

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS A Program for Lifelong Learning December, 2014

MONDAY, DECEMBER 8

“American Politics,” Dr. Gerard Heather, Professor Emeritus, SFSU

Dr. Heather returns to Sixty Plus after a long hiatus — due to his busy schedule. His topic is the current state of American politics after the recent election. He will discuss policy implications in both the domestic and international areas — and the implications for the 2016 presidential election.



Professor Heather taught at SFSU for forty years and also taught in the United Kingdom and Holland for several semesters. He is a former Chair of the Political Science Department at SF State and is currently teaching regularly in the OLLI programs in San Francisco and at Santa Clara University.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Margaret Flynn**. Sixty Plus members whose last names begin with the letters **Den – Fug** are requested to bring refreshments for this meeting.

Shuttle Bus Times: Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order.

Dec. 8	Den - Fug	Jan. 12	Ful - Gray	Feb. 9	Hy - Jow
		Jan. 26	Gre - Hom	Feb. 23	K - Kn

Those with initials Den—Fug are responsible for treats. Please let Margaret Flynn know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Thanks to Richard Chackerian for being a host for Oct. 27th. Unfortunately, not one of the other eight names in his group contributed. Richard went to the store in the student union to purchase treats. Thank you, Richard. Thank you to Fen Fen Chen for being the host for Nov. 10th. Fen-Fen was pleased that four of the nine Che—Del group contributed treats. **ONLY THROUGH THE PARTICIPATION OF OUR MEMBERS CAN HOSPITALITY BE SUCCESSFUL!**

Phyllis Abad, pabad@earthlink.net

President's Message – December, 2014

Season's Greetings to all and Good Wishes for a Happy Holiday Season and New Year.

On Monday, November 10th, The California Choristers directed by Stephen Varney entertained us with their joyful voices singing familiar tunes — from Broadway shows to songs from the past — as we sang along. We were a happy group joining in. Thank you, Alice Keenan, our Program Chair, for another wonderful and joyful program.



Membership Rosters were given out at the meeting. Rosters will be available at the Holiday Luncheon. If you are not able to pick one up, feel free to call Eileen at the Sixty Plus office at 415-412-4684 and she will mail one to you.

At our meeting, December 8th, we as a group will be voting on our updated Sixty Plus Constitution. At this time I want to especially thank Richard Chackerian, Richard Soward, Jeanne Glennon, Shelagh Ross our past president, Ray Sarakaitis, and Margaret Grant for their enthusiasm, wisdom, helpful suggestions, and effort in bringing this about. And thank you to all of you who worked on this project.

Our Holiday Luncheon will be Monday, December 15th, at the Seven Hills Conference Center, SFSU. Please join in this festive time as an avenue to begin the holidays on a happy note with your friends at Sixty Plus.

I am looking forward to seeing all of you at our Holiday Luncheon. Thank you, Peggy Pol, our Special Events Committee Chair, and all who helped to make this a special time to celebrate the season.

Our first meeting of 2015 will be on Monday, January 12th. Until then, I wish you well and stay happy.

Margo Moor, President, Sixty Plus at San Francisco State University, 415-205-9350, mmoor@att.net

p.s. Don't forget to check our website: sixtyplussf.org

NEW MEMBERS

A warm welcome to our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

Barry and Evelyn Adler

Larisa Rosinskiy



We'll be looking out for you and hope to welcome you personally.

Served Holiday Luncheon

Monday, December 15th, 2014
Noon to 3:00 P.M.
\$33.00 prepaid (guests welcome)
Seven Hills Conference Center, SFSU

Happy Hour Sit-Down Lunch Entertainment Prizes

Menu

Garden Salad

Choice of:

Sautéed Chicken Piccata:

or

Seared Crispy Salmon
with a Ginger Butter Sauce :

or

Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Raspberry Crème Brule with a Shortbread Cookie

Shuttle bus from lake Merced parking lot at 11:45 A.M.; return at 3:00 P.M.

Sign up at a meeting or send a check made out to **Sixty Plus**
for \$33.00 per person, indicating choice of entrée and name(s) of guest(s).
Reservation and refund deadline: December 8th.

Chicken _____ Name(s) _____
Fish _____ Name(s) _____
Vegetarian _____ Name(s) _____

Give or send your check (made out to **Sixty Plus**) to:
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120

New: Cart shuttle service from bus or garage available upon reservation with Peggy.



Getting to Know You

Donald and Marian Seiki

By Richard Lewis

Donald Seiki's family came from San Francisco, but because of World War II he was born in a Japanese internment camp in Gila, Arizona. After the war he returned to San Francisco, where his father was a plumber.

The family moved to Marin, and he went to Tamalpais High School. He remembers carrying his dad's tools, but he had no wish to become a plumber. He served in the Army after high school, and then learned computer programming at Heald College. He worked as a computer operator at City Hall for four years. Then he moved to Safeway, where he worked as a computer technician for 16 years.



He met his future wife Marian, who was raised in Stockton and came to SF State University in 1965 to graduate as a teacher. She got her Masters in Education and became an administrator and also a principal, working for SF Unified for 32 years. The couple were married in 1970 and raised a boy and a girl.

They like to travel, having been to China, Japan, Korea, Vietnam, Cambodia, Europe, Mexico, Canada, Australia, New Zealand, and Africa. Donald likes to fish, especially for trout. Marian is a volunteer at Angel Island, where she is a docent leading tours of the immigration center.



They heard about Sixty Plus from friends.

Other New Members – in Brief

By Richard Lewis

Elizabeth Ketchum was born in San Francisco and went to Mission High School, graduating from City College. She was an office manager in a local engineering firm where she worked for 26 years. She is a widow with a son and three stepchildren. She likes to garden and writes as a hobby. She heard of Sixty Plus through an advertisement.

Gloria Troup was also born and raised in SF, attending Balboa High School where she worked as a school secretary for 20 years. She is a widow with one son and two grandchildren. She has enjoyed tap dancing since she retired. She heard of Sixty Plus through a relative.

Margaret Dolan is a third generation native San Franciscan, born in Noe Valley, raised in Bernal Heights, who has lived all of her life in the city except for a short time when she lived in Seattle. An avid sports fan, she supports all of the San Francisco and (most) Bay Area teams. She loves history and is looking forward to doing more traveling now that she is retired.



Tour

TOUR OF KQED

Wednesday, January 14, 2015, at 10:30 a.m.

Join us for a docent tour of the KQED media station at 2601 Mariposa Street (between Bryant and York Streets). KQED, Inc. is a public media outlet based in San Francisco, which owns KQED Television and KQED Public Radio. Other projects include KQED Interactive, and KQED Education.

The tour takes about 45 minutes. Cost is \$5.00. Lunch is on your own.

Parking can be difficult. Public transportation is the best way to get there. Take 33 Stanyan, 22 Fillmore, 53 Southern Heights, 27 Bryant, or, from the 16th & Mission BART station, take the 22 Fillmore. The garage, located at the back of the KQED building on York Street, charges \$7.00 for parking.

To sign up contact Carol Laker at claker@att.net

TOUR OF LEVI STADIUM, NOVEMBER 5, 2014

Photos by Doug Roberts



Erwin Kelly adjusts his helmet



New recruits wait for tryouts



Warm-up Exercises?



"The Catch" by Dwight Clark in the 49ers museum

Arts and Entertainment

"PROMISES, PROMISES" San Francisco Playhouse

"Promises, Promises" comes to the San Francisco Playhouse for this year's holiday show. It is a charming musical comedy, infused with the swinging and stylish energy of early 1960s Manhattan. It is the musical tale of a lovelorn young executive and a romantically troubled waitress, knotted in a twist of sexual affairs and corporate shenanigans. Office romances collide with office politics as you've never seen them before. It is filled with memorable one-liners, thanks to Neil Simon, and infectious pop tunes — all presented by a very talented cast.

Sunday, January 4, 2015 – 2:00 p.m. Matinee
Tickets: Orchestra, \$43.50
Payment: Make your check out to Sixty Plus and mail to the office by December 8.



SFSU CREATIVE ARTS

The Creative Arts Department is preparing a number of exciting events including classical music, poetry, and fine art displays. For a complete listing, visit the website at: <http://lca.sfsu.edu>. Tickets for events can be purchased through this website or by calling the box office: 415-338-2467.

NOT — QUITE — GOURMET DINING

Our group will not meet in December. Stay tuned for a great dining adventure in January.

Marian Anderson (415) 282-8334 or marianra@comcast.net



CALENDAR OF COMING EVENTS

December 8	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
December 10	Wednesday	2:00 p.m.	“Kinky Boots,” Orpheum Theater 1192 Market Street at 8 th Street
December 15	Monday	12:00 p.m.	Holiday Luncheon, Seven Hills Conference Center, SFSU
January 4	Sunday	2:00 p.m.	“Promises, Promises,” SF Playhouse 450 Post St, SF, CA 94102
January 13	Wednesday	10:30 a.m.	Tour of KQED, 2601 Mariposa St., SF

SIXTY PLUS 2014 – 2015

Officers

President	Margo Moor
1 st Vice President	Christine Malfatti
Treasurer	Terry Kirchhoff
Co-Recording Secretary	Alice Keenan
Co-Recording Secretary	Fen Fen Chen
Co-Corresponding Secretary	Barbara Graham
Co-Corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Alice Keenan
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Gretch
Tour	Sheila Birmingham

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Sixty Plus Highlights

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Items for the **December Highlights** should be submitted by **November 17** to: Jeanne Glennon: jfglennon@comcast.net

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