

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

November, 2015

MONDAY, NOVEMBER 9: ZOMBEEES, SERENDIPITY AND CITIZEN SCIENCE
Dr. John Hafernik, Professor of Biology, SFSU

Concern about threats to honey bees and other pollinators is mounting in the U.S. Hive failure rates are increasing as honey bees deal with mites, diseases, pesticides and other stressors. Recently a new threat to honey bees, the parasitic phorid fly, was discovered in San Francisco. Bees infected by the fly (Zombees) show disoriented, zombie-like behavior, leaving their hive at night to die under nearby lights. Dr. Hafernik will discuss the implications of this fly for honey bees in California and beyond. He will also provide information on how the public can get involved through the citizen science project ZomBee Watch, which he co-founded.



Dr. Hafernik became fascinated with insects as a young boy growing up in Texas. He moved to the Bay Area in 1970 to pursue his doctorate in entomology at UC Berkeley and joined the Biology Faculty at SFSU in 1977.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Cecile Neuebaumer**. Sixty Plus members whose last names begin with the letters **Che - Del** are requested to bring treats. Please let Cecile know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. **The return trip leaves at 3:00 p.m.** from in front of the Creative Arts Building on Holloway Avenue.

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

| | | | | | |
|-------|-----------|--------|-----------|--------|------------|
| Nov 9 | Che — Del | Dec 14 | Den — Fug | Jan 12 | Ful — Gray |
| | | | | Jan 26 | Gre — Hom |

Phyllis Abad, Hospitality Chair, pabad@earthlink.net

President's Message – October, 2015

Our Program Meeting Monday, October 12, was a grand success. We were the recipients of Helen and Allan Ridley's spectacular presentation of their adventures in South Africa, with wonderful photographs taken by Allan. The selected photographs provided a visual experience "with the beauty of the varied landscapes, abundant and diverse wildflowers, and close encounters with big game." Hopefully they will return to Sixty Plus with a program of their travels in China. A huge thank you to Gloria Pizzinelli, our hostess, for her beautifully decorated Autumn table generously lined with Halloween goodies. All of those present experienced a joyous time.



The 2015-2016 Membership Roster will be available soon, according to a recent conversation with Eileen Ward, our Office Coordinator.

Save the date, Friday, December 11, for our Christmas luncheon celebrating the 40th Anniversary of Sixty Plus. The menu and details are on page 4 of this month's Highlights. Thank you, Peggy Pol, our Special Events Chair, for your effort and tireless work in arranging these luncheons. Your service to Sixty Plus is greatly appreciated.

Please contact Karen Grech, our Sunshine Chair, if you know of anyone in need of a note of congratulations, get-well or sympathy.

I wish all of the members of Sixty Plus and your families and friends a Happy Thanksgiving Holiday.

My best regards,
Margo

Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, mmoor@att.net

Membership Committee

NEW MEMBERS, 2015

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

**Michael Chung
Phil Gravitt
Pauline Mitchell**

**Barbara Fishman
Geraldine (Gerry) Kral**



Not-quite-gourmet Dining

Cadillac Bar & Grill

44 9th St. (at Market St.)

Tuesday, November 24, 11:30 a.m.

Voted best Mexican food restaurant for many years before its closure in 1999 to make way for the Moscone Convention Center, this cantina/grillery has found a new home in the Twitter building, where once again it serves up authentic food prepared the same way it was at its original site in Mexico. Standouts here are puffy tacos, mesquite-grilled bacon-wrapped prawns, grilled fish of the day, and fajitas. Not to be missed are the margaritas, which are legendary. Cash only.

Take any bus down Market to 9th Street or Muni Metro to Civic Center Station.

RSVP: Cecilia Lim, cec639sf@att.net or call 415-957-1602



Eight of our 17 Sixty-Plus members and guests who toured the Ruth Bancroft Garden in Walnut Creek on Friday, October 16. The garden is known as a leading repository of drought-tolerant plants. After lunch, the visit to the East Bay continued with a docent-led tour of the Lindsay Wildlife Museum, also in Walnut Creek.

Arts and Entertainment

This year I have some great plans for Sixty Plus – a day at Herbst Theater for a very reasonable price, a night at the SF Lecture Series in Nourse Auditorium, a late night in the SF Symphony’s new “Sound Box” and perhaps a play at the new Strand Theater or another afternoon at the Jazz Center.

So watch this space. Or contact me for any theater, dance, symphony, opera, or art museum or gallery questions.

Meanwhile, some good news: For those with reading issues, the coat room on the first floor of the Opera House (right side as you enter through the front door) has marvelously effective headsets that read the supertitle for you. The sets are placed outside the ear so they do not affect your hearing of the orchestra and singing. Also, the SF Chronicle now publishes a fabulous and easy-to-use listing of weekend events in the Thursday format of the Pink Section. These listings are more comprehensive than the Sunday Pink Section list. Try the paper and see for yourself: Thursday’s SF Chronicle.

Erwin Kelly, Arts & Entertainment Chair: 415-552-9435

“A GENTLEMEN’S GUIDE TO LOVE & MURDER” Golden Gate Theatre

Winner of the 2014 Tony Award for Best Musical, this is still a knock-out on Broadway that’s earned unanimously positive reviews. Coming directly from New York, this musical comedy tells the uproarious story of Monty Navarro, a distant heir to a family fortune who sets out to jump the succession by — eliminating the eight pesky relatives who stand in his way. His life is also complicated by a mistress and a fiancée and the threat of landing behind bars.

Not to be missed!!

Wednesday, December 16 — 2:00 p.m. Matinee

Tickets: \$70 Loge or Orchestra (Loge seats are better but the theater has no elevator.)



Full payment is due by November 1 — please send check to Erwin Kelly, with self-addressed stamped envelope and indicate preferred seating.

Questions: Call Eileen Ward, Sixty Plus office, 415-412-4684



Tour Committee

Eugene O'Neill's Tao House, Danville

Friday, November 6

Space is limited to take the morning tour of Tao House in Danville, the home of playwright Eugene O'Neill after he won the Nobel Prize for Literature. Now a national monument, it was here that he wrote his most personal plays, among them *Long Day's Journey Into Night*. A twelve-passenger *National Park Service* van is the only means to enter the property. Jeanne Glennon, Sheila Birmingham and I will carpool, four tour members per car. This means we have space for another 9 members to join us for the 10:00 a.m. tour, in addition to that member-driver. Please call Doug at 415 681 8845 and leave a message if you want to join us. I expect the three passengers per car to contribute toward the cost of fuel. *No up-front costs to participants.*

Special Events

Don't miss our 40th Anniversary Celebration Served Luncheon

Friday, December 11, 2015, Noon to 3:00 p.m.

Seven Hills Conference Center, SFSU

\$35.00 prepaid (guests welcome)

Happy Hour

Sit-down Lunch

Entertainment

Prizes

Menu

House salad with vinaigrette dressing

Lemon-basil chicken marinated in fresh basil, lemon juice and lemon pepper seasoning; **or:**

Broiled salmon with lemony zucchini with mint and pine nuts and fresh salsas; **or:**

Portobello mushroom cap stuffed with chèvre cheese, tri-colored orzo and fresh basil

Dessert: Old-fashioned chocolate layer cake

Shuttle bus from Lake Merced parking lot at 11:45 a.m. returning at 3:00 p.m.

Sign up at a meeting or send a check to Sixty Plus for \$35.00 per person, indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: December 1

Chicken _____ Name(s) _____

Salmon _____ Name(s) _____

Mushroom _____ Name(s) _____

Give or send your check (made out to Sixty Plus) to: Peggy Pol, 2479 – 42nd avenue, SF, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation with Peggy

Peggy Pol, Special Events chair: mrpol@sbcglobal.net

President's Annual Report, 2014-2015

In looking back over my first year as President of Sixty Plus, I see two semesters packed with programs, tours, and luncheons, the presentation of two scholarships, other activities too many to name individually, and the beginning of a relationship of sharing program information with OLLI.

Our programs were educational, informative, and always entertaining. Dr. Gerard Heather, Professor Emeritus, SFSU, gave a lively lecture on "American Politics," Bonnie Weiss gave a presentation using clips of songs sung in the musical theater written by Cole Porter, and the Riddleys, both retired educators, gave a presentation on their adventures in Panama. These were just three outstanding programs that I chose for this report. Sixty Plus members were the recipients of priceless programs throughout the year. A big public thank you to Alice Keenan, our former Program Chair, and to all those members who helped her and suggested ideas for future programs.

Sheila Birmingham and Doug Roberts of the Tour Committee led us on wondrous tours. We toured The National Steinbeck Center, the Boudin Bakery of San Francisco, and many other places. All the tours were well-attended, lots of fun, and great adventures.

Our holiday luncheons were lively, joyous, and fun. Thank you, Peggy Pol, for your tireless preparation and planning of these festive times. At our 2014 Christmas Holiday Luncheon two scholarships of \$1,000.00 each were presented to two grateful students of SFSU Gerontology Department.

In the Spring-Summer 2015, we began a process of sharing program information with OLLI and OLLI with Sixty Plus. The process seems to be going well.

In concluding my Annual Report, I must publicly thank the Board Members and Committee Chairs and all the members of Sixty Plus for an exemplary job. It is their tireless work and efforts where the credit is due. Thank you to all the members of Sixty Plus.

Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, mmoor@att.net

OLLI AT SAN FRANCISCO STATE UNIVERSITY

Fall Session Two runs six weeks - from Oct. 26 through Dec. 11, with some classes holding a seventh make-up session in the week of Dec 14.

A one-year multi-course membership to OLLI is the best value option if you plan on taking 6 or more courses in a year - you may take up to 12 courses. If you take 5 courses or fewer, it is best to "pay as you go" with a single course membership.

Join our community of learners!

Downtown Campus: 835 Market Street, Sixth Floor
San Francisco, CA 94103

Main Campus: Creative Arts Building Room 154
San Francisco State University
1600 Holloway Ave San Francisco, CA

Phone: (415) 817-4243; Email: olli@sfsu.edu

CALENDAR OF COMING EVENTS

| | | | |
|-------------|-----------|-------------------------|--|
| November 6 | Friday | 10:00 a.m. | Eugene O’Neill’s Tao House, Danville Arrange transportation with Doug Roberts |
| November 9 | Monday | 10:30 a.m. 1:00 p.m. | Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU |
| November 24 | Tuesday | 11:30 a.m. | Not-quite-gourmet Dining Cadillac Bar & Grill 44 Ninth St., at Market - Muni Metro to Civic Center Station or any bus down Market Street to 9 th Street |
| December 11 | Friday | 12:00 noon | Fortieth Anniversary Luncheon Seven hills Conference Center, SFSU |
| December 16 | Wednesday | 2:00 p.m. | “A Gentleman’s Guide to Love & Murder” Golden Gate Theater, 1 Taylor St., SF, CA |

SIXTY PLUS 2015 — 2016

Officers

Committee Chairs

| | | | |
|----------------------------|--------------------------|----------------------|-----------------------|
| President | Margo Moor | Arts & Entertainment | Erwin Kelly |
| Vice President | Christine Malfatti | Communications | Jeanne Glennon |
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| Recording Secretary | Margaret Grant - pro tem | Education — Co-chair | Richard Soward |
| Co-corresponding Secretary | Barbara Graham | Hospitality | Phyllis Abad |
| Co-corresponding Secretary | Joyce Cassells | Mailing | John Johns |
| Past President | Shelagh Ross | Membership | Christine Malfatti |
| | | Programs | Eileen Ward – pro tem |
| | | Publicity — Co-chair | Richard Lewis |
| | | Publicity — Co-chair | Christine Malfatti |
| | | Special Events | Peggy Pol |
| | | Sunshine | Karen Grech |
| | | Tour | Sheila Birmingham |



Sixty Plus at San Francisco State University

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Sixty Plus *Highlights*

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Items for the December *Highlights* should be submitted by **November 16** to: Jeanne Glennon: jfglennon@comcast.net



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