

# Sixty Plus at San Francisco State University

## Highlights

■ News ■ Programs ■ Classes ■ The Arts ■ Tours ■ Community

SIXTY PLUS

*A Program for Lifelong Learning*

*March, 2016*

### MONDAY, MARCH 14: POPULAR MUSIC OF THE 20'S THROUGH THE 50'S

#### Mike and Marian Billo, Musical Duo

**Musical entertainment for seniors.** Mike and Marian Billo have been entertaining Bay Area audiences for over 30 years. They sing a blend of standards and swing tunes that invite you to sing along or even get up and dance.

Michael has been a working professional musician for 48 years, playing guitar, harmonica, and assorted other instruments. Marian has had vocal training since childhood.

Together they play music they love. Come and enjoy it with them.



The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Carol Laker**. Sixty Plus members whose last names begin with the letters **Lan - Mac** are requested to bring treats. Please let Carol know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

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**Shuttle Bus Times:** Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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### MONDAY, MARCH 28: THE NEW SAN FRANCISCO

#### Carl Nolte – Author and S F Chronicle Columnist

Carl Nolte is a fourth generation San Franciscan and veteran reporter who writes a column in the Sunday Chronicle called “Native Son.” He’s reported on huge changes in San Francisco and watched the city being transformed. Some people say this new San Francisco is a bad thing—the tech boom and the big influx of new people are destroying the soul of the city we have come to love. On the other hand, the city is in the middle of an unprecedented boom, with unemployment at a new low and property values at a new high.



Is the city at some kind of crossroads? Is this a new golden age, or is the city heading to hell in a hand basket? Nolte will take a look at the good and the bad of the new San Francisco.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Chris Malfatti**. Sixty Plus members whose last names begin with the letters **Maf - Mit** are requested to bring treats. Please let Chris know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

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**Shuttle Bus Times:** Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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## Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

<b>Mar 14 Lan – Mac</b>	<b>Apr. 11 Mo – Or</b>	<b>May 9 Pol - Roo</b>
<b>Mar 28 Maf – Mit</b>	<b>Apr. 25 Oy – Piz</b>	

**Phyllis Abad, Hospitality Chair, [pabad@earthlink.net](mailto:pabad@earthlink.net)**

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## President's Message – March, 2016

Spring is right around the corner. My garden tells me that. The peach tree is filled with pink blossoms and the leaves are right behind. Little white blossoms are opening to the sun with leaves following as the apricot tree bursts into full bloom welcoming Spring.

The California Choristers directed by Stephen Varney entertained Sixty Plus members at our Monday, February 8th meeting. Their songs, from Broadway shows to songs from the past, stirred up memories of love and romance. It was a very joyful occasion for us. Thank you, Frances Katz, the Hospitality hostess of the meeting, for a lovely decorated table and to all who brought goodies to share. Thank you, Phyllis Abad, our Hospitality Chair, for all your good work.

Next semester will bring with it some changes in rotation of our leadership. Chris Malfatti will be moving up to President vacating the Vice-president position. Margaret Grant will be stepping down from her position as Recording Secretary.

As of now I have three volunteers for the Nominating Committee. Thank you to Helen Jarkovsky, Peggy Pol, and Gloria Goss for volunteering. I need two more volunteers to complete the committee. Please step up to be part of this committee. The Nominating Committee functions to nominate your officers when positions are needed to be filled for the following semester. I am sure a few members would like to be officers but need to be asked. If you are interested in being a part of the Nominating Committee or interested in becoming an officer, please contact me, any of the three on this committee, or any one of the officers. We need new and seasoned members to participate. All of you are needed to keep Sixty Plus up and running.

Changes are coming to certain Committee Chairs. The committee chair positions need to be filled. I will be asking members to step up and volunteer. Phyllis Abad will step down from her position as Hospitality Chair, Chris Malfatti will step down from Membership Chair, and Eileen Ward is looking for a member to take over Program Chair. Members are also needed for the Program Committee. As I have said before, Eileen Ward manages the details of Programs, but greatly needs suggestions for new programs from the members.

Please keep up-to-date by visiting our website: [www.sixtyplussf.org](http://www.sixtyplussf.org).

Margo

**Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, [mmoor@att.net](mailto:mmoor@att.net)**

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**Berkeley Art Museum and Pacific Film Archive**  
Saturday, April 2, 2016

Join us for a day of fine art and great film-making at the new, recently opened museum, 2155 Center Street in Berkeley. Take the BART Richmond line on your own to the Downtown Berkeley exit. After arriving at street level, you will find the BAMPFA building only one block away.

Meet in the lobby at 12:30 p.m. for ticket distribution; break up for lunch on our own at one of the nearby eateries; then reassemble for a docent tour of the building at 2:00 p.m. guided by an architecture major from the university.

We will then join the audience in the theater for a 3:30 p.m. presentation of famed Japanese animator Hayao Miyazaki's delightful animated feature *Kiki's Delivery Service*. According to the advance program, "When a witch turns thirteen, she must leave home for a year of training, so young Kiki takes off with her mother's broom, her father's radio, and her own black cat, the sardonic Jiji." Miyazaki's two most recent films, *The Wind Rises* and *The Tale of Princess Kaguya*, have both played in San Francisco within the last several years to excellent reviews. His Ghibli Studio, outside Tokyo, produces the last of the fine animated features drawn by human hands, not created by technology.

To reserve your space, call 415-681-8845, and leave a message with your name, telephone number, and the names of any others going with you. Your name will be added to the manifest. At present, we have space for **20** members and guests. The charge for admission to the galleries, the guided tour, and the motion picture is only \$10 per person.

After I confirm your request by phone, please send a check in that amount made out to Sixty-Plus, and mail it to Doug Roberts, 2670 19th Avenue, San Francisco 94116.

**Oregon Shakespeare Festival**  
October 18 — 21, 2016

Sixty Plus and OLLI at SFSU are sponsoring a four-day/three-night trip to Ashland next October. Included will be motor coach transportation, four theater performances, three-night hotel stay with breakfast, one dinner, and pre-performance seminars.

For a detailed itinerary and costs, call the Sixty Plus office at 415-412-4684.

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## Not-quite-gourmet Dining

**Belga**

**2000 Union St. (@ Buchanan St.)**

**Tuesday, March 29, 11:30 a.m.**

**Belgian cuisine with German and French influences is featured at this casual Cow Hollow brasserie, where you will find classic Belgian dishes like wood-fired sausages and mussels and frites, as well as brandade croquettes and salad Lyonnaise with ham hock, frisee, and savoy cabbage. Also on the menu are roast beef sandwich, grilled trout, pappardelle with braised short ribs, and steak au poivre.**

**No credit cards.**

**Muni lines #22 and #45**

**RSVP: Cecilia Lim, [cec639sf@att.net](mailto:cec639sf@att.net) or call 415-957-1602**

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## OLLI at San Francisco State University

***Join the OLLI community of learners!***

**Senior Writers' Workshop** – A new activity to encourage creative writing – is open to all Sixty Plus and OLLI members. Engage in discussions with current writers about the craft, share your current work, and respond to provocative writers' prompts. If there is enough interest, the workshop will break into small critique/support groups.

The workshop will be coordinated by Mike Lambert, an OLLI member and self-published novel writer. Email Mike with any questions: [mllambert@att.net](mailto:mllambert@att.net)

Next meeting: Wednesday, March 16, 12:30 p.m. to 2:30 p.m. Room 255, Creative Arts Building.

**Main Campus: Creative Arts Building Room 154  
San Francisco State University  
1600 Holloway Ave., SF, CA**

**Downtown Campus: 835 Market Street,  
Sixth Floor  
San Francisco, CA  
94103**

**Phone: 415-817-4243**

**Email: [olli@sfsu.edu](mailto:olli@sfsu.edu)**

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**Join Us for Our Served Spring Luncheon**

Monday, May 23rd, 2016, 12:00 noon to 3:00 P.m.  
\$35.00 prepaid (guests welcome)  
Seven Hills Conference Center, SFSU



Happy Hour — Sit-Down Lunch — Entertainment — Prizes

**Menu**  
Chicken Soup

**Choice of:**

SUNDRIED TOMATO-CRUSTED CHICKEN BREAST  
with glazed carrots and mashed potatoes

BLACKENED COD with SALSA VERDE  
with glazed carrots and mashed potatoes

WILD MUSHROOM RAVIOLI with ALFREDO SAUCE  
rolls, butter, wine, coffee, and tea

Dessert: Cheesecake

Shuttle bus from Lake Merced parking lot at 11:45 a.m.; return at 3:00 p.m.

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Sign up at a meeting or send a check made out to Sixty Plus for \$35.00 per person, indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: May 16th.

> Chicken \_\_\_\_\_ Name(s) \_\_\_\_\_  
> Fish \_\_\_\_\_ Name(s) \_\_\_\_\_  
> Ravioli \_\_\_\_\_ Name(s) \_\_\_\_\_

Give or send your check (made out to Sixty Plus) to:  
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation by calling (415) 338-2472.



## CALENDAR OF COMING EVENTS

March 14	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
March 28	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
March 29	Tuesday	11:30 a.m.	Not-quite-gourmet Lunch Belga, 2000 Union Street at Buchanan Street, SF
April 2	Saturday	12:30 p.m.	Berkeley Art Museum and Pacific Film Archive 2155 Center Street, Berkeley BART Richmond line to the Downtown Berkeley exit
May 23	Monday	12:00	Spring Luncheon Seven Hills Conference Center, SFSU Campus
October 18 — 20		TBD	Oregon Shakespeare Festival, Ashland, Oregon

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## SIXTY PLUS 2015 — 2016

### Officers

President	Margo Moor
Vice President	Christine Malfatti
Treasurer	Terry Kirchhoff
Recording Secretary	Margaret Grant - pro tem
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

### Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Eileen Ward – pro tem
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

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## **Sixty Plus at San Francisco State University**

**Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132**

**Website: [www.sixtyplussf.org](http://www.sixtyplussf.org) \* Telephone: 415-412-4684 \* email: [sixty@sfsu.edu](mailto:sixty@sfsu.edu)**

### ***Sixty Plus Highlights***

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**Distribution Manager:** John Johns \* **Managing Editor:** Eileen Ward

Items for the April *Highlights* should be submitted by **March 21** to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)



***Since 1975 – Our Fortieth Year!***

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