

# Sixty Plus at San Francisco State University

## Highlights

■ News ■ Programs ■ Classes ■ The Arts ■ Tours ■ Community

SIXTY PLUS

A Program for Lifelong Learning

October, 2015

### MONDAY, OCTOBER 12: ADVENTURES IN SOUTH AFRICA Helen and Allan Ridley

Join us for a look at the varied and ancient habitats of South Africa. We visited in the fall, at the peak time for one of the most spectacular wildflower blooms, and traveled from the southern coast to the deserts of Botswana, then on to the peaks of central South Africa's Drakenberg Mountains. We ended our travels with a week in Kruger National Park, one of the largest and oldest game reserves in Africa, in northeastern South Africa. It was a spectacular trip with cultural experiences — historic Afrikaner towns and Zulu villages — plus dramatic encounters with wildlife. Our photographs are selected to provide a view of modern South Africa, with the beauty of varied landscapes, abundant and diverse wildflowers, and close-up encounters with big game!



The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Gloria Pizzinelli**. Sixty Plus members whose last names begin with the letters **Al - Ber** are requested to bring treats. Please let Gloria know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

### MONDAY, OCTOBER 26: "PEOPLE OF THE PANAMA-PACIFIC INTERNATIONAL EXPOSITION," Laura Ackley, Architectural Historian

2015 is the centennial year of the Panama-Pacific International Exposition, when host city San Francisco emerged from the ashes of the earthquake as a center of beauty and progress.

More than 19 million people passed through the gates of the Panama-Pacific Exposition in 1915. Laura tells fascinating tales of some of the fair's special visitors and notable guests – both famous and infamous. These include people involved with making the Exposition, inventors, famous entertainers, and captains of industry. We will see the famous Diving Girls, listen to a native orchestra at the Tehuantepec Village, and meet the couple that rushed to the fair a century ago.



Laura will sign copies of her recently published book, "San Francisco's Jewel City" — a lavishly illustrated volume which takes readers on an in-depth tour of the Exposition.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Phyllis Abad**. Sixty Plus members whose last names begin with the letters **Bir - Cha** are requested to bring treats. Please let Phyllis know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

**Shuttle Bus Times:** Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. **Note new time! The return trip leaves at 3:00 p.m.** from in front of the Creative Arts Building on Holloway Avenue.



## President's Message – October, 2015

Our first Program Meeting of the 2015 - 2016 academic year of Sixty Plus was a time to reunite with former friends, meet new members, and make new friends. A generous array of goodies lined the hospitality table. Thank you, Chris Malfatti, for bringing the table cloths and napkins. And a big thank you to all the members for your generosity.

Bonnie Weiss, our Program speaker, gave a presentation on “Broadway’s Legendary Composer: Richard Rogers.” We were delightfully entertained with clips of songs sung in some of his popular Broadway shows. The meeting was both fun and educational. Thank you to Bonnie Weiss and to our Program Committee.



Our first Board Meeting was well attended, ran smoothly, and was productive. We voted to have Eileen Ward be our temporary Program Chair filling the place of Alice Keenan. Eileen needs suggestions for future programs. Please contact Eileen Ward if you have a suggestion. You need only supply names and contact information to her. Our programs are the heart of the meetings. As previously discussed, a representative from OLLI will attend our Board meetings and a representative from Sixty Plus will attend OLLI meetings. Jim Woods, a representative from OLLI, joined our meeting. It was agreed that Richard Chackerian and Richard Soward would represent Sixty Plus at OLLI meetings. Everyone is working together to make Sixty Plus a vibrant organization for lifelong learning. We welcome members to think about joining a committee. We need all members to join in to make Sixty Plus a successful and growing part of our lives.

Please read the *Highlights* for information on future events and attend the Program Meetings. Our next scheduled meeting will be September 28 at 1:00 p.m. in the Rosa Parks Room of San Francisco State University Student Center. Our Board Members and Committee Chairs will be hosting the meeting.

I was scheduled to write a President’s Annual Report covering our Sixty Plus organization from September 2014 through July 2015, to appear in the October *Highlights*. I regret I was not able to meet this deadline. The report will appear in the November *Highlights*.

Best regards,  
Margo

**Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, [mmoor@att.net](mailto:mmoor@att.net)**

\*\*\*\*\*

## Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

<b>Oct 12</b>	<b>Al - Ber</b>	<b>Nov 9</b>	<b>Che - Del</b>	<b>Dec 14</b>	<b>Den - Fug</b>
<b>Oct 26</b>	<b>Bir - Cha</b>				

**Phyllis Abad, Hospitality Chair, [pabad@earthlink.net](mailto:pabad@earthlink.net)**

\*\*\*\*\*

## Not-quite-gourmet Dining

M.Y. China

Westfield San Francisco Centre

845 Market St., Level 4

Tuesday, October 27, 11:30 a.m.

Located in Westfield Centre, celebrity chef Martin Yan's eponymous restaurant offers high-quality Asian fare in a contemporary setting. Its extensive menu includes popular items like dim sum, lettuce cups, mu shu tacos, assorted chicken and vegetable dishes, as well as hand-pulled noodles made on the spot. The wild boar scissor-cut noodles are a must-try. Individual orders — not family style. Cash only.

Muni Metro to Powell St. Station or any bus down Market Street

RSVP: Cecilia Lim, [cec639sf@att.net](mailto:cec639sf@att.net) or call 415-957-1602



## Arts and Entertainment

### "A GENTLEMEN'S GUIDE TO LOVE & MURDER" Golden Gate Theatre

Winner of the 2014 Tony Award for Best Musical, this is still a knock-out on Broadway that's earned unanimously positive reviews. Coming directly from New York, this musical comedy tells the uproarious story of Monty Navarro, a distant heir to a family fortune who sets out to jump the succession by — eliminating the eight pesky relatives who stand in his way. His life is also complicated by a mistress and a fiancée and the threat of landing behind bars. Not to be missed!!

Wednesday, December 16 — 2:00 p.m. Matinee

Tickets: \$70 Loge or Orchestra (Loge seats are better but the theater has no elevator.)

Full payment is due by October 26 — please send check with self-addressed stamped envelope and indicate preferred seating.



**Special Events**

*Don't miss our 40<sup>th</sup> Anniversary Celebration Served Luncheon*

**Friday, December 11, 2015, Noon to 3:00 p.m.**

**Seven Hills Conference Center, SFSU**

\$35.00 prepaid (guests welcome)

*Happy Hour      Sit-down Lunch      Entertainment      Prizes*

**Menu**

House salad with vinaigrette dressing

**Lemon-basil chicken** marinated in fresh basil, lemon juice and lemon pepper seasoning; **or:**

**Broiled salmon** with lemony zucchini with mint and pine nuts and fresh salsas; **or:**

**Portobello mushroom cap** stuffed with chèvre cheese, tri-colored orzo and fresh basil

**Dessert:** Old-fashioned chocolate layer cake

Shuttle bus from Lake Merced parking lot at 11:45 a.m. returning at 3:00 p.m.

Sign up at a meeting or send a check to Sixty Plus for \$35.00 per person, indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: December 1

Chicken \_\_\_\_\_ Name(s) \_\_\_\_\_  
Salmon \_\_\_\_\_ Name(s) \_\_\_\_\_  
Mushroom \_\_\_\_\_ Name(s) \_\_\_\_\_

Give or send your check (made out to Sixty Plus) to: Peggy Pol, 2479 – 42<sup>nd</sup> avenue, SF, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation with Peggy

**Peggy Pol, Special Events chair: [mrpol@sbcglobal.net](mailto:mrpol@sbcglobal.net)**



**OLLI AT SAN FRANCISCO STATE UNIVERSITY**

*OLLI*, the Osher Lifelong Learning Institute, offers six-week classes, interest groups, and events for a community of lifelong learners.

- Fall Session II starts October 26
- Fall Session II Preview Event: Wednesday, October 7, 2015 - 12:30  
**Location:** SF State's Downtown Campus, 835 Market St., Room 677

**Special Notice:** Bonnie Weiss, a favorite of Sixty Plus audiences, presents “Song and Dance Men of the Silver Screen” for the OLLI Fall Session II.

For more information call: 415-817-4243, e-mail [olli@sfsu.edu](mailto:olli@sfsu.edu) or check the website: [olli.sfsu.edu](http://olli.sfsu.edu).

***Join our community of learners!***



## Treasurer's Report, 2015

Balance as of 7/31/14:	\$40,700.70
Income from memberships 8/1/14-7/31/15:	\$13,940.00
Expenses 9/1/14-8/31/15:	
Coordinator	\$6,077.75
Monthly newsletter printing (\$569.85) & roster (\$69.60)	\$639.45
Postage stamps (mainly for newsletter mailing)	\$815.54
Speaker honoraria	\$2,410.00
Cafe 101 coffee service for meetings	\$2,000.00
Shuttle transportation & parking permits	\$860.00
Cesar Chavez Student Center room rent	\$500.00
Advertising : Two newspaper ads (\$425) & brochures (\$300.67)	\$725.67
Scholarships (two of \$1000 each)	\$2,000.00
Miscellaneous supplies	\$370.14
Total expenses:	\$16,398.55
Balance as of 7/31/15:	\$37,823.41
Note: Membership fees for 2015-16 are still being collected as of 9/1/15. Total unavailable	
The following event expenses were essentially self-funding; that is, costs were covered by those who attended:	
Tours	\$5,181.00
Theater ticket reservations	\$6,000.50
Holiday & Spring luncheons	\$5,596.00

Terry Kirchhoff, Treasurer, [alberio84@hotmail.com](mailto:alberio84@hotmail.com)



**HAPPY HALLOWE'EN!!!**

### Ruth Bancroft Garden, Lindsay Wildlife Center, Walnut Creek

Friday, October 16

Come over to the East Bay with us for a day of nature and natural beauty. First, we will tour the Ruth Bancroft Garden in Walnut Creek. It features acres of the most extensive collection of water-conserving and drought-tolerant plants in the Bay Area. Learn tips about dealing with the problems in our gardens and on our properties associated with the current lack of rain. We will have lunch at a local restaurant and then arrive at the Lindsay Wildlife Center, also in Walnut Creek. The center specializes in caring for wildlife injured through natural disasters, such as brush fires, or accidents involving human interaction, such as birds damaged by wind turbines. The center returns wild animals to their natural state, whenever possible.

The cost for the day is \$40. This includes round-trip bus transportation with admission to both facilities. In addition, we have a docent-led tour of the garden, and an encounter with some of the wildlife at the center in order to learn about their circumstances. We pay for lunch separately, and individually, at a local restaurant.

Our scheduled docent tour of the garden starts at 10:00 a.m. Since we must deal with Friday traffic across the Bay Bridge, we leave from the Lake Merced parking lot at 8:00 a.m., and then pick up passengers at 19th and Holloway at 8:15 a.m. Please call Doug Roberts at 415 681 8845 to list your name on the roster for the trip. Then mail a check for \$40 made out to Sixty-Plus, and send it to Doug at 2670 19th Avenue, San Francisco 94116.

### Eugene O'Neill's Tao House, Danville

Friday, November 6

Space is limited to take the morning tour of Tao House in Danville, the home of playwright Eugene O'Neill after he won the Nobel Prize for Literature. Now a national monument, it was here that he wrote his most personal plays, among them *Long Day's Journey Into Night*. A twelve-passenger *National Park Service* van is the only means to enter the property. Jeanne Glennon and I need one other member with a car to carpool, four tour members per car. This means we have space for another 9 members to join us for the 10:00 a.m. tour, in addition to that member-driver. Please call Doug at 415 681 8845 and leave a message if you can be our third driver. I expect the three passengers per car to contribute toward the cost of fuel. **No up-front costs to participants.**



Board members Richard Chackerian and Terry Kirchoff check out a classic Pierce Arrow built in 1940 on our Sixty-Plus tour of the Academy of Art University Auto Museum, September 9



## CALENDAR OF COMING EVENTS

October 7	Wednesday	12:30 p.m.	OLLI Fall Session II preview SF State Downtown Campus, 835 Market St., Room 677
October 12	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
October 16	Friday	8:00 a.m. 8:15 a.m.	Ruth Bancroft Garden, Lindsay Wildlife Center, Walnut Creek Pick-up at Sunset Boulevard Pick-up at 19 <sup>th</sup> Avenue and Holloway
October 26	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
October 27	Tuesday	11:30 a.m.	Not-quite-gourmet Dining M.Y. China, Westfield Centre, 845 Market St., Level 4; Muni Metro to Powell St. Station or any bus down Market Street to Powell Street
November 6	Friday	10:00 a.m.	Eugene O’Neill’s Tao House, Danville Arrange transportation with Doug Roberts
December 16	Wednesday	2:00 p.m.	“A Gentleman’s Guide to Love & Murder” Golden Gate Theater, 1 Taylor St., SF, CA

\*\*\*\*\*

**MISSING: My autographed book: WHILE I STILL HAVE ALL MY MARBLES, by Helen Fama. Loaned by Priscilla Allen to someone at a Sixty Plus meeting or in the shuttle parking lot several months ago, not through Kay's book club. Helen was my neighbor who died at age 91 in August. I would really like to have the book back. Please call 650 994-4246 or the Sixty Plus office. Thanks.**

\*\*\*\*\*

### SIXTY PLUS 2015 — 2016

#### Officers

President	Margo Moor
Vice President	Christine Malfatti
Treasurer	Terry Kirchhoff
Recording Secretary	Margaret Grant - pro tem
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

#### Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Eileen Ward – pro tem
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

\*\*\*\*\*

## **Sixty Plus at San Francisco State University**

**Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132**

**Website: [www.sixtyplussf.org](http://www.sixtyplussf.org) \* Telephone: 415-412-4684 \* email: [sixty@sfsu.edu](mailto:sixty@sfsu.edu)**

### ***Sixty Plus Highlights***

**Editor:** Jeanne Glennon; \* **Assistant Editor:** Joyce Cassells \*

**Contributors:** Phyllis Abad, Cecilia Lim, Margo Moor, Peggy Pol  
Doug Roberts, Eileen Ward

**Distribution Manager:** John Johns \* **Managing Editor:** Eileen Ward

Items for the November *Highlights* should be submitted by **October 19** to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)



**SIXTY-PLUS at SAN FRANCISCO STATE UNIVERSITY**  
**Gerontology/Sixty Plus – HSS-242**  
**1600 Holloway Avenue**  
**San Francisco, CA 94132**  
**Web: [www.sixtyplussf.org](http://www.sixtyplussf.org)**