

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

October, 2013

MONDAY, OCTOBER 14: WILL DURST

A very special program awaits Sixty Plus when Will Durst, called “the thinking man’s comic” visits us with excerpts from his first one-man show since the acclaimed “Elect to Laugh” ran for 41 weeks in 2012. “BoomeRaging: From LSD to OMG” is a humorous tribute to the joys, achievements, frustrations and looming doom of the Baby Boomer Generation.

Acknowledged by peers and press alike as one of the premier satirists in the country, Will Durst has patched together an incomparable quilt of a career in comedy, weaving together columns, books, radio and television, acting, voice-overs, and stand-up comedy. The New York Times called him “quite possibly the best political comedian working in the country today.”



Will Durst’s performances are made possible by the First Amendment.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality hostess for this meeting is **Marian Anderson**. Sixty Plus members whose last names begin with the letters **Al – Bien** are requested to bring refreshments for this meeting.

MONDAY, OCTOBER 28:

Justin Houchin, Guitarist and Matthias McIntire, Violinist

Sixty Plus is happy to welcome back Justin and Matthias for another performance. On this visit they will be performing a mix of jazz songs from the 1930s through the 1970s as well as a few original compositions.

Matthias is a violinist, improviser and composer in many different contexts and styles. Originally from Toronto, he has performed throughout the United States, Canada, Europe and China with many world-renowned soloists and orchestras.

Justin is a guitarist and composer fluent in many musical styles including jazz, popular, folk and Spanish. In 2013, he returned from an eight month tour of Europe as a freelance musician, absorbing the musical cultures of Spain, Portugal, Germany and France.



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality hostess for this meeting is **Phyllis Abad**. Sixty Plus members whose last names begin with the letters **Bir - Cha** are requested to bring refreshments for this meeting

Shuttle Bus Times: Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

President's Message – October, 2013

Our "Welcome Back" meeting was a really fun afternoon. Thank you everyone who contributed to the terrific refreshments to help celebrate our return.

The inimitable Bonnie Weiss entertained us with a delightful presentation on the great American composer Jerome Kern with biographical data and film clips from his many wonderful musicals. I remembered some of the artists — but who knew that Irene Dunne was a singer before she took on Hollywood and became one of the best loved actresses of her day. My mother and I used to go to all the American musical movies and their music usually brings tears to my eyes as I remember our walking home together singing the songs!



The committees are all busy arranging new and interesting tours, programs, and events. We will get a proposed calendar out as soon as we can so you can save the dates. Also, remember to contact Karen Gretch, our Sunshine Chair, if one of our members is ill or otherwise in need of some good cheer.

Here's to another season of friendship and fellowship at Sixty Plus.

In the meantime, remember to check out our website: sixtyplussf.org.

Shelagh N. Ross, President: shelaghx@yahoo.com

Hospitality Committee

The following is the hospitality schedule for the next three months:

Oct. 14	Al – Bie	Nov. 25	Che – Del	Dec. 9	Den – Fug
Oct. 28	Bir – Cha				

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to this alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

We will have a designated host from each alphabetical group for each meeting. The host is to bring the tablecloth, some paper plates for contributions, napkins and any decorations desired; help with set-up and clean-up; thank members who bring the treats; socialize; and be sure that all leftovers are removed.

A heartfelt thanks to all hosts and contributors.

Phyllis Abad, pabad@earthlink.net

Treasurer's Report

Balance as of 8/31/12: \$36,968.72

Income 9/1/12-7/31/13:

Memberships:	\$14,775.00
Scholarship donation:	150.00
Total income	\$14,925.00

Expenses 9/1/12-8/31/13:

Coordinator	\$5,821.00
Monthly newsletter printing (\$972.50) & roster (\$97.65)	1070.15
Postage stamps (mainly for newsletter mailing)	1,148.00
Speaker honoraria	2,200.00
Cafe 101 coffee service for meetings	1,900.00
Shuttle transportation & parking permits	580.00
Cesar Chavez Student Center room rent	500.00
Advertising – one ad in two papers	400.00
Scholarships—two of \$1075 each	2,150.00
Miscellaneous supplies	484.67
Total expenses:	\$16,253.82

Balance as of 7/31/13 \$35,639.90

The following event expenses were essentially self-funding; that is, costs were covered by payment from those who attended:

Tours	\$7,222.22
Theater tickets reservations	5,690.00
Spring, Holiday, & Lunar New Year luncheons	5,742.86

Note: Membership fees for 2013-2014 are still being collected as of 9/1/13. Total unavailable

Terry Kirchhoff, Co-treasurer



"PORGY AND BESS" Wednesday, December 4 – 2:00 p.m.

Tickets for the December 4 production of "Porgy and Bess" at the Golden Gate theater are available now.

"Porgy and Bess" is "The #1 Broadway Musical of the Year," according to *Time Magazine* and the winner of the 2012 Tony Award for best revival of a musical. Accompanied by a 23-piece orchestra, with stunning and stirring new staging, this is a not-to-be-missed theatrical experience.

Tickets are \$60 Mezzanine, \$70 Orchestra. Please remember — no elevator in this theater. The payment deadline is October 25. Make your check out to Sixty Plus and mail to the office – please include a stamped, self-addressed envelope.

NOT - QUITE - GOURMET DINING

Piccino Café

1001 Minnesota St. (at 22nd)

Tuesday, October 29th 11:30 a.m.

A 150-year-old yellow building in the emerging Dogpatch neighborhood holds this gem with an Italian-California menu: antipasti, salads, soups, panini, thin-crust pizzas, and homemade pastas created from the freshest produce of local farmers. Irresistible Italian desserts follow.

After lunch, you may want to wander through the creative new shops and studios nearby. Muni tips: the 48 Quintara stops on this corner, and the T-Third Street streetcar stops at 23rd Street.

RSVP: Marian Anderson (415) 282-8334 or marianra@comcast.net

Served Holiday Luncheon

Monday, December 16th, 2013
Noon to 3:00 P.M.
\$32.00 prepaid (guests welcome)
Seven Hills Conference Center, SFSU

Happy Hour Sit-Down Lunch Entertainment Prizes

Menu

Tossed Salad

Choice of:

Chicken Florentine:

Chicken breast filled with ham and spinach and topped with creamy cheese sauce and crisp bacon crumbles.

or

Stuffed Tilapia:

Tender and flaky white fish filled with crab and shrimp blend.

or

Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Italian-style biscotti served with berries and whipped cream.

Shuttle bus from lake Merced parking lot at 11:45 A.M.; return at 3:00 P.M.

Sign up at a meeting or send a check made out (for \$32.00 per person) to: **Sixty Plus**,
indicating choice of entrée and name(s) of guests.
Reservation and refund deadline: December 10th.

Chicken _____ Name(s) _____
Fish _____ Name(s) _____
Vegetarian _____ Name(s) _____

Give or send your check (made out to **Sixty Plus**) to:
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120



Education Committee

At the May 10th Buffet the Sixty Plus membership was pleased to present \$1075 scholarships to MA goal gerontology students **Kimberley Cusson** and **Rowena Tsang**. Both recipients thanked the 60 plus organization and gave brief background of themselves and their studies.

Kimberley Cusson told of her first pursuit of an undergraduate degree in criminal justice. She maintained 3.6 GPA while also working full time. Her mentor Professor Snipes, chair of that Department, advised her to pursue a Masters in Gerontology, and after graduation in the spring of 2012 she was accepted in the MA program, achieving a 4.0 GPA her first semester. Her goal is to become a Care Manager assisting clients with cognitive impairment. Ms. Cusson touched all of us with her story that both her mother and grandmother passed away with Alzheimer and she is now committed to find more about this disease and thus to assist others.

Rowena Tsang spoke of her experiences as a recent immigrant and her volunteer experiences working for a Chinese agency serving oppressed and disadvantaged populations in the city. She is interested in senior housing issues for the disadvantaged population and for funding and building senior housing.

Dr. Anabel O. Pelham, Department Head of Gerontology and Faculty Advisor to Sixty Plus spoke glowingly of the two students and thanked the continued support of the Sixty Plus generosity.

The students will give an overview of their studies at a general meeting of Sixty Plus in October.



CALENDAR OF COMING EVENTS

October 14	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
October 28	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
December 4	Wednesday	2:00 p.m.	“Porgy and Bess,” Golden Gate Theater, 1 Taylor St., SF, CA www.shnsf.com/theatres/goldengate

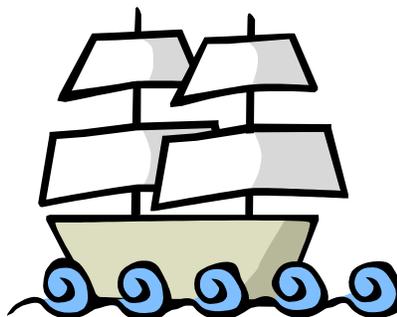
SIXTY PLUS 2013 – 2014

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Publicity — Co-chair	Christine Malfatti
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Sunshine	Karen Gretch
Tours	Sheila Birmingham



Happy Columbus/Indigenous Peoples Day

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Sixty Plus Highlights

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Items for the **November Highlights** should be submitted by **October 12** to: Jeanne Glennon: jfglennon@comcast.net

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