

# Sixty Plus at San Francisco State University

## Highlights

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SIXTY PLUS

A Program for Lifelong Learning

April, 2015

MONDAY, APRIL 13\*

### “A Panama Adventure” – Allan Ridley and Helen McKenna Ridley

“Panama offers exceptional birdwatching opportunities within a relatively small geographical area. . .” So read the article that first piqued the interest of Allan and Helen Ridley. As you will see in their presentation, they put together an itinerary that provided not only excellent birding and natural history viewing but also a window into the American presence in the development and operation of the Panama Canal.

The Ridleys are retired educators, and together they have traveled widely and led trips to Costa Rica, Ecuador, New Zealand and Australia. Sixty Plus members will enjoy sharing another of their beautiful travel adventures.



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Kathy FitzPatrick**. Sixty Plus members whose last names begin with the letters **Mo – Ol** are requested to bring treats. Please let Kathy know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

MONDAY, APRIL 27\*

### “We Kept Our Towns Going: An Oral History of the Gossard Girls” – Phyllis Wong, First Lady, SFSU

Amid a rich history tied to mineral extraction and logging in Northern Michigan lies a fascinating story on the impact of women’s labor in sustaining small towns. For almost sixty years, hundreds of undergarment workers (primarily women) kept their families and communities going through a depression, a world war, and mining strikes. Their stories enrich the conversation about the history of women and the women’s movement.

In 2012, Mrs. Phyllis Wong became one of the proudest advocates of SFSU when President Wong was appointed the 13<sup>th</sup> President of SFSU. She works to support the university by participating in student life in a variety of ways and also promotes student and faculty engagement in the broader community.



The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Mary Clare Bennett**. Sixty Plus members whose last names begin with the letters **Or - Pi** are requested to bring treats. Please let Mary Claire know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

**Shuttle Bus Times:** Pick-up time for each meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

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**President's Message – April, 2015**

Spring begins, Friday, March 20th. My garden is blooming. The rose bushes are filled with buds, the bees are visiting my peach tree blossoms, and the birds are fluttering about the birdbath. It is a heavenly place.

Our Sixty Plus organization is humming along smoothly. All our Board positions are filled with one exception. Alice Keenan, our Program Chair, will be ending her service at the end of this semester. I encourage members to seriously think about volunteering. Our programs are the focus of our meetings. Please consider this.



Our tour to the Asian Art Museum could not have been nicer. Maryann Swazo planned every detail of the event, which made for a very pleasant day. After our docent-led tour, we walked over to the Bistro 10 UN, an international culinary academy, to be pleasantly presented a wonderful gourmet lunch. The lunch was delicious, the portions were very generous, and the servers were very attentive and polite.

Please contact Karen Grech, our Sunshine Coordinator, if you know of any member in need of a greeting card.

Our Spring Luncheon is just around the corner. It is a pleasant time to visit with your friends and maybe make one or two new friends.

I am looking forward to seeing you at our next Program Meeting. Until then, please stay well and happy.

Best regards,

**Margo Moor, President, Sixty Plus at San Francisco State University, 415-205-9350, [m Moor@att.net](mailto:m Moor@att.net)**



**Hospitality Committee**

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

<b>Apr. 13</b>	<b>Mo – Ol</b>	<b>May 11</b>	<b>Po-Roo</b>	<b>June 8</b>	<b>Ros - Sei</b>
<b>Apr. 27</b>	<b>Or - Pi</b>			<b>June 29</b>	<b>Sey - Sy</b>

**Phyllis Abad, [pabad@earthlink.net](mailto:pabad@earthlink.net)**



## NEW MEMBERS, 2015

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

Loretta Yurkov

Juanita Cunningham



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### Not-quite-gourmet Dining

**Pane e Vino Trattoria**

**1715 Union Street (at Gough St.)**

**Tuesday, April 28, 5:30 p.m.**

You won't find foams, sponges, or gelees adorning your plates at this establishment that serves up traditional Italian fare. On its menu are the usual suspects: pizza, pasta, and more muscular choices like veal scaloppini, lamb chops, and rib eye steaks—all done to palate-pleasing perfection.

MUNI: 22 Fillmore or 45 Stockton-Union

RSVP: Cecilia Lim, [cec639sf@att.net](mailto:cec639sf@att.net) or call 415-957-1602

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## Getting to Know You

### Evelyn and Barry Adler

By Richard Lewis

**Barry Adler** was born in New York City. He graduated from the University of Dubuque with a degree in chemistry and biology. He served in the Army with duty in Virginia and Thule, Greenland.

Barry relocated to San Francisco in 1956 and began his career here. He and Evelyn Miller married in 1960, and he moved his career to the paint and coatings industry that same year. Evelyn and Barry have been married 55 years as of February 14, 2015.

Barry has participated actively in the paint and plastics industry trade and technical organizations. He was Golden Gate Society President in 1963-64, Golden Gate Paint & Coatings President in 1968, National Program Chairman for The Federation and chairman of the WCS Symposium in 1968 and 1972. He has acted as a meeting and convention planner for more than 30 years.

He is an active supporter of Elderhostel, both as a participant and onsite host. Barry is a volunteer with The Jewish Family & Children's Service, trained to teach a course in "Coping with Chronic Conditions" and a television and radio pledge volunteer with KQED. He is a KQED docent and director of docent activities. Barry was one of the winners of the KQED Volunteer of the Year awards in 1999.

Barry and Evelyn were awarded the FAMMY award by the Jewish Children's and Family Service, "In appreciation of Extraordinary Caring and Dedicated Community Service." They were also awarded A MetLife Foundation Community Champion Award and in 2005 they were awarded a President's Points of Light Award for Community Service.



**Evelyn Miller Adler** was born in Seattle Washington. She writes: "In 1945 we moved to Richmond CA, opening a family retail store.

"The following year I moved into San Francisco to the Emanuel Residence Club for Women while attending San Francisco State College, earning a degree in Social work. The same year I graduated, 1960, I married Barry and set up housekeeping. We have two daughters and four grandchildren - all the loves of our lives.

"The job that best suited me was as coordinator of a Kosher Senior lunch program. That was like having 100 relatives to lunch every day!

"Then on to retirement and as many volunteer jobs as I could arrange. I volunteered at Mt. Zion hospital in pediatrics, Jewish Family Service, KQED, Elderhostel, and Kaiser Permanente, knitting baby caps one day and manning the information desk another day.

"As we aged we found Sixty Plus was the perfect answer to social activities that fit our need for companionship and lectures. And so we joined up and are enjoying everything we have done."

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# Served Spring Luncheon

Monday, May 18th, 2015, Noon to 3:00 P.M.

\$35.00 prepaid (guests welcome)  
Seven Hills Conference Center, SFSU

*Happy Hour*                      *Sit-Down Lunch*                      *Entertainment*                      *Prizes*

## Menu

Caesar Salad

Choice of:

Oven Roasted Halibut with a beet and lemon compote

or

Sliced Tri Tip of Beef with braised onions and wild mushrooms

or

Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Traditional New York cheesecake

Shuttle bus from Lake Merced parking lot at 11:45 a.m.; return at 3:00 p.m.

Sign up at a meeting or send a check made out to Sixty Plus,  
indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: May 12th.

Halibut      \_\_\_\_\_ Name(s) \_\_\_\_\_

Beef      \_\_\_\_\_ Name(s) \_\_\_\_\_

Vegetarian      \_\_\_\_\_ Name(s) \_\_\_\_\_

Give or send your check (made out to Sixty Plus) to:  
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation with Peggy.

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## Arts and Entertainment

### **"MATILDA"** **Orpheum Theatre**

Winner of numerous awards and performing to sold-out audiences in New York and London, "Matilda" is a stage musical based on the beloved children's novel by Roald Dahl. The musical's narrative centers on Matilda, a precocious 5-year-old girl who loves reading, overcomes obstacles, and helps her teacher to reclaim her life.



Wednesday, August 12, 2015

2:00 p.m. Matinee

Tickets: \$75 — Orchestra; \$65 — Mezzanine — *Note:* no elevator

**A few tickets are still available;** deposit: \$25

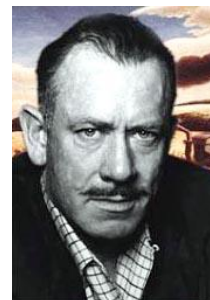
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## Tour Committee

### **NATIONAL STEINBECK CENTER**

**Tuesday, April 14, 2015**

Please join us for a day centered on the life and letters of John Steinbeck, the Bay Area's own winner of the Nobel Prize for Literature. The day features lunch at the Steinbeck House in Salinas, his birthplace, and a docent tour of parts of the building. From there, we go two blocks to the National Steinbeck Center for a one-hour docent tour of the building, its exhibits and contents.



The cost is \$70 per person. We leave from the Lake Merced parking lot at 8:45 a.m. and pick up others at 19th and Holloway at 9:00 a.m.

Call Doug Roberts of the Tour Committee for reservations at 1 415 681 8845. After confirmation, please make out the check to *Sixty-Plus*, and mail it to 2670 19th Avenue, San Francisco 94116.

### **UPCOMING TOUR: PASO ROBLES AND SAN SIMEON** **Overnight trip to Hearst Castle**

**September 15 and 16, 2015**

This overnight trip includes motor coach transportation, one-night stay at the Cavalier Hotel in San Simeon, visit to Paso Robles, Hearst Castle Tour, and dinner in Cambria. Cost is approximately \$325 per person/double occupancy. For a detailed itinerary and payment information, call or email the Sixty Plus office at 415-412-4684 or [sixty@sfsu.edu](mailto:sixty@sfsu.edu).

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## CALENDAR OF COMING EVENTS

April 13	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 14	Tuesday	8:45 a.m. 9:00 a.m.	National Steinbeck Center Tour Pick-up at Sunset Boulevard Pick-up at 19 <sup>th</sup> & Holloway
April 27	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 28	Tuesday	11:30 a.m.	Not-quite-gourmet Dining Pane e Vino Trattoria, 1715 Union Street (at Gough)
May 17	Sunday	4:00 p.m.	SF Jazz Center, 201 Franklin Street
May 18	Monday	12:00 p.m.	Spring Luncheon Seven Hills Conference Center, SFSU
August 12	Wednesday	2:00 p.m.	“Matilda,” Orpheum Theater 1192 Market Street, San Francisco, CA 94102
Sept 15 – 16	Tues – Wed	TBD	Overnight tour to Paso Robles and San Simeon

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## SIXTY PLUS 2014 — 2015

### Officers

President	Margo Moor
Vice President	Christine Malfatti
Treasurer	Terry Kirchoff
Recording Secretary	Ray Sarakaitis
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

### Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Alice Keenan
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

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**Sixty Plus at San Francisco State University**  
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**Sixty Plus Highlights**

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Items for the **May Highlights** should be submitted by **April 20** to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)



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