

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

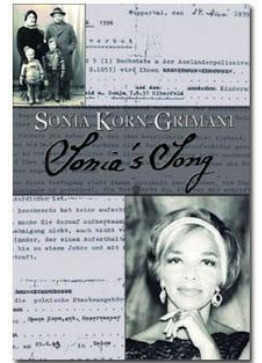
A Program for Lifelong Learning

December, 2013

MONDAY, DECEMBER 9: SONIA KORN-GRIMANI, PHD, AUTHOR “Sonia’s Song”

Join us as Sonia Korn-Grimani, PhD., discusses her book, Sonia’s Song, which chronicles her harrowing experiences as a young girl escaping from Nazi Germany to Belgium during World War II.

This remarkable story follows Sonia Korn-Grimani’s life as a young girl who, along with other Jewish children, is disguised as a Catholic orphan to escape Nazi persecution. As Sonia enters adulthood her life blossoms as her post-war adventures take her from Belgium to Austria, Malaysia, France and the Americas. Witnessing the horrific tragedies in her childhood strengthened Sonia’s indomitable spirit to never be defeated.



In praise of the book, Elie Wiesel writes, “Korn-Grimani describes not only the suffering she had to endure, but how she succeeded in overcoming it. I am sure that Sonia’s Song will touch the hearts of many readers.”

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality hostess for this meeting is **Sylvia Discernia**. Sixty Plus members whose last names begin with the letters **Den – Fug** are requested to bring refreshments for this meeting

Shuttle Bus Times: Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

MONDAY, DECEMBER 23: NO MEETING

Enjoy your Holidays



President's Message – December, 2013

HAPPY HOLIDAYS EVERYONE!!

Wishing you and yours all the best for the Holidays. Here's to a terrific 2014 for everyone and — never thought I would say this — perhaps a little rain.

We will be honoring our mentor, Dr. Anabel Pelham, Professor of Social Work in the College of Health and Social Sciences, at our Holiday Luncheon on December 16. She has been our anchor and our rock for many years, and we would like to let her know how much we at Sixty Plus appreciate all she has done for us. So please plan to attend and contact any of your friends who are, or were, members and encourage them to attend also. They should get their meal requests and checks to Peggy Pol as soon as possible. I look forward to seeing many of you there. I am sure we will have our usual good time.



Thank you all for your continued patience and support.

Shelagh N. Ross, President: shelaghx@yahoo.com

p.s. Don't forget to check our website: sixtyplussf.org

Hospitality Committee

The following is the hospitality schedule for the next three months:

Dec. 9	Den – Fug	Jan. 13	Ful – Gray	Feb. 10	Hy – Jow
		Jan. 27	Gre – Hom	Feb. 24	K – Kn

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to this alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

We will have a designated host from each alphabetical group for each meeting. The host is to bring the tablecloth, some paper plates for contributions, napkins and any decorations desired; help with set-up and clean-up; thank members who bring the treats; socialize; and be sure that all leftovers are removed.

A heartfelt thanks to all hosts and contributors.

Phyllis Abad, pabad@earthlink.net

NEW MEMBERS, 2013 – 2014

A warm welcome to our new and returning members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

Returning Member: **Maleta Boatman**

New Members: **June Adams** **Catherine Pallas**



HAPPENINGS AROUND TOWN

By Bob Wrisley

Union Street Fantasy of Lights Holiday Celebration, Union Street between Van Ness and Steiner, Sat Dec 7, 3:00 p.m. to 7:00 p.m. Jugglers, singers, entertainment.
http://www.sresproductions.com/fantasy_of_lights.html

Swedish Christmas Fair, St. Mary's Cathedral, Geary/Gough Streets, SF, Sat Dec 7, 9:00 a.m. to 4:00 p.m. Seniors: \$5.00. Enjoy crafts, food, glogg. The St. Lucia Procession (girls with candles) at 9:30, 11:30. 1:15, 2:45. Call 823-6957 or <http://www.stmarycathedralsf.org/>

Institute on Aging Cable Car Caroling, on motorized cable cars, Sunday Dec 8, 1:00 p.m. to 4:00 p.m. Seniors: \$45.00. For reservations call 750-4143 or <http://www.ioaging.org/>

Zoo Senior Stroll, S.F. Zoo, Thurs Dec 12, from 9:00 a.m. to 10:15 a.m. \$5.00. <http://www.sfzoo.org/>

Silver Bells Arts and Crafts Faire, St. Mary's Cathedral, Geary/Gough Streets, Sat Dec 14, 10:00 a.m. to 4:00 p.m. 80 vendors with handcrafted gifts. www.kimochi.org/events

KPFA Radio Crafts Fair, Concourse, 8th St. at Brannan, Dec. 14 and 15, 10:00 a.m. to 6:00 p.m. Seniors free. Food Court and 200 booths of arts and crafts; free shuttles from BART and Muni.
www.kpfa.org/craftsfair/

Conservatory of Flowers, Golden Gate Park, 10:00 a.m. to 4:00 p.m. Tues thru Sun. \$5.00; Seniors free every first Tuesday. Butterfly exhibit (20 species) through March 16.
<http://www.conservatoryofflowers.org/>

Carol Savage

By Richard Lewis

If you find yourself at Justin Herman Plaza near the Ferry Building at 5.30 a.m.at weekends, you may see an energetic member of Sixty Plus setting up her stall of beads and jewelry. Carol Savage is not joking when she says: "I am a trouper!" She arrives very early with a car packed to the gills with two tables, two chairs, boxes and bags. At 5.30 a.m. a lottery allocates spaces in the plaza to Carol and the other 130 or more holders of the Arts Commission's Certificate of Art in Public Spaces.

Carol, who recently celebrated her 70th birthday, has been living in the city for three years. She was born in Troy, New York, in 1943, and resided at Portland, Oregon, from 1947 until 1982. She was married to Steve Savage for 17 years. She became a diagnostic classroom teacher, and worked in special education for 35 years. She began teaching in 1965 and taught special education for 12 years before getting her Ph. D. in 1979 at the University of Oregon. Two years of post-doctoral fellowships came from the University of Maryland and Johns Hopkins University. In 1982 she worked in Charleston, South Carolina, where she became assistant dean and assistant professor at the College of Medicine.



"My life was a reflection of my interest in children and adults coping with a wide variety of handicaps," she said. These included autistic and high-risk children and a huge range of people who had problems of learning in traditional settings.

In the year 2000, at the age of 57, Carol decided she was tired of living in the South and wanted a change of life. After this big decision she set off on a six-month round-the-world journey, preparing for her new role making and selling her own beads and jewelry, turning an artistic hobby into her main activity. While traveling the world she collected beads and jewelry, focusing on old tribal items in Asia and Europe. Over the years she has visited 53 countries. On her return she set up her outfit, Traveling Savage, and sold her goods at the celebrated Eastern Market in Washington, D.C. and also in Florida.

Then came another move, this time to San Francisco in 2011, to a home at Potrero Hill where she has a studio. Why SF? "I always loved the city and wanted to move back to the West Coast." For three years she has been an SF street artist. She has also displayed at the Contemporary Crafts show in Fort Mason, and recently visited South Carolina again to sell jewelry.

Carol joined Sixty Plus before coming to the city, having educated herself about the Bay Area from local media. She thinks it is a good organization, enjoys the meals out and tours, and has been to Ashland and gone whale-watching. She finds the speakers interesting. Last month she was joined by Recording Secretary and Program Committee Chair Alice Keenan and two other friends on a 15-day cruise through the Panama Canal.



New Year's Tea Party

Please plan to welcome in the New Year 2014 at the Sixty Plus tea party at Lovejoy's Tea Room, located at 1351 Church Street in San Francisco. The high tea New Year's celebration includes "bottomless pots of tea," a variety of sandwiches, salads, scones, petits fours, and shortbread biscuits.

After the tea, attendees who are still interested in shopping (window or otherwise) after the holidays can visit Lovejoy's Attic across the street from the tea room. The Attic has assorted tea and tea-serving items, as well as other reclaimed delights for sale.

The tea party takes place Thursday, January 9, 2014, at 1:30 p.m. Cost per person for the High Tea is \$25.50.

Public transportation to Lovejoy's is available via MUNI on the J Church Metro line or the 48 bus line which runs along 24th Street.

See Maryann Swazo at Sixty Plus meetings or call or send reservations and checks by mail. (Number and address for Maryann Swazo are in the directory.)

Valentine's Day Luncheon and Tour

Last year's Valentine's Day luncheon at the S.F. State Vista Room was such a success, the tour committee is planning to repeat the event on Friday, February 14, 2014. The lunch follows a tour of the campus gardens. More details will be forthcoming, but please mark your calendars now to reserve the date.



JUST IN CASE WE FORGET WHAT WINTER IS LIKE
IN OTHER PARTS OF THE WORLD

Special Events

Served Holiday Luncheon

Monday, December 16th, 2013
Noon to 3:00 P.M.
\$32.00 prepaid (guests welcome)
Seven Hills Conference Center, SFSU

Happy Hour Sit-Down Lunch Entertainment Prizes

Menu

Tossed Salad

Choice of:

Chicken Florentine:

Chicken breast filled with ham and spinach and topped with creamy cheese sauce and crisp bacon crumbles.

or

Stuffed Tilapia:

Tender and flaky white fish filled with crab and shrimp blend.

or

Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Italian-style biscotti served with berries and whipped cream.

Shuttle bus from lake Merced parking lot at 11:45 A.M.; return at 3:00 P.M.

Sign up at a meeting or send a check made out (for \$32.00 per person) to: Sixty Plus, indicating choice of entrée and name(s) of guests. Reservation and refund deadline: December 10th.

Form with fields for Chicken, Fish, Vegetarian and Name(s) for each option.

Give or send your check (made out to Sixty Plus) to: Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120



CALENDAR OF COMING EVENTS

December 4	Wednesday	2:00 p.m.	“Porgy and Bess,” Golden Gate Theater, 1 Taylor St., SF, CA www.shnsf.com/theatres/goldengate
December 9	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
December 16	Monday	12:00 noon	Holiday Luncheon
December 23	Monday		<i>No Meeting!</i>
January 9	Thursday	1:30 p.m.	New Year’s High Tea, Lovejoy’s Tea Room, 1351 Church St., SF, CA 94114 www.lovejoystearoom.com
February 14	Friday		Lunch and tour of campus gardens, S.F. State University

SIXTY PLUS 2013 – 2014

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Sixty Plus *Highlights*

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Items for the **January *Highlights*** should be submitted by **December 15** to: Jeanne Glennon: jfglennon@comcast.net

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