

Sixty Plus – OLLI at San Francisco State University

Highlights

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SIXTY PLUS – OLLI: A Program for Lifelong Learning, March, 2017

MONDAY, MARCH 13: "LIFE WITH FIRE - EVOLUTION AND ECOLOGY OF MANZANITAS"

Tom Parker, Professor of Biology, SFSU

Manzanitas are the classic plant representative of California, even more than the redwoods. They are the most diverse woody group in Western North America - with 96 different varieties in the state. They are common on the coast and coastal mountains as well as throughout the Sierras. The reason for their diversity lies in their relationship to fire and how they survive fire.

Dr. Parker has been at SFSU since 1980. His research concerns community and evolutionary ecology. He has published over 100 papers and book chapters on topics related to this ecology.



The meeting will be held in the **Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Sixty Plus members whose last names begin with the letters **Ja -- Ke** are requested to bring treats. If you are not attending make sure you contribute or arrange to have someone bring something for you.

MONDAY, MARCH 27: "COVERING YOUR HOMETOWN IN THE NEWS"

Joe Rodriguez, Columnist, San Francisco Examiner

San Francisco is a big city that, really, is also a small town. This mantra is repeated many times for this hometown reporter. Joe Fitzgerald Rodriguez gives a look inside a columnist and news reporter's methods of news-gathering in his hometown by the bay, where old school friends, political scandal and neighborhood rights intertwine.

Born and raised in San Francisco, Joe Fitzgerald Rodriguez was the last staff writer at the former San Francisco Bay Guardian. Now he writes the S.F. Examiner's political column, "On Guard," where he has a delightfully good time outing the dirty laundry of politicians in power and giving voice to the ornery progressive left. As transportation beat reporter he covers pedestrians, Muni, BART, bikes, and anything with wheels.



The meeting will be held in the **Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Sixty Plus members whose last names begin with the letters **Ki -- Lev** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

President's Message – March, 2017

It's too early to tell if March will come in like a lion or a lamb, but we know that February has been Wet and Wild. If anybody is still praying for rain, you can stop now, please. I'm always glad that San Francisco is relatively safe from floods, mudslides and road closures.

I want to remind all Sixty Plus members that our organization runs on member participation. The various committees under the Board of Directors provide important contributions that benefit the entire membership. When I joined Sixty Plus, the first thing I did was sign up for the Membership Committee because I thought it would be a great way to meet everyone.



That committee underwent changes nearly every year, until I was running it by myself. I am happy to say that the Membership committee is now fully functional, chaired by Mary Clare Bennett. She has brought quite a few people onto her committee and they are active and committed.

The Communication committee is chaired by Jeanne Glennon. She edits the *Highlights* which is our means of communicating with all Sixty Plus members, including those unable to attend the on-campus meetings. Joyce Cassells is helpful on the committee, though she is unable to attend meetings. We are grateful for her assistance. Jeanne welcomes interesting articles from members.

The Publicity Committee is the combined effort of Jeanne Glennon, Richard Lewis and me. We develop flyers and advertisements to increase membership. We welcome more members, especially anyone with art, advertising or publicity experience.

The Tour Committee is very important and needs some new members. Sheila Birmingham, Doug Roberts and Maryann Swazo have been faithfully organizing interesting tours both in the City and out of town. More committee participants would mean increased outings could be planned.

The Education committee is made up of Richard Chackarian, Richard Soward and Shelagh Ross. This committee has been active in managing our scholarship program, bringing educational programs to our group and combining Sixty Plus goals with OLLI. New members are always welcome.

Several more committees need to increase their members. Please contact the committee chairs as listed on page 7 of every *Highlights* for more information.

Chris Malfatti, President, Sixty Plus at OLLI-SFSU; 415-585-4811; cmalfatti@sbcglobal.net

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Mar. 13: Ja -- Ke	Apr. 10: Lew -- Maz	May 8: Ne -- Oz
Mar. 27: Ki -- Lev	Apr. 24: Mc -- Na	May 27: Pa -- Py

Membership

NEW MEMBERS, 2016 - 2017

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.



Welcome!

Elisabeth De Saussay

George and Mary Suter

Robert Switzer

Mary Clare Bennett: marycbennett@gmail.com

Arts & Entertainment

Theater

"Roman Holiday"

Wednesday, May 24 - 2:00 p.m.

Golden Gate Theater, 1 Taylor Street at Market Street,
San Francisco

Available tickets are in the loge - \$80 per ticket. *Note:* no elevator at this theater.



This pre-Broadway premiere is based on the classic Academy Award-winning film featuring such unforgettable Cole Porter songs as "Night and Day," and "Easy to Love."

Please call or email the Sixty Plus office by March 2nd if you are interested. We need a minimum of 15 people.

"The Roommate"

Sunday, June 4th - 2:00 p.m.

San Francisco Playhouse, 450 Post St, San Francisco, CA



This Bay Area premiere is the story of Sharon, from Iowa, and Robyn, a Bronx-born vegan. Both women are in their 50s - dealing with the challenges of aging. They remind us that second chances are possible and transformation can grow beneath peals of uproarious laughter.

\$45 per ticket, orchestra. Please send a check to Sixty Plus no later than May 10th. We need a minimum of 10 people.

Spring Session II: Monday, April 3, 2017 to Friday, May 12, 2017

Courses include:

Film Noir: In the Warner Bros Style! (1940 - 1949) - *Elliot Lavine*

To End All Wars: The Crisis of the Interwar Period, 1919-1941 - *Dayna Barnes*

The Aesthetic Atmosphere - *Stanley David Gedzelman*

Extrajudicial Influences of Justice and the Court of Public Opinion - *Greg Woods*

Telling Your Story On Stage: A Workshop in Solo performance - *Roberta D'Alois*

Bay Area Documentary Filmmakers - *Michael Fox*

Hidden History Hikes - *Peter Tannen*

The Roman Empire: Civil Society Becomes Multicultural - *ouglas Kenning*

Glamorous Depravity: A History of San Francisco Crime - *Paul Drexler*

Brain Development, Plasticity and Learning - *Natalia Caporale*

Wandering the Archives, Part II: A Creative Writing Workshop - *Sarah Broderick*

Basic Drawing – *Beryl Landau*

SHARE OUR PROGRAM WITH OTHERS!

Your personal invitation to OLLI is the most powerful draw for others to try what is difficult to conceive without experiencing it. Watch this space for suggestions of easy ways you can do this.

Please share, comment on and like our info on Facebook <https://www.facebook.com/ollisfstate> and follow/retweet with us on Twitter: <https://twitter.com/ollisfstate>

Arts and Entertainment

Oregon Shakespeare Festival
October 17 – 21, 2017

Tour includes round-trip motor coach from San Francisco, 3 nights at the Plaza Inn & Suites, 4 performances plus one optional, breakfast daily, one dinner and pre-performance discussions. To receive a flyer with the itinerary, plays and cost, please contact the Sixty Plus office: 415-412-4684.



Tour Committee

Performing Arts Center

Monday, March 20, 10:30 a.m.

Join us at the Grove Street box office of Davies Symphony Hall for a more than one-hour “front of the house” tour of the performing arts buildings at Civic Center. Get to know the history of each building from the point of view of the audience: Symphony Hall, the Opera House, and Herbst Theater. Tickets are \$5, at the senior rate, and space on the tour is limited. Call Doug at 415 681 8845, and leave a message with your name, phone number, and number of tickets requested. I will return the call.

Half Moon Bay Lunch and Sweet Farm

Wednesday, May 17

Lake Merced pickup: 10:00 a.m.; San Francisco State pickup: 10:15 a.m.

We first have lunch at Sam's Chowder House, then visit Sweet Farm, an animal sanctuary and vegetable farm located in Half Moon Bay. The tour consists of a chance to see the various rescues (sheep, goats, chickens, stallions, cows) and to interact with some of them. We can learn about each of their stories as well as about ongoing activities and goals of Sweet Farm in the coming years. Given this time of year, some sweet peas and zinnias should be onsite, coming into bloom and available for guests to purchase to support the animal and agricultural program. Sweet Farm is developing for at-risk youth and young adults.

If interested, please contact Sheila Birmingham at Sheilab507@hotmail.com. Cost: \$40 (bus and tour). Lunch is separate. Make checks out to Sixty Plus. Dress casual. No high heel sneakers.

Not-quite-gourmet Dining: Palm House

2032 Union St. (bet. Webster & Buchanan Sts.)

Tuesday, March 28, 11:30 a.m.

Put on your aloha shirt (hula skirts not recommended) and head out to this tropical themed eatery, featuring island-inspired fare. Here familiar staples take on tropical trappings, such as tacos filled with jerk chicken, braised roast chuck, or blackened fish. The rice plates exhibit a similar island-y bent, with choices such as Hawaiian sticky rice with wakame, radish sprout and tuna poke or Kalua pork; or basmati rice with jalapeno, spiced peanut, red curry, coconut, jicama and Baja fish or jerk chicken breast; or Cuban-style black beans and rice with Kalua pork and jerk chicken. If that doesn't float your raft, there's a fried chicken sandwich with chipotle-mango sauce. Cash only.

MUNI lines #22 and 45

RSVP required: Cecilia Lim, cec639sf@att.net or call 415-957-1602

Diane Ringel

by: Richard Lewis

Born in Hamilton, Ohio, and having lived in St. Thomas, Virgin Islands, Sixty Plus member Diane Ringel, 69, said nevertheless: "I always felt I belonged in California."

Her first serious taste of the state came after she took her finals at Ohio State and moved to Los Angeles as one of the first women to be hired in the pharmaceutical industry. She was involved in early efforts to fight AIDS before the disease was properly understood.



She also worked on new uses for drugs in two areas: infectious diseases and cancers. Her team made an important breakthrough by producing a cure for bone cancer in young people.

Diane likes exploring new places. After taking early retirement, she sold her house in Los Angeles and moved to St. Thomas. "It was a good life," she said. "I loved the weather and was very active in the synagogue, the second oldest in the Western hemisphere. But after a while I became acutely aware of how lonely my father and his friends were who had moved to Florida for the weather. Being near family becomes more important as you age."

Because her two sons live in San Francisco, Ringel purchased a 110-year-old Victorian in the South of Market area. Then she moved on in a new task: to find new friends.

On a visit to her father she and he took an adult education class in Russian opera. "The class was great," she said. "When I moved to San Francisco and saw an ad for OLLI at San Francisco State, I immediately registered. I take two classes a session."

Diane approached OLLI director Sandra Halladey with plans for a San Francisco Adventures interest group. "I pick places that are free and that people don't generally know about," she said. Twenty-five members took part in the group's tour of KQED, one of her interests.

Diane joined Sixty Plus this year because of our impressive lectures, activities and lunches. She also loves travel, the arts, theater and music including jazz.

She has raised six children in California. Her current state is good: "I am happier than ever before in my life."



CALENDAR OF COMING EVENTS

March 13	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
March 15	Wednesday	10:00 a.m.	New Century Chamber Orchestra, Chanticleer Kanbar Center, 44 Page Street, Between Gough & Franklin
March 20	Monday	10:30 a.m.	Performing Arts Center tour Davies Symphony Hall, Grove St. at VanNess Avenue
March 27	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
March 28	Tuesday	11:30 a.m.	Not-quite-gourmet Dining: Palm House 2032 Union St, between Webster and Buchanan Streets
May 17	Wednesday	10:00 a.m.	Half Moon Bay and Sweet Farm Pick up Merced lot 10:00; SF State 10:15
May 24	Wednesday	2:00 p.m.	“Roman Holiday,” Golden Gate Theater 1 Taylor Street at Market Street, San Francisco
June 4 th	Sunday	2:00 p.m.	“The Roommate,” San Francisco Playhouse 450 Post St, San Francisco
October 17 – 21			Oregon Shakespeare Festival, Ashland, Oregon

SIXTY PLUS – OLLI 2016 – 2017

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Tour	Sheila Birmingham

Sixty Plus at San Francisco State University

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Sixty Plus Highlights

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Items for the March *Highlights* should be submitted by **February 20** to: Jeanne Glennon: jfglennon@comcast.net



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