

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

October, 2014

MONDAY, OCTOBER 13: EARTHQUAKE RISK AND PUBLIC POLICY

David Bonowitz

David Bonowitz shares some new thinking about earthquake risk and how it informs San Francisco's public policy. He describes how engineers and building officials traditionally design and regulate buildings and how those ideas are shifting emphasis toward "community resilience." The presentation allows ample time for questions and discussions about San Francisco buildings and the city's new programs for "soft story" retrofit and risk assessment in the city's private schools.



David Bonowitz is a Structural Engineer in San Francisco and a consultant to the city's Earthquake Safety Implementation Program. He is a thought leader on structural and seismic resilience, and much of his work links what engineers know to what policy-makers need. He also chairs the Existing Buildings committee of the National Council of Structural Engineers Associations, through which he helps develop building codes and standards.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Phyllis Abad**. Sixty Plus members whose last names begin with the letters **Al – Bir** are requested to bring refreshments for this meeting.

MONDAY, OCTOBER 27: THE SAN FRANCISCO YOU MIGHT NOT KNOW

Denise Lovejoy

Born a long time ago on a farm in Quebec, along the St-Laurent River, the thirteen child of a family of thirteen children, Denise Lovejoy received her Nursing degree from Laval University in Quebec City.

She moved to Los Angeles to learn to speak English, and travel. She worked at UCLA Medical Center for one year and then moved to San Francisco. She worked at Mount Zion Hospital for several years in Med-Surg., Oncology, and Orthopedics, as a clinical nurse also as a nurse-manager. Then from 1988 to 2011 she worked with Visiting Nurses and Hospice of San Francisco.



Her hobby is taking photos of unusual findings. "Practicing Home Health in San Francisco is a privilege," she says, "because of its beauty; also it gives the opportunity to explore all districts of the city, some of which I would probably never go to in a normal course of events. Having a disposable camera in my car for emergencies, I decided to start using it."

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Richard Chackerian**. Sixty Plus members whose last names begin with the letters **Bir - Cha** are requested to bring refreshments for this meeting

Shuttle Bus Times: Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

President's Message – October, 2014

Our first meeting of the 2014 - 2015 academic year of Sixty Plus was a great success. A good time was had by all. Chairs were filled and lots of goodies lined the table beautifully decorated by Phyllis Abad. I want to give a special welcome to our new members. We hope to get to know you well over the next few months.

Joseph Amster's presentation of "Emperor Norton's Time Machine," taking us back to the Gold Rush days of San Francisco, was very enjoyable. Joseph Amster was entertaining, fun, knowledgeable, and authentic. Thank you to our Program Committee.

Our first meeting of the Board and Committee Chairs went very well. I was impressed with the enthusiasm and positive energy I felt from the members. Everyone is working together to make Sixty Plus a vibrant organization for lifelong learning. I encourage all of you to join a committee as an avenue of service and new friendships. Please contact the Committee Chairs if you are interested. We need you to join in to make Sixty Plus a successful and growing part of our lives.



I so look forward to a year of activities, special events, tours, special holiday luncheons, learning, making new friendships and sharing experiences with all the members of this very special group of people making up Sixty Plus at San Francisco State University.

See you at our next scheduled meeting Monday, September 22nd at 1:00 p.m. in the Rosa Parks Room of the San Francisco State University Student Center.

Also, mark your calendar for our Holiday Luncheon on Monday, December 15th.

Margo Moor, President, Sixty Plus at San Francisco State University, 415-205-9350, m Moor@att.net

p.s. Don't forget to check our website: sixtyplussf.org

NEW MEMBERS, 2013 - 2014

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.



Annette Ammer
Richard Barnes
Elizabeth Ketchum
Linda Kofnovec

William and Mary Pattison
Diana Rogers
Carlene Scheidtmann
Marian and Don Seiki

Kathi Sparkes
Gloria Troup
Elaine and Stanley Weiss

Hospitality Committee

It is possible that this schedule may be revised in the next issue of *Highlights* to accommodate members who joined or rejoined late.

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Oct. 13	Al - Ber	Feb. 9	Hy - Jow	May 11	Po - Roo
Oct. 27	Bir - Cha	Feb. 23	K - Kn	June 8	Ros - Sei
Nov. 10	Che - Del	Mar. 9	Ko - Lin	June 29	Sey - Sy
Dec. 8	Den - Fug	Mar. 23	Lo - Mil	July 13	T - Wei
Jan. 12	Ful - Gray	Apr. 13	Mo - Ol	July 27	Wel - Ag
Jan. 26	Gre - Hom	Apr. 27	Or - Pi		

Remember to sign in on the sign-in list at the refreshment table. Looking forward to seeing you!

Phyllis Abad, pabad@earthlink.net

NOT — QUITE — GOURMET DINING

Ti Piacera Ristorante

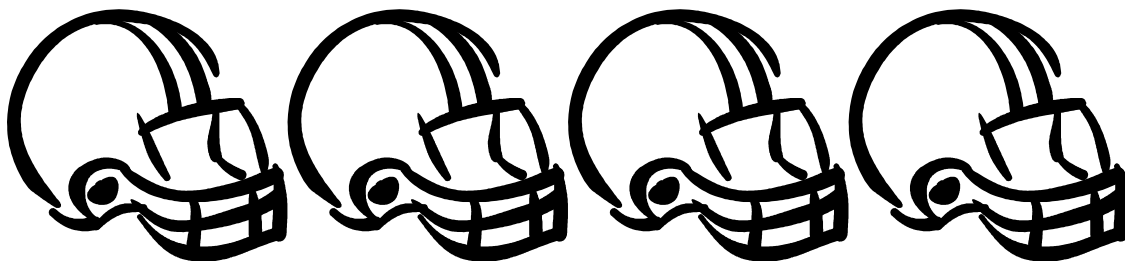
1507 Polk St. (nr. California St.)

Tuesday, October 28th 5:30 p.m.

A Polk Gulch neighborhood jewel with dramatic, high-vaulted ceilings and elegant lighting, Ti Piacera features Northern Italian cuisine. Choose from: Stellar seasonal salads, hearty Italian soups, fresh seafood, pizzas, pastas, and irresistible Italian main dishes. Finish with dessert: yummy Lava Cake, tiramisu, chocolate truffles, and more. (Loosely translated, the name means “you’ll like us.”)

Important Note: Hard experience has taught us that restaurant personnel cannot deal with both cash and credit card payments of checks at the same table. Please plan to pay with cash!

RSVP: Marian Anderson (415) 282-8334 or mariana@comcast.net



Treasurer's Report

Balance as of 7/31/13:	\$35,639.90
Income from memberships 8/1/13-7/31/14:	\$13,635.00
Expenses 9/1/13-8/31/14:	
Coordinator	\$5,320.50
Monthly newsletter printing (\$789.96) & roster (\$91.62)	\$881.58
Postage stamps (mainly for newsletter mailing)	\$1,008.00
Speaker honoraria	\$2,285.00
Cafe 101 coffee service for meetings	\$1,700.00
Shuttle transportation & parking permits	\$550.00
Cesar Chavez Student Center room rent	\$500.00
Advertising (one ad in Daly City paper)	\$220.50
Scholarships (two of \$1000 each)	\$2,000.00
Miscellaneous supplies	\$538.82
Total expenses:	\$15,004.40
Balance as of 7/31/14 (includes \$5285 2014-15 memberships):	\$40,700.70
<p>Note: Membership fees for 2014-15 are still being collected as of 9/1/14. Total unavailable</p> <p>The following event expenses were essentially self-funding; that is, costs were covered by those who attended:</p>	
Tours	\$6,391.32
Theater tickets reservations	\$5,700.00
Holiday & Spring luncheons	\$4,841.30

Terry Kirchhoff, Treasurer, alberio84@hotmail.com



Special Events

SERVED HOLIDAY LUNCHEON Monday, December 15, 2014, 12:00 p.m. to 3:00 p.m.

Happy Hour Seven Hills Conference Center, SFSU Entertainment Prizes
Sit-down Lunch

Menu:
Garden salad

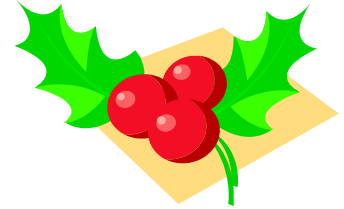
Choice of: Sauteed Chicken Piccata *or* Seared Crisp Salmon with ginger-butter sauce
or Vegetarian dish upon request

Vegetables, starch, rolls, butter, wine, coffee

Dessert: Raspberry Crème Brulé with a Shortbread Cookie

Shuttle bus from Lake Merced parking lot at 11:45 a.m.; return at 3:00 p.m.

New: Cart shuttle service from bus or garage available upon reservation with Peggy.



Sign up at a meeting or send a check made out to **Sixty Plus** for \$33.00 per person, indicating choice of entrée and name(s) of guest(s). Give or send your check (made out to **Sixty Plus**) to Peggy Pol, 2479 42nd Avenue, SF, CA 94116-2120

Reservations and refund deadline: December 8, 2014.

Tours

TOUR OF NEW LEVI STADIUM IN SANTA CLARA Wednesday, Nov. 5, 2014

This is a behind-the-scenes docent tour of the new Levi stadium. You will visit the Verizon press level to get a view of the field from the 50-yard line and the visiting teams' and cheerleaders' locker rooms. The tour will end with free time to visit the official 49er team store and visit the 49ers Museum. Lunch on your own.

Price: \$60.00 includes bus and docent tour.

Cancellations: No refunds after October 29th unless substitute found.

Pick-up: 9:00 a.m., Lake Merced parking lot; 9:10 a.m., 19th & Holloway

Contact: Sheila Birmingham at sheilab507@hotmail.com

HAPPENINGS AROUND TOWN

By Bob Wrisley

Fleet Week, SF waterfront. Parade of ships 11:00 a.m. Fri., Oct 10. Ship tours Sat/Sun Oct 11/12. Blue Angels, 3:00 p.m. to 4:00 p.m., Thurs., Oct. 9 through Sun., Oct. 12. Other planes: Air Show, 12:30 p.m. to 3:00 p.m. Fri/Sat/Sun Oct 10/11/12. Includes the US Navy Leap Frogs. Purchase tickets for seats on the Marina Green. Prices range from \$40 to \$225. www.fleetweek.us/

Italian Heritage Parade, Route from Fisherman's Wharf down Columbus to Washington Square for band concert. Sun., Oct. 12 from 12:30 p.m. to 3:00 p.m. www.sfcolumbusday.org/parade

Half Moon Bay Pumpkin Festival, Down Main Street. From 9:00 a.m. to 5:00 p.m. Sat/Sun Oct. 18/19. Sat., Oct. 18: Great Pumpkin Parade, Pie Eating Contest: 2:00 p.m. pumpkinfest.miramarevents.com/

Villa CA'TOGA, Calistoga. Tours of the home of Carlo Marchiori, world renowned artist featuring murals, paintings, and sculptures. Featuring Venetian and Baroque art. Tours Saturdays 11:00 a.m. or by reservation. <http://www.catoga.com/>

Ruth Bancroft Garden, 1500 Bancroft Road, Walnut Creek. Open daily 10:00 a.m. to 4:00 p.m. Self-guided tours whenever garden is open. Docent tours (seniors \$7.00) Sat., 10:00 a.m. and Sun., 11:00 a.m. (Also, Children's Tours) www.ruthbancroftgarden.org/

Arts and Entertainment

"PROMISES, "PROMISES" San Francisco Playhouse

“Promises, Promises” comes to the San Francisco Playhouse for this year’s holiday show. It is a charming musical comedy, infused with the swinging and stylish energy of early 1960s Manhattan. It is the musical tale of a lovelorn young executive and a romantically troubled waitress, knotted in a twist of sexual affairs and corporate shenanigans. In this apartment, office romances collide with office politics as you’ve never seen them before. It is filled with memorable one-liners thanks to Neil Simon and infectious pop tunes – all presented by a very talented cast.



Sunday, January 4, 2015 – 2:00 Matinee

Tickets – Orchestra \$43.50

Payment: Make your check out to Sixty Plus and mail to the office by December 8.

SFSU CREATIVE ARTS

The Creative Arts Department is preparing a number of exciting events including classical music, poetry, and fine art displays. For a complete listing, visit the website at: <http://lca.sfsu.edu>. Tickets for events can be purchased through this website or by calling the box Office at: 415-338-2467.

CALENDAR OF COMING EVENTS

October 13	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
October 27	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
October 28	Tuesday	5:30 p.m.	Not-Quite-Gourmet Dining, Ti Piacera Restaurant
November 5	Wednesday		Tour of 49ers' Levi Stadium
		9:00 a.m.	Leave Lake Merced parking lot
		9:10 a.m.	Leave 19 th & Holloway
November 12	Wednesday	2:00 p.m.	"Chicago," Orpheum Theater 1192 Market Street at 8 th St.
December 10	Wednesday	2:00 p.m.	"Kinky Boots," Orpheum Theater 1192 Market Street at 8 th St.
December 15	Monday	12:00 p.m.	Holiday Luncheon, Seven Hills Conference Center, SFSU
January 4	Sunday	2:00 p.m.	"Promises, Promises" SF Palyhouse

SIXTY PLUS 2014 – 2015

Officers

President	Margo Moor
1 st Vice President	Christine Malfatti
Treasurer	Terry Kirchhoff
Co-Recording Secretary	Alice Keenan
Co-Recording Secretary	Fen Fen Chen
Co-Corresponding Secretary	Barbara Graham
Co-Corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross
Ex officio	Margaret Grant

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Alice Keenan
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Gretch
Tours	Sheila Birmingham

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Items for the **November Highlights** should be submitted by **October 20** to: Jeanne Glennon: jfglennon@comcast.net

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