

Sixty Plus at San Francisco State University

Highlights

■ News ■ Programs ■ Classes ■ The Arts ■ Tours ■ Community

SIXTY PLUS

A Program for Lifelong Learning

February, 2016

MONDAY, FEBRUARY 8: THE CALIFORNIA CHORISTERS Dr. Steven Varney

The California Choristers directed by Stephen Varney entertain us with their joyful voices singing familiar tunes — from Broadway shows to songs from the past. They will also share choral music set to poetry with some solos and duets.

The California Choristers is a lively group singing music ranging from show tunes to classical and even pop for the Bay Area for over 70 years! They love singing music from all genres — Bach to Broadway! They are thrilled to be singing for Sixty Plus for the second time and sharing music with our community. The Choristers are under the direction of Steven Varney who leads five Bay Area choral ensembles.



The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Frances Katz**. Sixty Plus members whose last names begin with the letters **Holl – Kel** are requested to bring treats. Please let Frances know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

MONDAY, FEBRUARY 22: THE SFPD CANINE UNIT

This program features the San Francisco Police Department's K-9 Unit — presenting both human and four-legged members of this important police unit.

As early as 1900, the SFPD included a rescue dog that assisted a mounted police officer on his patrols. In the 1930s many district stations had mascot dogs, but not until 1960 was a feasibility study undertaken to determine if establishing a canine unit was possible. In 1962 the Board of Supervisors gave its approval, and the first squad consisted of seven men and seven dogs. Today two K-9 units — one at SFO and the other in the City proper — have four areas of specialization: Tactical/SWAT, Airport, Transportation and Narcotics.



The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Phyllis Abad**. Sixty Plus members whose last names begin with the letters **Ker - Lak** are requested to bring treats. Please let Phyllis know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.



Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

| | | | | | |
|----------------|-------------------|---------------|------------------|----------------|-----------------|
| Feb. 8 | Holl – Kel | Mar 14 | Lan – Mac | Apr. 11 | Mo – Or |
| Feb. 22 | Ker - Lak | Mar 28 | Maf – Mit | Apr. 25 | Oy – Piz |

Phyllis Abad, Hospitality Chair, pabad@earthlink.net

President’s Message – February, 2015

This Spring Semester is filled with exciting events for Sixty Plus: interesting speakers for our program meetings, thanks to Eileen Ward, our Program Chair, and to all the members who have submitted suggestions; fun and educational tours, thanks to our Tour Committee; and opportunities to socialize and make new friends at our program meetings and other events. Of course, each event relies on volunteers to organize and coordinate.

Please think about helping to coordinate an event. Don’t worry if you think you do not have the experience — plenty of seasoned volunteers will gladly give you advice and guidance. Volunteering is fun and a sure way to feel good about participating in our organization and in turn feeling good about yourself. I am looking forward to hearing from you. We need new members to step up and volunteer to participate in the committees. Eileen Ward will continue as our Program Committee Chair. She is open to suggestions for future programs from Sixty Plus members. Simply give her your suggestions. She will do the coordinating.

Many thanks to all of you for helping to keep Sixty Plus up and running — our Vice President, Chris Malfatti; our Treasurer, Terry Kirchhoff; our Recording Secretary, Margaret Grant, filling in for Ray Sarakaitis; our two Corresponding Secretaries, Barbara Graham and Joyce Cassells; Eileen Ward, our Program Committee Chair and Office Coordinator; John Johns, our Mailing Committee Chair; Karen Grech, our Sunshine Committee Chair; Peggy Pol, our Special Events Chair; Erwin Kelly, our Arts and Entertainment Chair; Education Chairs, Richard Chackerian and Richard Soward; Phyllis Abad, Hospitality; Chris Malfatti, Membership; Richard Lewis and Chris Malfatti, Publicity Chairs; Jeanne Glennon, Communications Chair and editor of the Highlights; and to all other members who have so graciously volunteered to keep Sixty Plus the vibrant and alive organization that it is.

Please keep up-to-date by visiting our website: www.sixtyplussf.org.

My best regards,

Margo

Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, mmoor@att.net

Program Notes

To the extent possible, Highlights plans to include a brief summary of recent meetings, especially for those members who cannot attend. These are based on the work of our Corresponding Secretaries, Joyce Cassells and Barbara Graham. – ed.

On Monday, January 11, Dr. Bruce Avery, Professor of Theatre Arts at SFSU gave a lively and informative presentation: “The Old Lie – Poetry in World War I.”

After a gripping account of the monstrous losses in battle during the war, Dr. Avery connected the sense of loss of the old social structures to the abandonment of formal structures in the art that tried to express these losses. He was quite persuasive in demonstrating the impact of the Great War on poetry, in particular. He offered very dramatic quotes from Tennyson, Siegfried Sassoon, Wilfred Owen, and T.S. Eliot.

Even though none of us in Sixty Plus is old enough to have experienced this particular war, our parents or grandparents certainly did; and, of course, we feel indirectly the various impacts of that war (and others) down through the years.

Dr. Avery’s interests seem varied, and we look forward to additional lectures and presentations from him for Sixty Plus in the years to come.

NEW MEMBERS, 2015 – 2016

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we’ll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.



We’ll be looking out for you and hope to welcome you personally.

New member: Barbara Silver

Tour Committee

Oregon Shakespeare Festival October 18 - 20, 2016

Sixty Plus and OLLI at SFSU are sponsoring a four-day/three-night trip to Ashland next October. Included will be motor coach transportation, four theater performances, three-night hotel stay with breakfast, one dinner, and pre-performance seminars.

For a detailed itinerary and costs, call the Sixty Plus office at 415-412-4684.

Arts and Entertainment

All of the basic San Francisco arts and entertainment world is operating at full force: The art galleries, theater groups, dance companies including the SF Ballet, recitals, jazz groups and soloists, cabaret performers, community arts activities, movies current and historic, lecture series, etc., etc., etc. Keeping track of this cornucopia of activities is a daunting task. Of course the internet can be very helpful — but many of us like to run our fingers over listings of the venues and programs, rating them with pen and pencil. This is now an easier task thanks to the San Francisco Chronicle: the paper's new Datebook includes a comprehensive listing of everything imaginable — from classical music concerts to small community festivities. Even more useful is the Thursday Datebook; it provides a complete listing of weekend events in a very accessible format. I strongly recommend that you give the Thursday Datebook a try. I really think you will find it both interesting and useful. \

Erwin Kelly, Chair, Arts and Entertainment

Humanities West

Humanities West, a unique lecture and performance series, is presenting a weekend program on “Shakespeare and Cervantes” on February 26 and 27 at the Marines Memorial Theatre in San Francisco. For information on the weekend, visit the Humanities West website at www.humanitieswest.net.

For ticket information go on to the City Box Office website at Cityboxoffice.com. The discount code for a 10% discount is SIXTY10. You can also use this code by calling City Box Office at 415-392-4400.



OLLI at San Francisco State University

Join the OLLI community of learners!

Membership and Course Information: OLLI offers three levels of membership:

| | | |
|---------------|---------|---|
| Basic: | \$25 | Brown bags, lectures, interest groups, special events, and more |
| Single Course | \$95.00 | Above plus one six-week class |
| Multi-Course | \$550 | Above plus up to 12 courses per year |

Main Campus: Creative Arts Building Room 154
San Francisco State University
1600 Holloway Ave., SF, CA

Downtown Campus: 835 Market Street,
Sixth Floor
San Francisco, CA
94103

Phone: (415) 817-4243 **Email:** olli@sfsu.edu

Chamber music concert by the Alexander String Quartet, special lecture by Peter Susskind, followed by dinner. **Free** to participants in the lecture course and the Chamber Music Intensive. \$25 for general admission and \$15 for Sixty Plus members. Sat., Feb. 13, 6 p.m. Jack Adams Hall.

Sixty Plus at San Francisco State University

Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132

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Items for the March *Highlights* should be submitted by **February 15** to: Jeanne Glennon: jfglennon@comcast.net



sixty plus

Since 1975 – Our Fortieth Year!

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