

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

November, 2013

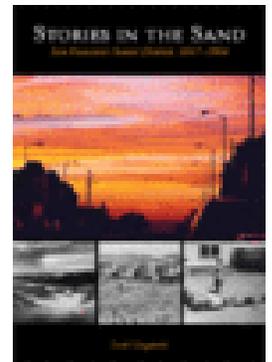
MONDAY, NOVEMBER 11: NO MEETING

Enjoy your Memorial Day Holiday



MONDAY, NOVEMBER 25: LORRI UNGARETTI, AUTHOR
“Stories in the Sand”

A new book recently published by local author Lorri Ungaretti will be of interest to all San Franciscans — but particularly those who live in or near the Sunset District. Entitled “Stories in the Sand: San Francisco’s Sunset District, 1847 – 1964,” this colorful book contains little-known and often surprising stories of people who embodied the pioneer spirit by moving into an area of the City once considered uninhabitable — and transformed it into a thriving neighborhood.



San Francisco historian Lorri Ungaretti says, “The history of my birthplace is my personal passion, especially the history of the ‘Outside Lands’ — the Sunset and Richmond Districts.” In writing about the Sunset she focuses on what she calls “The history of one of San Francisco’s largest and least documented neighborhoods.” She has also published, in February 2012, “Then & Now: San Francisco’s Sunset District” and, in 2006, “San Francisco’s Richmond District.”

In a review historian Charles Fracchia, calls “Stories in the Sand” a much-needed history of the Sunset District that is well-written and well-researched – a must read for all those interested in San Francisco history.”

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality hostess for this meeting is **Alice Colthurst**. Sixty Plus members whose last names begin with the letters **Che – Del** are requested to bring refreshments for this meeting

Shuttle Bus Times: Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

President's Message – November, 2013

This is the time of year when we give thanks for all that we have. Most of the time it is very easy to focus on what we don't have – wealth, fame, perfect bodies, good health and all the other things we are missing and may never have. Now is the season for appreciating what we have and can hold on to – family, friends, enough to eat, a warm place to sleep, and many, many other blessings that millions of people do not have and may never have.

I appreciate the people who come to Sixty Plus meetings, those who cannot attend but continue to support our organization, the volunteers on various committees who keep things interesting, the good friends I have made, and the fun events we attend. Of course, I appreciate my family who are all so good to me even when their well-meaning efforts are not exactly what I want!

We live in one of the most beautiful places on earth and there is no time like right now to bask in our glorious Northern California weather, be glad we live in a city known for its tolerance, even be grateful for MUNI – with all its problems it makes it possible to get around town. The symphony, opera, ballet, and all our regional theaters are starting new seasons, and we truly are spoiled for choice here in San Francisco.

Thanksgiving is one of my favorite holidays, even though I did not grow up with it. Our family will have a turkey and trimmings, home baked pies, wine and good cheer. If any of you get stuck in town and can't be with loved ones, call me – because we always have room for friends.

HAPPY THANKSGIVING!

Shelagh N. Ross, President: shelaghx@yahoo.com

p.s. Don't forget to check our website: sixtyplussf.org

Hospitality Committee

The following is the hospitality schedule for the next three months:

Nov. 25	Che – Del	Dec. 9	Den – Fug	Jan. 13	Ful – Gray
				Jan. 27	Gre – Hom

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to this alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

We will have a designated host from each alphabetical group for each meeting. The host is to bring the tablecloth, some paper plates for contributions, napkins and any decorations desired; help with set-up and clean-up; thank members who bring the treats; socialize; and be sure that all leftovers are removed.

A heartfelt thanks to all hosts and contributors.

Phyllis Abad, pabad@earthlink.net

NEW MEMBERS, 2013 - 2014

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

Walter Berger	Karen Birmingham	Joyce Cassells
Karen Connolly	Denise Crocker	Carmen Dominguez
Marilyn Halloran	Nancy Pease	Ken Reed
Belinda Rule	Ruth Silva	Tom Turner



HAPPENINGS AROUND TOWN

By Bob Wrisley

Free Guided Presidio Shuttle Tours, Presidio of San Francisco, GGNRA, every first Wednesday from 12:00 noon to 1:00 p.m. Reservations: call 561-5401. <http://www.presidio.gov/>

Disney Family Museum, Presidio of San Francisco, GGNRA, Film of the Month: "The Three Caballeros," 1:30 p.m. No film Wed/Sat. Seniors \$15.00.

Fandango Fathom Events (live events, not movies), Empire Theater or Daly City 20. Tosca, live at the Met, Sat Nov 9, at 9:55 a.m. (3 hours). Alice's Adventures in Wonderland, Royal Opera, Tues, Nov 19, 7:00 p.m. (3 hours). The Nutcracker, Royal Opera, Tues Dec 17, 7:00 p.m. (2 hours)
www.fandango.com

Randall Museum, S.F., take Roosevelt to 199 Museum Way. Open 10:00 a.m. to 5:00 p.m. Tues. through Sat. Over 100 animals. See up close an owl, a pelican, raven, or newt. Free admission.
www.randallmuseum.org

Cayuga Playground, Cayuga Ave. at Naglee Ave. Over 375 curved figures by Demetro Bracers. Walk the Garden of Eden Trail. sfrecpark.org/destination/cayuga-playground

Ardenwood Farm, 34600 Ardenwood Blvd., Fremont. Open 10:00 a.m. to 4:00 p.m. Tues. through Sun. Seniors \$3.00. Ardenwood is a working farm. Docents teach spinning, weaving, and also demonstrate farm machinery. See rabbits, pigs, goats. www.ebparks.org/parks/ardenwood

Silver Ride has assisted transportation with driver escorts for Seniors. Door to door service. Call 861-7433: <http://www.silverride.com>



Arts and Entertainment

"PORGY AND BESS" Wednesday, December 4 – 2:00 p.m.

Tickets for the December 4 production of "Porgy and Bess" at the Golden Gate theater are available now.

"Porgy and Bess" is "The #1 Broadway Musical of the Year," according to *Time* Magazine and the winner of the 2012 Tony Award for best revival of a musical. Accompanied by a 23-piece orchestra, with stunning and stirring new staging, this is a not-to-be-missed theatrical experience.

Tickets are \$60 Mezzanine, \$70 Orchestra. Please remember — no elevator in this theater. The payment deadline is October 25. Make your check out to Sixty Plus and mail to the office – please include a stamped, self-addressed envelope.

Tours

HAAS LILIENTHAL HOUSE TOUR

On Wednesday, November 13, 2013, Sixty Plus will sponsor a docent-led tour of the Haas-Lilienthal House, 2007 Franklin Street, San Francisco, CA. We will meet at 12:00 noon, gathering in the ballroom for our tour. The Haas-Lilienthal House is the city's only intact Victorian-era home that is open as a museum, complete with authentic furniture and artifacts. Stairs are not steep. There is a small elevator.

Transportation: Take MUNI, Van Ness 47/49, get off at Jackson, walk uphill to Franklin. There is extremely limited 2-hour parking on Franklin.

Cost: \$5.00 (checks made out to Sixty Plus) Lunch on your own

Contact: claker@att.net

S.F. CITY COLLEGE LUNCH & TOUR

On Thursday, November 21, 2013, Sixty Plus will sponsor a lunch and tour at San Francisco City College. We will meet at 50 Phelan Avenue, outside entrance, at 11:00 a.m. A 4-Star lunch in the Pierra Costa Room will be provided by San Francisco City College Culinary Arts & Hospitality Department. We shall have lunch first, because of time limits, and then a docent-led tour of the Diego Rivera paintings.

Transportation: K Ingleside, #29, #49 and #43; for more information, call 311.

Cost: \$25.00 (checks made out to Sixty Plus). No refunds after November 14th unless a replacement is found.

Contact: Sheilab507@hotmail.com

Note to all members: In the future (starting January 2014), a motor-coach surcharge of \$5.00 will be required for non-members.

REPORT: SIXTY PLUS ASHLAND TOUR 2013

Anne Chen and Frenchie Theriot, new members of Sixty Plus, enjoyed the Sixty Plus-sponsored trip to the Oregon Shakespeare Festival in September. Look for information about next year's exciting tour to this wonderful theater event.

Eileen Ward, Coordinator, Sixty Plus program; sixty@sfsu.edu



REPORT: FROM THE EDITOR

You can now access your newsletter in three different ways:

- Paper copy, stamped and mailed (so 20th Century!)
- E-mail version (give Eileen Ward your e-mail address)
- On-line at our website: www.sixtyplussf.org (the latest!)

Our e-mail version has much snappier graphics, and you can print out just those pages you need. Our website has unlimited space, so we can archive all past newsletter issues and include more articles: reports on tours and trips, pictures of members, announcements for special events, among other things.

So follow us in whatever way you prefer. And if we (our editor, that is) ever figure out social media, who knows what formats we may include in future!

Please note: From now on, our deadline will be the second meeting of the month, to expedite the mailing process. This means that material must be to the editor by the 15th of the previous month, not the 20th as we have done. If this works a hardship on any person or committee, let us know. We appreciate cooperation from one and all.

And don't forget to send in ***your*** materials. We encourage reports on Sixty Plus events, photos, comments, letters to the editor — whatever you want to say to your colleagues in Sixty Plus.

Jeanne Glennon, Highlights Editor; jfglennon@comcast.net



Served Holiday Luncheon

Monday, December 16th, 2013
Noon to 3:00 P.M.
\$32.00 prepaid (guests welcome)
Seven Hills Conference Center, SFSU

Happy Hour Sit-Down Lunch Entertainment Prizes

Menu

Tossed Salad

Choice of:

Chicken Florentine:

Chicken breast filled with ham and spinach and topped with creamy cheese sauce and crisp bacon crumbles.

or

Stuffed Tilapia:

Tender and flaky white fish filled with crab and shrimp blend.

or

Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Italian-style biscotti served with berries and whipped cream.

Shuttle bus from lake Merced parking lot at 11:45 A.M.; return at 3:00 P.M.

Sign up at a meeting or send a check made out (for \$32.00 per person) to: **Sixty Plus**,
indicating choice of entrée and name(s) of guests.
Reservation and refund deadline: December 10th.

Chicken _____ Name(s) _____
Fish _____ Name(s) _____
Vegetarian _____ Name(s) _____

Give or send your check (made out to **Sixty Plus**) to:
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120



CALENDAR OF COMING EVENTS

November 11	Monday		<i>No Meeting!</i>
November 13	Wednesday	12:00 noon	Haas-Lilienthal House, 2007 Franklin Street, San Francisco, CA
November 21	Thursday	11:00 a.m.	San Francisco City College, 50 Phelan Avenue, lunch and tour
November 25	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
December 4	Wednesday	2:00 p.m.	“Porgy and Bess,” Golden Gate Theater, 1 Taylor St., SF, CA www.shnsf.com/theatres/goldengate
December 16	Monday	12:00 noon	Holiday Luncheon

SIXTY PLUS 2013 – 2014

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Publicity — Co-chair	Christine Malfatti
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Sunshine	Karen Gretch
Tours	Sheila Birmingham

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Sixty Plus *Highlights*

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Items for the **December *Highlights*** should be submitted by **November 15** to: Jeanne Glennon: jfglennon@comcast.net

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