

# Sixty Plus at San Francisco State University

## Highlights

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SIXTY PLUS

*A Program for Lifelong Learning*

January, 2013

**MONDAY, JANUARY 14**

### **“The San Francisco I Know” – Mystery Speaker**

*A Mystery Speaker?* Our speaker is a well-known San Franciscan who prefers not to be announced in advance — but he promises to present a very informative and entertaining talk about the city. We can only say that he is a true San Franciscan.

Whether you are a native San Franciscan or a newcomer to the City (moved here in the past 20 years) — you will find the speaker very enjoyable!



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality hostess for this meeting is **Rita Gough**. Sixty Plus members whose last names begin with the letters **Ge - Gra** are requested to bring refreshments for this meeting.

**Special Note – No shuttle bus!** No shuttle will be available for the January 14 meeting, since school is not in session. However, parking should be available on or near campus.

**MONDAY, JANUARY 28**

### **“San Francisco SPCA” – Dr. Jennifer Scarlett**

Dr. Jennifer Scarlett is the co-president of the San Francisco SPCA. With over 18 years of animal welfare experience, she brings a wealth of knowledge to the organization. As co-president, she is in charge of all shelter, medical, and adoption services while her co-president is responsible for all financial and operational matters. She will give us an overview of the shelter’s history and programs.

She has been responsible for creating a number of visionary programs including Community Cares, a vaccination outreach program, and "Fospice," a shelter program that uses foster homes to care for the most medically challenged shelter animals. Under her leadership, the SFSPCA has increased spay and neuter surgeries by 1,000 procedures per year, increased adoptions, increased surrender acceptance by 150 percent and met the 25 percent increase in demand for discounted and free care.



The SPCA is a community-supported, non-profit welfare organization dedicated to saving, protecting, and providing immediate care for cats and dogs who are homeless, ill, or in need of an advocate.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality hostess for this meeting is **Margaret Gavney**. Sixty Plus members whose last names begin with the letters **Gre – Ha** are requested to bring refreshments for this meeting.

**Shuttle Bus Times: Shuttle Service as Usual.** Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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***Welcome to 2013!***

The Holiday Luncheon was a great success, including good food, good company, and unique entertainment by a one-woman band playing Carribean steel drums – very entertaining. Thanks to Peggy Pol and all her helper elves for giving of their time and making all this possible. The joy of our gathering was in hideous contrast to the tragedy in Newtown. I know all our hearts go out to the bereaved families.

We were joined by the new President of San Francisco State University, Dr. Les Wong and his charming wife, Phyllis, and we thoroughly enjoyed meeting them. They are both Bay Area natives and seem pleased to be back in Northern California. We announced the Board's decision to offer two \$1,000 scholarships for outstanding Gerontology students next year. Dr. Wong was delighted to hear this, and Dr. Annabel Pelham thanked Sixty Plus members for their continued generosity. We welcome the new President and wish him well in his difficult assignment during these trying financial times. He is upbeat and optimistic and energetic and already enjoying all that SFSU has to offer.



***Happy New Year to everyone.*** Let's hope it is a good one for all of us. One with less and less violence would be very welcome. Our membership is down a little but our enthusiasm has never flagged, and I look forward to more fun times and interesting trips, programs, and dining during the rest of the academic year.

My wonderful trip to Cuba seems like a distant dream but the memories are good. It is always great to come home safe and sound to my little home.

Wishing all of you and all of yours a wonderful New Year.

**Shelagh N. Ross, President: [shelaghx@yahoo.com](mailto:shelaghx@yahoo.com)**

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**CONSTITUTION AND BYLAWS CHANGES**

The following changes and additions to the Sixty Plus Bylaws have been proposed and approved by the Executive Board. They will be brought to the membership for approval at the second January meeting. Please bring your copy of the Bylaws to this meeting along with this issue of ***Highlights***. If you are unable to attend the meeting and we do not hear from you prior to the meeting, we will assume that we have your approval of these revisions.

**CONSTITUTION, ARTICLE IV, OFFICERS, Section 1,** change “two Co-Recording Secretaries to “a Recording Secretary” and “two Co-Corresponding Secretaries” to “a Corresponding Secretary.”

**BYLAWS, ARTICLE III, OFFICERS, Section 1,** make the same change as above.

**Section 2,** change “two years” to “one year.”

**ARTICLE IV, DUTIES OF OFFICERS, Section 2** change “two years” to “one year” in the last sentence.

**Section 8,** change “Co-Recording Secretaries” to “Recording Secretary” in the first and last sentences.

**Section 9,**change “Co-Corresponding Secretaries” to “Corresponding Secretary” in the last line.

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## PUBLICITY COMMITTEE UPDATE

Articles have gone out to all the local neighborhood newspapers about the option of joining Sixty Plus for \$40 for the part of the academic year starting in January. An advertisement will appear in the *Sunset Beacon* and perhaps also the *Richmond Record*.

Richard Lewis: [rdlewis47@earthlink.net](mailto:rdlewis47@earthlink.net)

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## HOSPITALITY COMMITTEE 2012 — 2013 Hospitality Schedule 2012 – 2013

*Highlights* apologizes for running an incorrect schedule of Hospitality assignments. The following is the corrected schedule for the next three months.

Jan. — 14	Ge — Gra	Feb. — 11	He — Ja	Mar. — 11	Kem — Lee
Jan. — 28	Gre — Ha	Feb. — 25	Je — Kel	Mar. — 25	Lef — Maf

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Margaret Grant: [mjngant@sbcglobal.net](mailto:mjngant@sbcglobal.net)

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## HAPPENINGS AROUND TOWN

By Bob Wrisley

**Tal-Y-Tara Tea Shoppe**, crumpets, scones, English Motorloaf, and salads, 6439 California St., between 26<sup>th</sup> and 27<sup>th</sup> avenues, 9:00 a.m. to 5:00 p.m., closed Sunday.

**San Francisco City Guides**, free city walking tours in most parts of the city including Nob Hill, Coit Tower, North Beach, Golden Gate Bridge, Fort Mason, etc.; <http://www.sfcityguides.org/>

**Silver Ride**, escorted senior transportation with accompaniment for shopping. Driver escorts. Monthly social events. For reservations call 861-7433; <http://www.silverride.com>

**Fathom Events**, New York Metropolitan Opera Live (or Turner Classic Movies) at many major movie theaters such as Daly City 20. These are live, simulcast events, not movies:

- Saturday, Jan 5, Met Opera "Les Troyens," at 9:00 a.m.
- Wednesday, Jan 16, Met Opera "Aida," at 6:30 p.m.

<http://www.fathomevents.com>

**San Jose Flea Market**, (120 acres) at 1590 Berryessa Road. Over 300 sellers. Admission fee/parking \$7.00. Wednesdays thru Sundays, 8:00 a.m. to 5:00 p.m. Breakfast from 8:00 a.m. to 11:00 a.m.; also 30 snack bars. <http://www.sjfm.com/>

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ARTS AND ENTERTAINMENT

**NEW CENTURY CHAMBER ORCHESTRA  
Herbst Theater, Van Ness Avenue at McAllister Street  
Friday, January 11, 9:30 a.m.**

You are invited to hear the last rehearsal of the excellent New Century Chamber Orchestra, under the leadership of the great violinist Nadja Salerno Sonnenberg. They will be featuring selections from Villa Lobos, Strauss and Mendelsohn, music from the concert they will be taking on a ten-state tour.

We will meet at 9:30 a.m. for coffee and doughnuts, with open seating for the rehearsal at 10:00 a.m. An optional lunch for our group will follow.

Make out your check to Erwin Kelly for \$8.00 — for the rehearsal portion only — and mail it to Sixty Plus at San Francisco State University, Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132. If you want lunch, write the single word: “Lunch” on the check.

**OTHER EVENTS**

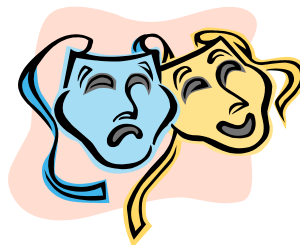
*Bell, Book and Candle*, San Francisco Playhouse, Saturday, January 12, 3:00 p.m.

*Anything Goes*, Golden Gate Theater, Wednesday, January 30, 2:00 p.m.

**City Arts & Lectures**, a new lecture series, evenings, Herbst Theater, 401 Van Ness Ave., San Francisco, CA. 94102 (415) 392-4400; [www.cityarts.net](http://www.cityarts.net)

**California Academy of Sciences**, a new seven-lecture series begins in January. The subject: the brain and related topics in psychology. As always a distinguished group of speakers from around the world. California Academy of Sciences box office, 415-392-4400; [www.calacademy.org](http://www.calacademy.org)

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**NOT - QUITE - GOURMET DINING**  
**Hillstone (formerly Houston's)**  
**1800 Montgomery (at the Embarcadero)**  
**Tuesday, January 29<sup>th</sup>, 11:30 a.m.**

We begin the New Year with this oft-requested New American steakhouse with its warm, inviting interior. Yup, it's a chain, but definitely upscale. Starters include oak-grilled artichoke, home-smoked salmon, and spinach-artichoke dip. Beautifully crafted salads include spinach or chicken Waldorf, and a Thai steak and noodle creation with mango and avocado. The Hillstone cheeseburger leads the sandwich selection, as well as their famed French dip. The entrees include jumbo lump crab cakes, Cajun red trout, barbecued pork ribs, Hawaiian rib eye steak, and more. All breads are house-baked daily.

**IMPORTANT DIRECTIONS if you're not familiar with this location.** Don't try to follow Montgomery from downtown, or you'll run into a couple of Telegraph Hill cliffs. Take the F-car, disembarking at Bay Street, and walk south to Hillstone which backs into the Embarcadero. Or if you're driving, you'll find validated parking at the garage at 80 Francisco.

**RSVP: Marian Anderson (415) 282-8334 or [marianra@comcast.net](mailto:marianra@comcast.net)**



**A warm welcome to our new members:**

- **Anne Chen**
- **Shirley Ting**
- **Frenchie Theriot**

**And to our renewed members:**

- **Leonora Corvi**
- **Julie Smith**



## CALENDAR OF COMING EVENTS

The Board will meet on **Monday, January 14, at 10:30 a.m.** in the Rosa Parks Room. The general meeting will start on that date at 1:00 p.m.

January 11	Friday	9:30 a.m.	New Century Orchestra Rehearsal, Herbst Theater, SF
January 12	Saturday	3:00 p.m.	<b><i>Bell, Book and Candle</i></b> , San Francisco Playhouse, SF
January 14	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D Program Meeting, Rosa Parks Room, SFSU
January 28	Monday	10:30 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting Program Committee meeting Program Meeting, Rosa Parks Room, SFSU
January 29	Tuesday	11:30 a.m.	Not-Quite-Gourmet Dining, Hillstone, 1800 Montgomery at Embarcadero, SF
January 30	Wednesday	2:00 p.m.	<b><i>Anything Goes</i></b> , Golden Gate Theater, SF

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## SIXTY PLUS 2012 – 2013

### Officers

President	Shelagh Ross
1 <sup>st</sup> Vice President	Margo Moor
2 <sup>nd</sup> Vice President	Karen Gretch
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchoff
Recording Secretary	Alice Keenan
Corresponding Secretary	Barbara Graham
Ex-Officio	Margaret Grant
Past President	Ray Sarakaitis

### Committee Chairs

Arts & Entertainment	Erwin Kelly
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Margaret Grant
Mailing	John Johns
Membership	Christine Malfatti
Newsletter — Editor	Jeanne Glennon
Newsletter — Asst. Editor	Maleta Boatman
Programs	Maleta Boatman
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tours — Co-chair	Joy Pate
Tours — Co-chair	Sheila Birmingham

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**Sixty Plus at San Francisco State University**  
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***Sixty Plus Highlights***

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Items for the **December *Highlights*** should be submitted by **November 12**

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