festivals](http://www.sanfrancisco.com/festivals).

**Stern Grove:** Free concerts every Sunday, with special provisions for seniors. Hence, arrive early for best seating, bring a picnic lunch and a jug of wine.

**Area Festivals:** Wonderful festivals of music: rock, pop, jazz, classics, etc., also drama, dance, green activities, and “Summer camps” abound in the Bay Area. All counties come alive with the sounds and sights of festivals. One of the top, inexpensive, start-studded festivals is the San Francisco Symphony, “Summer and the City.” Many of the concerts are preceded by fine popular music bands playing in the lobby. Prices start at \$15 for early birds. Specific programs are dedicated to Beethoven, Tchaikovsky, Modern American Composers, and pop stars such as Michael Feinstein and Jerry Garcia.

**ANNUAL TRIP TO OREGON SHAKESPEARE FESTIVAL  
October 15 – 18, 2013**

The Shakespeare festival is a go – and spaces are available. This fabulous tour includes round-trip motor coach transportation from San Francisco to Ashland, three nights’ accommodations, five theater performances, breakfasts daily plus one dinner, and pre-performance seminars. The price also covers taxes & gratuities for included meals, hotel, and driver. Call the Sixty Plus office at 415-412-4684 for full itinerary and pricing.

**JAPAN TRIP**

For those interested in the Japan trip, the time to act is – immediately! The group has a 16-participant maximum. The trip dates pretty much assure cherry blossom time, but pre-trip and post-trip segments are required. March 19 – April 7, 2014. Reserve now! Contact Erwin Kelly.

**BEST OF BROADWAY  
“Priscilla, Queen of the Desert” – Musical**

Wednesday, August 28, 2:00 p.m., Orpheum Theatre, 1192 Market St., San Francisco, CA 94102, corner of Hyde/ Eighth Streets.



## HAPPENINGS AROUND TOWN

By Bob Wrisley

**Doelger Senior Center's Independence Day Celebration**, Daly City, Wed., July 3, from 10:30 a.m. to 1:30 p.m. Lunch \$9.00 from 11:30 a.m. - 1:00 pm. [www.doelgercenter.com](http://www.doelgercenter.com) or 650-991-8012

**Redwood City, 4th of July Parade**, Thurs, July 4, 10:00 a.m. The largest parade in Northern California; starts at Winslow & Marshall and loops around the downtown area. [www.parade.org](http://www.parade.org)

**Fort Mason Craft Fair**, Fort Mason festival pavilion) Sat/Sun July 27/28 from 11:00 am to 7:00 pm. Over 250 artists, live music, free. [www.fortmason.org/events](http://www.fortmason.org/events)

**Free lectures at Cypress Lawn, Colma**, Light refreshments served. Sun July 21, Michael Svanevik lecture on Thomas Larkin and the Bear Flag Revolt; Sun Aug 18, Woody LaBounty lecture on the SF Ingleside Terraces. Meet at the main office. [www.cypresslawn.com](http://www.cypresslawn.com)

**Marin County Fair**, Marin County Civic Center, San Rafael, July 3 to July 7, from 11:00 a.m. 11:00 p.m. Seniors \$14.00. Parking \$6.00. Farm animals include goats, pigs, and rabbits. [www.marinfair.org](http://www.marinfair.org)

**Golden Gate Park Band Festival**, GG Park Music Concourse, free Sunday concerts 11:00 a.m. to 5:00 p.m. (6 bands each day) thru Oct 6. Thurs July 4, patriotic. [www.goldengateparkband.org](http://www.goldengateparkband.org)

**Stern Grove Concerts**, Sundays 2:00 p.m. July 7, SF Symphony; July 28, SF Ballet; Aug 18, SF Opera (last concert of the season). [www.sterngrove.org](http://www.sterngrove.org)

**Presidio Shuttle**, Crissy Field Route, free guided shuttle tours every first Wednesday from 12:00 to 1:00 p.m. 30 minute loops include Visitor Center, GG Bridge, to Letterman/Lucas area. Weekdays 7:00 a.m. to 7:00 p.m. Also, Sat/Sun 11:00 a.m. to 6:00 p.m. Reservations 561-5418 [www.presidio.gov/visit](http://www.presidio.gov/visit)

**Lindy in the Park**, JFK Drive, GG Park, at foot of the DeYoung Art Museum Tower free outdoor swing dancing every Sunday year-round. All ages - no partner needed. (JFK Drive closed Sundays but garage is open.) [www.lindyinthepark.com](http://www.lindyinthepark.com)

**ArionPress**, Fourteenth Avenue at Lake St., Bldg 1802, historic book-making. How a book is bound by hand; tours Thursdays, 3:30 p.m. \$10:00; book gallery open to the public.. [www.arionpress.com](http://www.arionpress.com)

**Elkhorn Slough National Reserve**, Monterey Bay at Moss Landing. Visitor Center open 9:00 a.m. to 5:00 p.m., Wed. thru Sun. The largest tidal salt March in California, with 340 species of birds. Guided wildlife nature boat tours. Seniors \$32.00. Reservations 831-633-5555. [www.elkhornslough.org](http://www.elkhornslough.org)

**Experience Corps – Tutoring and Mentoring Program**, volunteers share their life experiences to support students in grades K-3 at public elementary schools. Volunteers are asked to commit for the entire school year for a minimum of four hours per week. The unique experience and talent of older adults is the foundation of Experience Corps; no prior tutoring experience is needed; training is provided. For more information: Lauren Alpert at 415-759-4223. [www.aarp.org/experience-corps](http://www.aarp.org/experience-corps)

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# **"EVERYTHING YOU EVER WANTED TO KNOW ABOUT ECONOMICS"**

## **Free course taught by Erwin Kelly**

Emphasis will be on the U.S., but globalism requires a quick look at the European Union, India, China, Brazil, etc. The format will be minimal lectures with the majority of the class time devoted to questions, comments, and discussion. This course will be economics at its least dry and least confusing. Erwin wants to raise your Economics I.Q. Economics should be interesting and enlightening, and the point of the course is to elicit an "Aha! I understand that," when you hear or read economic news. Each class is a stand-alone session – attend when you can.

Mondays, July 8, July 22, Creative Arts Building, immediately following the social time– one hour each. A shuttle bus will return to the Lake Merced parking lot following each class.

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### **NOT - QUITE - GOURMET DINING**

**Luella Restaurant**

**1896 Hyde Street (between Union & Green)**

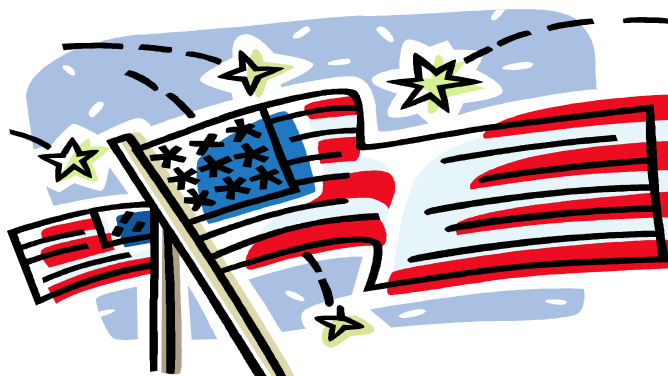
**Tuesday, July 30th 5:20 p.m.**

Chef Ben De Vries' inviting Russian Hill treasure celebrates its inspired take on Southern and Mediterranean specialties -- including Coca Cola Braised Pork Shoulder, Beef Wellington in puff pastry, Pizza Carbonara, Polenta Fries and much more. There is also a very special three-course Prix Fixe menu for \$35.00. Another enticement: Tuesday night is half-price on all bottled wine. Take the Hyde Street cable car -- or the 41 Union or 45 Stockton bus, both of which stop at Union and Hyde.

**RSVP: Marian Anderson** (415) 282-8334 or [marianra@comcast.net](mailto:marianra@comcast.net) or the Sixty Plus office, 415-412-4684.

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**Reminder: Renewals are due by August 1!**



## CALENDAR OF COMING EVENTS

July 8	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs Creative Arts Building, Room 154, SFSU General Program Meeting, <i>Little Theater, SFSU</i> , then Room 154 for social time and Economics course
July 11	Thursday	10:15 a.m.	Tour: UCSF Mission Bay Campus
July 22	Monday	10:30 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Creative Arts Building <b>Room 152</b> Program Committee meeting, Creative Arts Building <b>Room 152</b> General Program Meeting, Knuth Hall, SFSU, then <b>Room 152</b> for social time and Economics course
July 23	Tuesday	9:15 a.m. 9:30 a.m. 10:30	Leave Lake Merced parking lot Leave Holloway & 19 <sup>th</sup> Avenue Tour: Filoli Gardens
August 28	Wednesday	2:00 p.m.	“Priscilla, Queen of the Desert,” Orpheum Theater, 1192 Market St, San Francisco, CA

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## SIXTY PLUS 2012 – 2013

### Officers

President	Shelagh Ross
1 <sup>st</sup> Vice President	Margo Moor
2 <sup>nd</sup> Vice President	Karen Gretch
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchhoff
Recording Secretary	Alice Keenan
Corresponding Secretary	Barbara Graham
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Education — Co-chair	Richard Soward
Hospitality	Margaret Grant
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Programs	Maleta Boatman
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Gretch
Tours	Sheila Birmingham (pro tem)

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***Sixty Plus Highlights***

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Items for the **September *Highlights*** should be submitted by **August 16** to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)

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