

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

December, 2015

MONDAY, DECEMBER 14: "THE RACE FOR THE PRESIDENCY"

Dr. Gerard Heather

Dr. Heather will give a brief overview of the current candidates, intra-party tensions, and crucial demographic and regional variables for the presidential election in November of next year.

Professor Gerard Heather is Professor Emeritus of Political Science at SFSU and former chairman of the department. He is an expert on ethics and religion in U.S. politics.



He has taught abroad in the UK and the University of Amsterdam. Professor Heather received his Ph.D. from Syracuse University and has taught at SFSU for over forty years.

He has also been a Professor in the OLLI program in San Francisco and at Santa Clara University. He will be teaching a six-week course on this topic for OLLI-SFSU this spring.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Phyllis Abad**. Sixty Plus members whose last names begin with the letters **Den – Fug** are requested to bring treats. Please let Phyllis know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. **The return trip leaves at 3:00 p.m.** from in front of the Creative Arts Building on Holloway Avenue.

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Dec 14	Den — Fug	Jan 11	Ful — Gray	Feb. 8	Hy — Jow
		Jan 25	Gre — Hom	Feb. 22	K — Kn

Phyllis Abad, Hospitality Chair, pabad@earthlink.net

President's Message – December, 2015

Greetings to all and best wishes for a happy and healthy Holiday Season and New Year.

Our Program Meeting, November 9th, was presented by Dr. John Hafernik, Professor in the Biology Department at SFSU. He demonstrated, by using computer graphics, the threat to honey bees, which he affectionately named “Zombees,” particularly from an infected fly. Other agents affecting bees are mites, pesticides, and other diseases. All members were impressed with his informative presentation and enjoyed the program. We were given ample time for questions. Thank you to Cecile Neubaumer for providing a beautifully decorated table and to all who brought treats and sweets. Thank you to Phyllis Abad, our Hospitality Chair, for your good work in organizing Sixty Plus members for our Social time at each Program Meeting.



Our Membership Rosters were given out Monday and will be available at the Holiday Luncheon. If you do not have a roster and cannot attend the luncheon, please feel free to contact Eileen Ward at the Sixty Plus Office at 415-412-4684. Eileen will gladly send a copy to you.

Our Holiday Luncheon will be on Friday, December 11th, at the Seven Hills Conference Center, SFSU. Please join in this festive time as an avenue to begin the holidays on a happy note with your friends at Sixty Plus. I am looking forward to seeing all of you at the Holiday Luncheon. Remember, too, we are celebrating our 40th Anniversary of Sixty Plus which makes this time even more celebratory. Thank you to Peggy Pol, our Special Events Committee Chair, and to all her helpers who volunteered their time to bring about this special time to celebrate the Christmas Season.

Our first meeting of 2016 will be held Monday, January 11th. Until then, I wish for you happiness and serenity.

My best regards,
Margo

Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, mmoor@att.net

Membership Committee

NEW MEMBERS, 2015

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

Mary Baireuther

Gladys Gvozdich



Not-quite-gourmet Dining

The “Not-quite-gourmet Dining” group will not meet in December. Stay tuned for another exciting adventure in January.

Happy holidays to all!

Cecelia Lim

cec639sf@att.net

Arts and Entertainment

HISTORICAL EXHIBITION

San Francisco Public Library

“Company’s Coming,” an exhibit at the San Francisco Main Library, 100 Larkin Street at Fulton, is part of San Francisco’s Centennial Celebration of the Panama-Pacific International Exposition.

Less than a decade after the earthquake and fire of 1906 devastated the city of San Francisco, 635 acres of its waterfront were transformed into an imagined walled city of antiquity. Its purpose was to promote the latest in technological innovation by celebrating an engineering marvel realized by the United States: the opening of the Panama Canal. The Panama-Pacific International Exposition (PPIE), a spectacular World’s Fair, opened its doors to 250,000 attendees on February 20, 1915, aggrandizing the natural resources and beauty of the State of California and reintroducing the city of San Francisco to the world as a nexus of global trade on the West Coast.

Drawing from rarely-displayed photographs, ephemera, City Archives, and organizational papers of the San Francisco History Center, this special exhibition offers a glimpse into the efforts made by government, business, and societal leaders to prepare for and organize the PPIE and the crowd of nearly nineteen million national and international visitors who descended upon a revitalized city. Original PPIE artifacts, souvenirs, and scrapbooks highlight the ways in which San Franciscans experienced the fair, with its bewildering exhibits of groundbreaking technology and dazzling displays of consumer goods, enriching palaces of art and education, and captivating concessions.

The exhibit runs through Thursday, December 31, 2015.



Special Events

Don't miss our 40th Anniversary Celebration Served Luncheon

Friday, December 11, 2015, Noon to 3:00 p.m.

Seven Hills Conference Center, SFSU

\$35.00 prepaid (guests welcome)

Happy Hour Sit-down Lunch Entertainment Prizes

Menu

House salad with vinaigrette dressing

Lemon-basil chicken marinated in fresh basil, lemon juice and lemon pepper seasoning; or:

Broiled salmon with lemony zucchini with mint and pine nuts and fresh salsas; or:

Portobello mushroom cap stuffed with chèvre cheese, tri-colored orzo and fresh basil

Dessert: Old-fashioned chocolate layer cake

Shuttle bus from Lake Merced parking lot at 11:45 a.m. returning at 3:00 p.m.

Sign up at a meeting or send a check to Sixty Plus for \$35.00 per person, indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: December 1

Chicken _____ Name(s) _____
Salmon _____ Name(s) _____
Mushroom _____ Name(s) _____

Give or send your check (made out to Sixty Plus) to: Peggy Pol, 2479 - 42nd Avenue, SF, CA 94116-2120.

Cart shuttle service from bus or garage is available upon reservation with Peggy.

Peggy Pol, Special Events chair: mrpol@sbcglobal.net



St. Ignatius Church Tour
Wednesday, January 13th

2130 Fulton Street at Parker Avenue, between Shrader and Cole streets.

Meet at Fulton St. entrance at 2:00 p.m. Sacristan Frost will be our knowledgeable tour guide showing us the beautiful interior of Saint Ignatius Church and telling us about its long history.

Parking is limited — bus is best. Take #28 on 19th Avenue and #5 Fulton. Cost: \$5.00

To sign up, or if you have any questions, contact Carol Laker at claker@att.net

Oregon Shakespeare Festival
October, 2016

Sixty Plus and OLLI-SFSU are sponsoring a four-day/three-night trip to Ashland next October. Included will be motor coach transportation, four theater performances, three-night hotel stay with breakfast, one dinner, and pre-performance seminars.

For a detailed itinerary and costs, call the Sixty Plus office at 415-412-4684.



Sixty Plus members enjoy a tour of Tao House, residence of Nobel Prize-winner Eugene O'Neill, on Friday, November 6.



OLLI AT SAN FRANCISCO STATE UNIVERSITY

The November 13, 2015, copy of the Campus Memo, sent to all faculty and staff, contained the following:

“Small business owner and community advocate Gwen Sanderson was named director of the Osher Lifelong Learning Institute (OLLI) at SF State. She began the new position in June.

“Sanderson is charged with providing leadership and direction in the growth, development and implementation of OLLI as an innovative model for instruction and community engagement for people age 50 and up. She manages the institute's day-to-day operations, from development of programs and curricula to event coordination, member initiatives and promotions to building community partnerships. Sanderson is also responsible for developing OLLI's new strategic partnership with *Sixty Plus*, a self-supporting, SF State-based community that has offered organized social events and lectures for people age 60 and up since 1975. The partnership enables members of each organization to attend and participate in selected events presented by the other organization....”

Join the OLLI community of learners!

**Main Campus: Creative Arts Building Room 154
San Francisco State University
1600 Holloway Ave., SF, CA**

**Downtown Campus: 835 Market Street,
Sixth Floor
San Francisco, CA
94103**

Phone: (415) 817-4243

Email: olli@sfsu.edu

Want to Write?

The Osher Lifelong Learning Institute and Sixty Plus are organizing an Interest Group for Writers. The group will meet on the SFSU campus at a time to be determined. Four people from OLLI have already enrolled. An additional six to seven slots are open to those who are interested.

To enroll, call 415.817.4243. More information about OLLI is available at olli.sfsu.edu. OLLI requires a registration fee of \$25 to cover this interest group and any others that may be organized during the coming year. Richard Chackerian and Richard Soward, Sixty Plus members, are available for your questions at: richardchackerian@gmail.com or richarddsoward@yahoo.com



CALENDAR OF COMING EVENTS

December 11	Friday	12:00 noon	Fortieth Anniversary Luncheon Seven Hills Conference Center, SFSU
December 14	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
December 16	Wednesday	2:00 p.m.	“A Gentleman’s Guide to Love & Murder” Golden Gate Theater, 1 Taylor St., SF, CA
January 11	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
January 13	Wednesday	2:00 p.m.	Tour of Saint Ignatius Church, Fulton & Parker Sts. Bus #28 and/or #5 Fulton
October, 2016	TBD	TBD	Oregon Shakespeare Festival, Ashland, Oregon

SIXTY PLUS 2015 — 2016

Officers

Committee Chairs

President	Margo Moor	Arts & Entertainment	Erwin Kelly
Vice President	Christine Malfatti	Communications	Jeanne Glennon
Treasurer	Terry Kirchhoff	Education — Co-chair	Richard Chackerian
Recording Secretary	Margaret Grant - pro tem	Education — Co-chair	Richard Soward
Co-corresponding Secretary	Barbara Graham	Hospitality	Phyllis Abad
Co-corresponding Secretary	Joyce Cassells	Mailing	John Johns
Past President	Shelagh Ross	Membership	Christine Malfatti
		Programs	Eileen Ward – pro tem
		Publicity — Co-chair	Richard Lewis
		Publicity — Co-chair	Christine Malfatti
		Special Events	Peggy Pol
		Sunshine	Karen Grech
		Tour	Sheila Birmingham

Sixty Plus at San Francisco State University

Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132

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Sixty Plus Highlights

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Items for the January *Highlights* should be submitted by **December 21** to: Jeanne Glennon: jfglennon@comcast.net



sixty plus

Since 1975 – Our Fortieth Year!

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