

Sixty Plus – OLLI at San Francisco State University

Highlights

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SIXTY PLUS – OLLI A Program for Lifelong Learning February, 2018

Monday, Feb. 12: “A Short Overview of American Immigration” **Douglas Kenning, Ph. D., University of Edinburgh, Scotland**

Every American, except Native Americans, descends from folks who came ashore welcomed with hostility by previous arrivals. This talk scans that story from Spanish seeking to exploit “The Land of Flowers;” aggressive English seeking profit; Africans driven here by whips; Germans wishing to be left alone; Irish escaping famine; Sicilians forced here by poverty; Jews fleeing hatred and on and on . . . It is a story with no ending, for America remains the permanently unfinished country.

Douglas Kenning has taught different aspects of Western civilization at universities in Tunisia, Japan, Italy and the U.S. He lives half the year in the Bay Area and half the year in Siracusa, Sicily, where he runs Sicily Tours, leading intellectual and mythically focused tours.



The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. Sixty Plus members whose last names begin with the letters **Gr - Hal** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Monday, Feb. 26: “Scandinavian Crime Thrillers Today” **Jim Kaplan, Professor Emeritus at Minnesota State University, Moorhead, Minnesota**

Dr. Kaplan discusses the Scandinavian crime novels enjoying world-wide popularity and huge successes as books, movies and television shows. Featured in this program will be “Jar City” by Icelandic author Arnaldur Indridason, “Snowman” by Norwegian author Joe Nesbo and “The Girl with the Dragon Tattoo” by Swedish author Stieg Larsson. These crime thrillers enable readers to learn about the real lives of the Scandinavian people today and are an entertaining and exciting introduction to literature and the humanities.



The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. Sixty Plus members whose last names begin with the letters **Hal - Iz** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

New Members, 2017 - 2018

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.



Mary Clare Bennett, Membership chair: marycbennett@gmail.com

President's Message –February, 2018

Welcome to the second semester of SixtyPlus, 2018.

Our first meeting of this new year came with rain and wind. Thirty-two hearty Sixty Plus members braved the elements and enjoyed a wonderful talk about paper conservation by Anisha Gupta, Fine Arts Museum professional. Ms. Gupta was informative and engaging in her presentation of the art of rescuing damaged, paper-based art. In addition to her slide presentation and discussion, our Sixty Plus member Richard Soward brought a copy of a newspaper from the early 1800s that he had professionally conserved using the processes that Ms. Gupta described. This newspaper has been preserved in a plastic laminate material and should last for another 200 years. Thanks, Richard, for bringing your perfect example of paper conservation. I also want to thank Vivian Imperiale for recommending this wonderful and informative speaker. Another Home Run for Vivian!



Erwin Kelly organized another fun trip to the theatre for SixtyPlus. The group that attended a Sunday performance of "Avenue Q" had a great time. Our general meeting happened to be the following day and those who went to the play found lots to talk about with those of us who didn't go.

Even if you are unable to attend the Monday meetings, you can still sign up for any of the Sixty Plus sponsored outings. Be sure to check the Highlights for announcements of Erwin's outings; contact information for Erwin Kelly is listed at the top of the announcements.

Sixty Plus has some great speakers in the pipeline as well as special events planned by the Tour Committee, the Arts and Entertainment committee, and Not-quite-gourmet Dining. Participation will enhance your life and facilitate making connections in our group. Our connection with OLLI has also opened up a lot of possibilities for education and social experiences. I feel very fortunate to be connected to Sixty Plus.

Chris Malfatti, President, Sixty Plus – OLLI at SFSU: 415-585-4811; cmalfatti@sbcglobal.net

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Feb. 13: Gr - Hal	Mar. 14: Ja – Ke	Apr. 10: Lew -- Maz
Feb. 27: Har - Iz	Mar. 28: Ki -- Lev	Apr. 24: Mc -- Na

Arts and Entertainment

For information and/or reservations for all listed events, call Erwin Kelly 415-552-9435.

SF JAZZ Center

Friday, April 20, 7:30 p.m.

Paula West does the folk music of our younger days – the songs of social protest from the pens of Bob Dylan, Simon & Garfunkle, Woody and Arlo Guthrie, and Pete Seeger. The good seats are already almost sold out, but I have reserved fifteen tickets. Better sign up now if this program interests you.



SF Jazz Center: 201 Franklin St. at Fell St.

BART to Civic Center or any MUNI down Market Street or Van Ness Avenue

Tickets: \$45.00 (a significant reduction from individually purchased tickets).

Coming up

“Born Yesterday,” comes to SF Playhouse. The hilarious play about a gangsterly old guy and his young girlfriend. Opens January 27 for a six-week run.

“It’s Only a Play,” Terrence McNally’s hilarious play appears at the easy-to-reach New Conservatory Theater, at Van Ness Avenue and Market Street. March 2 -April 1.

“Angels in America,” the greatly anticipated, starry, new production at Berkeley Rep opens in April and runs at least until June. Tickets should prove difficult to get. Early orders are suggested.



Erwin Kelly, Arts & Entertainment Chair: 4006 – 18th Street, SF, CA 94114; 415-552-9435

Brown Bag Lecture: Through the Art Lens with Lola Fraknoi

February 7, 1:00 p.m. to 2:30 p.m.

How can we engage in music, poetry, story-telling and dance in ways that make all of us feel as if we have talent and creativity? Working artist and teacher Lola Fraknoi describes how retired adults have found fulfillment through crafts from different cultures, how younger and older adults have engaged in art activities, and also how senior adults have set up their own community art galleries.

An art teacher at City College of San Francisco and program director at Senior Housing and Family and Children's Services, Fraknoi also takes her projects to senior centers in the Bay Area. Fraknoi recently designed "Lola's Artkit," a collection of innovative two- and three-dimensional creative activities shown to be remarkably effective for adults with memory loss who have used them to create inspirational and unique pieces in memory care centers and private homes.

SF State Downtown Campus, 835 Market St., Room 677

RSVP suggested: olli@sfsu.edu

Morrison Chamber Music Series - Zéphyros Winds

February 9, 8:00 p.m.

Bringing together five of the finest wind virtuosos of their generation, Zéphyros Winds won both the First and Grand prizes at the 1995 Fischhoff National Chamber Music Competition, becoming the first wind quintet in the competition's 22-year history to do so. Zéphyros made its New York debut at the 2004 Mostly Mozart Festival and has since appeared at the nation's most prestigious concert venues, including The Library of Congress, Wolf Trap, Carnegie's Weill Hall, Dumbarton Oaks, The Baryshnikov Art Center and Lincoln Center's "Great Performers Series."

Tickets available beginning January 19, 2018

SF State University, 1600 Holloway Ave., McKenna Theater in Creative Arts

University OneCard

A Sixty Plus OneCard allows use of the San Francisco State University Library and recreational facilities including programs such as swimming and exercise. Charges for the use of recreational programs are the same as those charged to regular faculty and staff.

Physical education programs and facilities include swimming, strengthening, etc., for an additional charge which varies depending on the program. The Mashouf Wellness Center is a new and exciting state-of-the-art, 118,700 square foot facility, supporting general well-being by providing recreation and wellness programs and activities for the SF State campus. The multi-functionality space offers a little something for everyone to support activities and programs appealing to our diverse student body.

The process for getting the OneCard involves several steps and documents. The Sixty Plus coordinator and Board members are working to simplify this process. Details will be provided as soon as they are available.

Not-quite-gourmet Dining....

Bambino's Ristorante

945 Cole St. between Carl St. & Parnassus Ave.

Tuesday, February 27, 11:30 a.m.

If you're into non-fussy, straight-up Italian food, Bambino's beckons. For the past thirty years, this cozy little neighborhood gem in the heart of Cole Valley has been pleasing hungry crowds with its classic Italian fare. Locals flock to this place for hand-tossed pizza, panini, and pasta — linguini with clams or mussels, fettucine carbonara, buckwheat pappardelle with mushrooms and brown butter, lasagna, and cannelloni — while the carb-averse head for the cioppino, eggplant parmigiana, and chicken marsala. There is something here for everyone. Mangia!

No credit cards

MUNI lines 6 and 43; MUNI Metro L

RSVP Required: Cecilia Lim, cec639sf@att.net, or 415-957-1602



Happy Birthday

Tours

Valentines Luncheon

Wednesday, February 14, 1:00 p.m.

For Valentine's Day the Tour Group sponsors a luncheon at Neiman Marcus Rotunda, 150 Stockton St. at Geary St.

Reservations are limited, so contact Maryann as soon as possible.

Contact: Maryann Swazo, 415-566-7621

Heath Ceramics Factory

Friday, February 23, 2018

Join us for a one-hour tour of the Heath Ceramics Factory in Sausalito where they make their famous dinnerware and vases. We meet at 9:30 a.m. at the front door of the Ferry Building on the Embarcadero for the 10:00 a.m. ferry ride. We transfer to the Golden Gate Transit bus #30 for a short ride to the factory. The tour is free, but bring cash for the ferry and bus trips. After the tour we inspect the show room, then have lunch at a nearby eatery. Space is limited; only six spaces are available for this tour. Please call to check availability and make a reservation.

Contact: Doug Roberts, Tour Committee, 415-681-8845

Upcoming tours with Sixty Plus - OLLI

For a complete itinerary and pricing on these tours, contact Sixty Plus at 415-405-0489

Hearst Castle Tour – May 8 – May 9, 2018

This two-day/one-night trip includes a guided tour of the Hearst Castle, round-trip motor coach transportation to San Simeon, overnight stay at the Cavalier Ocean Front Resort, visit to Carmel and dinner in Cambria.

Oregon Shakespeare Festival – October 16 – 20, 2018

This four-day/three-night trip includes round-trip motor coach transportation to Ashland, Oregon, three nights at the Plaza Inn and Suites, four theater performances, pre-performance seminars, breakfast daily, two lunches and one dinner.



Calendar of Coming Events

February 7	Wednesday	1:00 p.m.	Brown Bag Lecture: Through the Art Lens with Lola Fraknoi SF State Downtown Campus, 835 Market St., Room 677
February 9	Friday	8:00 p.m.	Morrison Series: Zephyros Winds SF State University, 1600 Holloway, McKenna Theater in Creative Arts
February 12	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
February 14	Wednesday	1:00 p.m.	Luncheon: Neiman Marcus Rotunda 150 Stockton St. at Geary St.
February 23	Friday	9:30 a.m.	Heath Ceramics Factory Meet at Ferry Building, Pier 1, Embarcadero
February 26	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
February 27	Tuesday	11:30 a.m.	Bambino's Ristorante 945 Cole St. Between Carl St. and Parnassus Ave.
April 20	Friday	7:30 p.m.	Paula West at SF JAZZ 201 Franklin St. at Fell St.

SIXTY PLUS 2017 — 2018

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Items for the March *Highlights* should be submitted by **February 19** to: Jeanne Glennon: jfglennon@comcast.net



sixty plus

Since 1975

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