

Sixty Plus at San Francisco State University

Highlights

■ News ■ Programs ■ Classes ■ The Arts ■ Tours ■ Community

SIXTY PLUS

A Program for Lifelong Learning

April, 2016

MONDAY, APRIL 11: "A LOVE AFFAIR WITH THE AIR" Gail Turner Bauer, "The Pink Baroness"

As the first woman to build and fly her own airplane across the United States in 1977, Gail now inspires others to build their own success. Gail will share with us her adventure in building two very different airplanes and flying them to the International Fly in Oshkosh, Wisconsin. The second trip, in 1985, saw a family of three generations flying together, including Willie, her son at age 19, his Texas Grandmother, and Gail, a school teacher. This became a new way to bridge the generation gap as Gail's two grandsons are now pilots, and she looks forward to repeating the cross-country flight with the grandsons being the pilots in command.



Gail has been recognized by Success Builder International and she shares her knowledge with hundreds of professionals and youth through her charismatic presentations and seminars.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Cecile Neuebaumer**. Sixty Plus members whose last names begin with the letters **Mo – Or** are requested to bring treats. Please let Cecile know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

MONDAY, APRIL 25: "POLITICS IN 2016" John Rothmann, Author, Political Lecturer and Talk Show Host

John Rothmann, a fourth generation San Franciscan, is a frequent lecturer on American politics and the Presidency. He has spoken at over 150 campuses in the United States, Canada, and Israel. He has been involved in many political campaigns on the national, state, and local levels – including Richard Nixon's in 1968 as a young man.



In this very "interesting" election year, John is certain to offer his special insight into the current political scene.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center**, at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Gloria Pizzinelli**. Sixty Plus members whose last names begin with the letters **Oy – Piz** are requested to bring treats. Please let Gloria know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for the meeting is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Apr. 11	Mo – Or	May 9	Pol - Roo	June 13	Ros - Sey
Apr. 25	Oy – Piz	Spring Luncheon		June 27	Sha-Stev

Phyllis Abad, Hospitality Chair, pabad@earthlink.net

President's Message – April, 2016

The members of the 2016-2017 Nominating Committee are Helen Jarkovsky, Gloria Goss, Peggy Pol, Richard Soward, and Jeanne Glennon. One elected officer's term expires in June, 2016 – Vice President. Please contact a member of the Nominating Committee if you are interested in learning more about this open position. Thank you to all who have graciously volunteered to be on this very important committee.

As of the coming semester, we will need volunteers for the chair of the Hospitality Committee and the Membership committee. Thank you to Chris Malfatti and Phyllis Abad for your exemplary work. Members are encouraged to please step up to fill these positions as both are needed to guarantee that Sixty Plus continues to be up and running. Chris and Phyllis will be happy to guide you through the details.

The annual Sixty Plus Spring Luncheon will be held on May 23 at the Seven Hills Conference Center, SFSU. The event is being coordinated by Peggy Pol. Details and a sign-up form are in this *Highlights* on Page 6. The luncheon is always a festive event with good food, fellowship, entertainment, and prizes.

Christina Johns has fallen which resulted in a fracture of her ankle. Christina is an active Sixty Plus member always sharing her homemade sweet things with us. Please hold her in your healing thoughts for a speedy recovery. Falls can happen in a moment. Be careful and slow down.

Karen Grech is our Sunshine Coordinator for Sixty Plus. Please call or e-mail Karen if you know of anyone in Sixty Plus who is need of a note of congratulations, get-well, or sympathy. Karen Grech can be reached at 415-775-1822 or grechkaren@yahoo.com.

Wishing all the members of Sixty Plus and your families a happy and healthy Spring Season. I hope to see all of you at our Spring Luncheon. Stay well.

Please keep up-to-date by visiting our website: www.sixtyplussf.org.

Margo

Margo Moor, President, Sixty Plus at SF State University, 415-205-9350, mmoor@att.net

Membership

NEW MEMBERS, 2015 - 2016

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.



New members: Esther Suen
Anne Burgoyne
Catherine Accardi

Arts and Entertainment

Coming Attraction

San Francisco Playhouse presents the musical comedy “City of Angels,” and Sixty Plus is reserving group tickets. “City of Angels” is an homage to the film noir genre of motion pictures that rose to prominence in the 1940s.



Sunday, July 31, 2:00 p.m.; 450 Post St, San Francisco, CA 94102
\$52 – Orchestra; \$35 – Mezzanine; payment due by June 30

Elevator available

Nominating Committee

The Nominating Committee functions to nominate officers when positions need to be filled for the following terms. The Committee will nominate —and the membership will vote on — a candidate for Vice-president.

The members of the Nominating Committee are:

- Jeanne Glennon Gloria Goss
- Helen Jarkowski Peggy Pol
- Richard Soward

The names of the nominees will be listed in the May newsletter and announced at the May meeting. Additional nominations can be added at the first meeting in June and members will vote at that time. The new officers will be installed at the last meeting in July.

Berkeley Art Museum and Pacific Film Archive

Saturday, April 2, 2016

Join us for a day of fine art and great film-making at the new, recently opened museum, 2155 Center Street in Berkeley. Take the BART Richmond line on your own to the Downtown Berkeley exit. After arriving at street level, you will find the BAMPFA building only one block away.

We meet in the lobby at 12:30 p.m. for ticket distribution; break up for lunch on our own at one of the nearby eateries; then reassemble for a docent tour of the building at 2:00 p.m. guided by an architecture major from the university.

We will then join the audience in the theater for a 3:30 p.m. presentation of famed Japanese animator Hayao Miyazaki's delightful animated feature *Kiki's Delivery Service*. According to the advance program, "When a witch turns thirteen, she must leave home for a year of training, so young Kiki takes off with her mother's broom, her father's radio, and her own black cat, the sardonic Jiji." Miyazaki's two most recent films, *The Wind Rises* and *The Tale of Princess Kaguya*, have both played in San Francisco within the last several years to excellent reviews. His Ghibli Studio, outside Tokyo, produces the last of the fine animated features drawn by human hands, not created by technology.

To reserve your space, call 415-681-8845, and leave a message with your name, telephone number, and the names of any others going with you. Your name will be added to the manifest. We have space for only 20 members and guests in all. The charge for admission to the galleries, the guided tour, and the motion picture is only \$10 per person.

After I confirm your request by phone, please send a check in that amount made out to Sixty-Plus, and mail it to me, Doug Roberts, 2670 19th Avenue, San Francisco 94116.

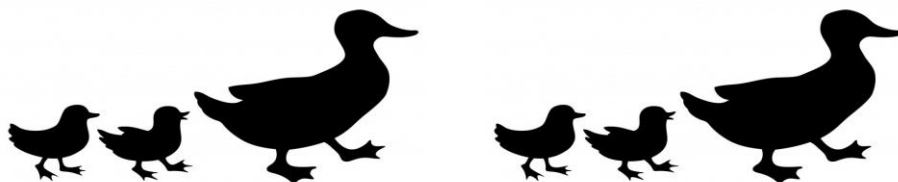
Oregon Shakespeare Festival

October 18 – 21, 2016

Sixty Plus and OLLI at SFSU are sponsoring a four-day/three-night trip to Ashland next October. Included will be motor coach transportation, four theater performances, three-night hotel stay with breakfast, one dinner, and pre-performance seminars.

\$150 deposit is due by May 1.

For a detailed itinerary and costs, call the Sixty Plus office at 415-412-4684.



Not-quite-gourmet Dining

Volta

868 Mission St. (at 5th St.)

Tuesday, April 26, 11:30 a.m.

This sleek contemporary spot in the Westfield Centre, entrance on Mission St., gives a modern spin to Scandinavian and French classics, serving up appetizers like skagen (dill- and horseradish-sauce coated shrimp on toast), gravad lax, and Provencal fish soup. Also, traversing national boundaries, mains range from Swedish meatballs, sole meuniere, duck salad Lyonnaise, and chanterelle toast to gnocchi with wild mushrooms (their best seller). No credit cards.

Take MUNI to Powell Street Station or any bus down Mission or Market Street to 5th Street.

RSVP: Cecilia Lim, cec639sf@att.net or call 415-957-1602

OLLI at San Francisco State University

Join the OLLI community of learners!

Mar 30 — Apr 8: MTT conducts Copland and Schumann. SF Symphony. See website for details and other performances.

Mar 31, 5:30 — 8:30 p.m.: “Boomers and Beyond: Opportunities and Risks for Companies and Investors.” You’re invited by the 30th Street Senior Center. \$50. For more information and to buy tickets: <http://www.onlok.org/30th-Street-Senior-Center/Events>.

April 20, 1 p.m.: World Affairs Interest Group meets Downtown, Room 677.

April 20: 1 p.m.: Writer’s Workshop meets on campus, Room 255, Creative Arts Bldg.

Main Campus: Creative Arts Building Room 154
San Francisco State University
1600 Holloway Ave., SF, CA

Downtown Campus: 835 Market Street,
Sixth Floor
San Francisco, CA
94103

Phone: 415-817-4243

Email: olli@sfsu.edu



Join Us for Our Served Spring Luncheon

Monday, May 23rd, 2016, 12:00 noon to 3:00 p.m.
\$35.00 prepaid (guests welcome)
Seven Hills Conference Center, SFSU



Happy Hour — Sit-Down Lunch — Entertainment — Prizes

Menu
Chicken Soup

Choice of:

SUNDRIED TOMATO-CRUSTED CHICKEN BREAST
with glazed carrots and mashed potatoes

BLACKENED COD with SALSA VERDE
with glazed carrots and mashed potatoes

WILD MUSHROOM RAVIOLI with ALFREDO SAUCE
rolls, butter, wine, coffee, and tea

Dessert: Cheesecake

Shuttle bus from Lake Merced parking lot at 11:45 a.m.; return at 3:00 p.m.

Sign up at a meeting or send a check made out to Sixty Plus for \$35.00 per person, indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: May 16th.

> Chicken _____ Name(s) _____
> Fish _____ Name(s) _____
> Ravioli _____ Name(s) _____

Give or send your check (made out to Sixty Plus) to:
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation by calling (415) 338-2472.

CALENDAR OF COMING EVENTS

April 2	Saturday	12:30 p.m.	Berkeley Art Museum and Pacific Film Archive 2155 Center Street, Berkeley BART Richmond line to Downtown Berkeley exit
April 11	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 25	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 26	Tuesday	11:30 p.m.	Not-quite-gourmet Dining Volta, 868 Mission St, at 5 th Street MUNI to Powell Street Station or any bus down Mission or Market Street to 5 th Street
May 23	Monday	12:00 p.m.	Spring Luncheon Seven Hills Conference Center, SFSU Campus
July 31	Sunday	2:00 p.m.	SF Playhouse, "City of Angels" 450 Post St, San Francisco, CA 94102
October 18 — 21		TBD	Oregon Shakespeare Festival, Ashland, Oregon

SIXTY PLUS 2015 — 2016

Officers

President	Margo Moor
Vice President	Christine Malfatti
Treasurer	Terry Kirchhoff
Recording Secretary	Margaret Grant - pro tem
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Eileen Ward – pro tem
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

Sixty Plus at San Francisco State University

Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132

Website: www.sixtyplussf.org * Telephone: 415-412-4684 * email: sixty@sfsu.edu

Sixty Plus Highlights

Editor: Jeanne Glennon; * **Assistant Editor:** Joyce Cassells *

Contributors: Phyllis Abad, Cecilia Lim, Margo Moor, Peggy Pol, Doug Roberts, Eileen Ward

Distribution Manager: John Johns * **Managing Editor:** Eileen Ward

Items for the May *Highlights* should be submitted by *April 18* to: Jeanne Glennon: jfglennon@comcast.net



Since 1975 – Our Fortieth Year!

SIXTY-PLUS at SAN FRANCISCO STATE UNIVERSITY

Gerontology/Sixty Plus – HSS-242

1600 Holloway Avenue

San Francisco, CA 94132

Web: www.sixtyplussf.org