

# Sixty Plus at San Francisco State University

## Highlights

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SIXTY PLUS

*A Program for Lifelong Learning*

February, 2013

### MONDAY, FEBRUARY 11

#### "George Gershwin" — Bonnie Weiss

George Gershwin (1898 — 1937) was an enormously versatile composer moving easily from the Broadway stage to the concert hall to grand opera. His hit musicals were filled with songs that are now among our greatest standards. And his classical repertoire includes such celebrated pieces as "Rhapsody in Blue" and "Porgy and Bess." In this presentation you will learn about this gifted composer's personal and professional life and see delightful scenes from his Broadway and Hollywood musicals.



Bonnie Weiss is a theater educator, writer, radio and cabaret producer. She has developed a series entitled, "Broadway's Legendary Composers."

The business meeting will start in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. **The presentation will start promptly at 1:15.** Social time will follow.

The hospitality hostess for this meeting is **Joan Hill**. Sixty Plus members whose last names begin with the letters **He - Ja** are requested to bring refreshments for this meeting.

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### MONDAY, FEBRUARY 25

#### "The Ocean: Highway or Barrier?" — Christopher Edwards, Acting Supervisor, San Francisco Maritime National Historic Park

The San Francisco Maritime National Historical Park is the only national park with a collection of historic ships. These ships represent diverse shipping technologies and communities, and as a collection they reveal how the ocean can be viewed as a highway for escape and adventure or as a barrier to hope and home. This program will explore many of these stories of the ships and the oceans.



Currently Acting Director of the Historical Park, Christopher Edwards is working on a collection of historic ships. Previously he worked at the Boston National Historic Park and on board the World War II museum ship, the USS Cassin Young. Outside of his work, Mr. Edwards has written articles on naval subjects for Naval History Magazine.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality hostess for this meeting is **Brenda Jow**. Sixty Plus members whose last names begin with the letters **Je — Kel** are requested to bring refreshments for this meeting.

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**Shuttle Bus Times:** Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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## President's Message – January, 2013

### Here we are in February already!

Happy Presidents' Day, Valentine's Day, and Chinese New Year; happy Washington's and Lincoln's birthdays, and best wishes to all of you February babies. Easter is early this year so Lent – preceded by Mardi Gras – also comes in the middle of the month. Quite a lot is going on for the shortest month of the year.

In March we need to form a Nominating Committee which will come up with a slate of candidates for Sixty Plus officers for the 2013-2014 academic year. We will be calling on members to participate in this process. This is a short-term commitment without a lot of meetings to attend. I do hope some of the long-term members who know "who's who" will join with some of our new members and call on participants to get involved in the workings of the Board. It is a great way to meet some superb people and help Sixty Plus continue to bring us the wonderful programs, tours, events, and dining options which provide us with so much pleasure during the year.



BTW: A change that may be significant to some seniors is in the works. Social Security, SSI, and federal employee pension payments will no longer be made by paper check. This may be significant to you or to some of your friends or family members. Right now, the government is backing off its plan to make electronic payments mandatory starting in March, but it plans to persuade holdouts to move to electronic media. Sixty Plus might be able to help its members, their friends and families by tracking this issue for us. Would anyone like to volunteer to research this issue and write a short report for the March *Highlights*? Right now a clear, up-to-date explanation would be a great help to all of us. If you are interested, please contact me at [shelaghx@yahoo.com](mailto:shelaghx@yahoo.com).

In the meantime, remember to check out our website: [sixtyplussf.org](http://sixtyplussf.org).

Cheers, everyone!

Shelagh N. Ross, President: [shelaghx@yahoo.com](mailto:shelaghx@yahoo.com)

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### HOSPITALITY COMMITTEE Hospitality Schedule 2012 – 2013

The following is the hospitality schedule for the next three months:

Feb. — 11	He — Ja	Mar. — 11	Kem — Lee	Apr. — 8	Mag -- Mi
Feb. — 25	Je — Kel	Mar. — 25	Lef — Maf	Apr. — 22	Mo -- Nor

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Margaret Grant: [mjnggrant@sbcglobal.net](mailto:mjnggrant@sbcglobal.net)

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## SPECIAL EVENTS COMMITTEE

*From Peggy Pol:* I thank everyone who came to the Holiday luncheon and made it such a success and I am sure that you all enjoyed the entertainer because she was great. A very special thanks to Margaret Grant for always being ready to help!

The Spring Luncheon will be May 10, at the Seven Hills Conference Center - so mark your calendars.

**Peggy Pol** <mrpol@sbcglobal.net>

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## NEWSLETTER

### Revisions to Newsletter and Website

We want to use the newsletter and our other communications tools to increase dialog among members as well as between the Board and members. We also want to decrease monthly expenses. So the Board has decided to combine the newsletter and the website under a newly-named Communications Committee.

For our first effort, we will try to move some members to receiving only the electronic version of the newsletter. This will save money, paper, and time. If you're willing to try this option, watch for an e-mail from the Sixty Plus office on how to proceed. If you're not interested in receiving the electronic newsletter: ***Don't worry! We will never desert you! Paper copies will always be mailed to any who wish them.***

We will also put the electronic copy of the newsletter on our website, where it can be viewed by prospective as well as current members, in an effort to increase membership. Gradually, we will add features to our website, such as pictures, articles from members, follow-ups to newsletter topics, and so forth.

Starting right now, we want to open the newsletter to short articles, reviews, suggestions – anything members want to discuss regarding the health and welfare of seniors. Some items may appear only on the on-line version, and some, we hope, will generate on-going conversations, like a bulletin board. Articles should be no more than 250 words, on all topics except those the University could not support (e.g., political endorsements). All material will be edited for space and format.

So start expressing yourself. Let other members know what you think, what you've found – good or bad – and what you want them to know about.

Always open to input: **Jeanne Glennon, Newsletter Editor, [jfglennon@comcast.net](mailto:jfglennon@comcast.net).**

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## Tours

*For more information on tours, call the Sixty Plus office at 415-412-4684 or e-mail Sheila Birmingham, Sheilab507@hotmail.com.*

### **J.P. LEONARD LIBRARY AT SAN FRANCISCO STATE Thursday, Feb. 14, 2013 (Valentine's Day)**

After a four-year expansion and renovation at the cost of \$103 million, the library opened in spring, 2012.

We will meet at 10:15 in front of the library for a docent-led tour, followed by lunch at the wonderful Vista Room (fine dining by aspiring students) at San Francisco State.

Cost: \$20.00. Please pay by the February 4<sup>th</sup> general meeting; no refunds after Contact: Marilyn Swazo, (phone number in roster).

## Arts and Entertainment

Most arts and entertainment institutions are at their annual "midway point," but bargains still abound. S.F. State, CCSF, USF, SF Conservatory of Music, and SF High School of the Arts all still have full agendas of free and nearly free events. Students love to have solid audiences. Productions include classical music and also jazz ensembles, big band and old timey music. In addition these school offer plays, art exhibits, musical comedies and more.

**Presentations:** Don't forget the rich performance and lecture programs at the Jewish Community Center and S.F. Performances or the S.F. lecture program at Herbst Hall.

**Square dancing:** One of the city venerable square dancing clubs will be starting a new season soon. For news about a fun way to get some exercise and meet new friends, contact Deane or Rita Gough: [www.deanegough@aol.com](http://www.deanegough@aol.com).

**Jazz:** Jazz fans alert — San Francisco is about to have the world's first performance facility devoted solely to jazz. This marvelous new structure is about ready to open near Civic Center at 201 Franklin Street. Plans are afoot for Sixty Plus to have a facility tour and concert.

**Overseas tours:** Erwin Kelly will check for people interested in taking the same tour (independently) at the same time as other Sixty Plus members, to form an ad hoc group to share experiences. Interested folks should contact Erwin Kelly in person or at the number listed in the roster.

## HAPPENINGS AROUND TOWN

By Bob Wrisley

**TULIPMANIA**, PIER 39. Free daily walking tours of thousands of tulips. Daily from Sat., Feb 16 to Sun., Feb 24. Tours meet at entrance to Pier 39 at 10:00 a.m. Also sea lion talk by naturalists daily from 11:00 a.m. to 4:00 p.m. at the top of the hour. [www.pier39.com](http://www.pier39.com).

**Russian Festival**, the Russian Center, 2450 Sutter between Divisadero and Broderick. Sat/Sun Feb 23/24 from 11:00 a.m. to 6:00 pm. Entertainment, dancing, music, and food. [www.russiancentersf.com/festival](http://www.russiancentersf.com/festival).

**Conservatory of Flowers, Golden Gate Park.** "The Barbary Coast" through April 14. Model trains pass city landmarks. Miniatures are from recycled materials. Open 10:00 a.m. to 4:30 p.m. (closed Mondays) free first Tuesdays. [www.conservatoryofflowers.org](http://www.conservatoryofflowers.org).

**Pacific Orchid Exposition**, Ft. Mason. Called "America's Finest Orchid Show." From 10:00 a.m. to 5:00 p.m. Fri/Sat/Sun, Feb 22/23/24. Daily seminars. Seniors \$12.00. [www.orchidsanfrancisco.org/poe](http://www.orchidsanfrancisco.org/poe).

**CHINESE NEW YEAR BANQUET**  
**Mar. 4th, Monday, 5:30 p.m.**

The year of the snake will slither in on Feb. 10th, 2013. By tradition, Sixty Plus will have our annual Chinese New year banquet this year on Monday, March 4th, at 5:30 p.m. at the Hong Kong Lounge, 5322 Geary Blvd. between 17th and 18th Ave. Our usual ten-course menu is as follows:

1. Appetizer - BBQ meat platter
2. Dried scallop bisque
3. Sauteed scallop and tender greens
4. Vietnamese style giant prawns
5. Sauteed beef cubes in Maggie Sauce
6. Soy sauce chicken
7. Fresh mushrooms and mustard green in oyster sauce
8. Steamed fresh fish
9. Braised egg noodles
10. Dessert of the day

The 38 Geary local bus stops at 17th Ave. Street parking is fairly easy at or around 5:00 PM. The parking garage on top of the Ross store, between 16th and 17th Avenues, has its entrance on 17th Ave. Cost per person is \$34 including 15% tips, 8-1/2% sales tax, and 4% special SF Health tax.

Please mail your checks, payable to Sixty Plus, to Aida Hom at the address listed in the roster. The deadline for the checks is Feb. 25th. Your check is your reservation. None will be cashed until the week before the banquet. Questions? Call Aida or the Sixty Plus office at 415-412-4684.

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**NOT - QUITE - GOURMET DINING**

**Troya on Fillmore**  
**2125 Fillmore (between California & Sacramento Streets)**  
**Tuesday, February 26th 11:30 a.m.**

This younger sibling of Troya in the Richmond echoes the Turkish cuisine, but with Chef Philip Busacco's light California sensibility. The outstanding menu includes 8 irresistible mezes (small plates), two famed Troya flatbreads, an outstanding burger, two kebabs — juicy marinated lamb or chicken served with bulghur wheat and fresh greens — and a tantalizing dessert selection including a buttery, crisp baklava, baked by the Turkish woman who also creates the fantastic breads. You might finish with a Turkish coffee service or mint tea. Let's relive Istanbul!

The #1 California, the #22 Fillmore, and the #24 Divisadero are Muni options.

**RSVP: Marian Anderson, [marianra@comcast.net](mailto:marianra@comcast.net) or call the number in the roster or the Sixty Plus office: 415-412-4684.**

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## CALENDAR OF COMING EVENTS

February 11	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room, SFSU; presentation starting promptly at 1:15
February 14	Thursday	10:15 a.m.	Tour of J.P. Leonard Library at San Francisco State Meet in front of library. Lunch follows at SFSU Vista Room
February 25	Monday	10:30 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting Program Committee meeting General Program Meeting, Rosa Parks Room, SFSU
February 26	Tuesday	11:30 a.m.	Not-Quite-Gourmet Dining, Troya on Fillmore. 2125 Fillmore, between California and Sacramento Streets
March 4	Monday	5:30 p.m.	Chinese New Year banquet — Hong Kong Lounge, 5322 Geary Blvd. between 17th and 18th Aves.

**NOTE: October 15 – 18, 2013** Annual Trip to Oregon Shakespeare Festival. Call the Sixty Plus office at 415-412-4684 for full itinerary and pricing.

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## SIXTY PLUS 2012 – 2013

### Officers

President	Shelagh Ross
1 <sup>st</sup> Vice President	Margo Moor
2 <sup>nd</sup> Vice President	Karen Gretch
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchoff
Recording Secretary	Alice Keenan
Corresponding Secretary	Barbara Graham
Ex-Officio	Margaret Grant
Past President	Ray Sarakaitis

### Committee Chairs

Arts & Entertainment	Erwin Kelly
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Margaret Grant
Mailing	John Johns
Membership	Christine Malfatti
Communications	Jeanne Glennon
Newsletter — Asst. Editor	Maleta Boatman
Programs	Maleta Boatman
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tours —	Sheila Birmingham (pro tem)

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**Sixty Plus at San Francisco State University**  
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***Sixty Plus Highlights***

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Items for the **December *Highlights*** should be submitted by **November 12**

Send to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)

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