

Highlights

■ News ■ Programs ■ Classes ■ The Arts ■ Tours ■ Community

SIXTY PLUS – OLLI: A Program for Lifelong Learning, April, 2017

Monday, April 10 – Mozart’s “Don Giovanni” – Exploring a Masterpiece Clifford, “Kip” Cranna, Ph.D.

From “Don Juan” to “Don Giovanni,” the Spanish legendary seducer with an outsized ego has been a fascinating character for centuries. As San Francisco Opera prepares to remount this masterwork at the War Memorial Opera House in June, and in a FREE Simulcast at AT&T Park on June 30, join Kip Cranna, Dramaturg at the San Francisco Opera, as he uses video examples to explore in depth the background and music of Mozart’s smart and otherworldly take on this famous and flagrant hedonist. As Dramaturg for the Opera, Kip deals with educational and outreach projects, commissions new operas, and provides musicological support to the staff. He has served the company since 1979 and for over 30 years was Director of Music Administration.



The meeting will be held in the **Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Sixty Plus members whose last names begin with the letters **Law - Maz** are requested to bring treats. If you are not attending make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Monday, April 24 – Under the Dome

Eric Imperiale,

Horticulturist at the San Francisco Conservatory of Flowers

The Conservatory of Flowers has captivated guests for more than a century. This gem of Victorian architecture has a long and storied history and is the oldest public wood-and-glass conservatory in North America. The Conservatory is one of the most photographed and beloved attractions in San Francisco for residents and tourists alike. Its plant collections and special exhibits draw horticultural societies, botany students, plant enthusiasts and visitors hale from near and far. With Eric, we will explore the history and wonders of this living museum.



Eric is a horticulturalist at the Conservatory where he is responsible for the cloud forest gallery and the renowned collection of cool growing orchids as well as a member of the special exhibits team. His love of horticulture started in childhood; he worked as a teen in the orchid industry and has won numerous awards for his orchids.

The meeting will be held in the **Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Sixty Plus members whose last names begin with the letters **Mc - Nan** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Apr. 10: Lew -- Maz	May 8: Ne -- Oz	June 12: Ra -- Sa
Apr. 24: Mc -- Na	May 27: Pa -- Py	June 26: Sc -- Sn

President's Message – April, 2017

Looks as if the rain has abated and March came in like a Lamb this year. It has been so nice to see blue sky and fluffy clouds rather than all that cloudy weather. My yard is so green, but it's all weeds. It's good to have a green yard until I go out to clean it up and try to find my plants! It was a Garden but now it's a Yarden instead. I made up that word after my garden turned into an Oxalis patch.



The Sixty Plus Board invites all members to join us for our annual Spring Luncheon in May. Peggy Pol has put together plans for a great sit down lunch at the Seven Hills Conference Center on Campus. We would like as many members as possible to come to this yearly event and you are welcome to bring a guest or two. The event announcement is included in this Highlights with all of the information to make your reservation. Peggy always organizes a great party and we hope to see you there.

I also want to remind all Sixty Plus members that the tour committee has planned a great trip to Half Moon Bay for lunch and a tour of an animal sanctuary in May. This is a lovely time of year to go down the coast for an outing. Sheila Birmingham has posted the information in the Highlights and will be taking reservations for this bus trip.

Thanks to all of our members for their support of this wonderful organization. We enjoy consistent interest in our meetings, lecture topics and the variety of presenters we have had. If any member has an idea for a speaker or wishes to recommend a speaker, please bring this to the attention of either myself or Eileen Ward. Let us know why you think this subject would be of interest to our membership and contact information for the speaker.

**Chris Malfatti, President, Sixty Plus at OLLI-SFSU,
415-585-4811 / cmalfatti@sbcglobal.net**

Membership

NEW MEMBERS, 2016 - 2017

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

Welcome!

Mary Clare Bennett: marycbennett@gmail.com



Arts & Entertainment

Theater

"The Roommate"

Sunday, June 4th - 2:00 p.m.

San Francisco Playhouse, 450 Post St, San Francisco, CA

This Bay Area premiere is the story of Sharon, from Iowa, and Robyn, a Bronx-born vegan. Both women are in their 50s - dealing with the challenges of aging. They remind us that second chances are possible and transformation can grow beneath peals of uproarious laughter.



\$45 per ticket, orchestra. Please send a check to Sixty Plus no later than May 10th. We need a minimum of 10 people.

“The Curious Incident of the Dog in the Night-Time”,

Wednesday, July 19 – 2:00 p.m.

Golden Gate Theatre, 1 Taylor Street at Market Street, San Francisco

Price: \$80 in the orchestra or loge, Winner of five 2015 Tony Awards, including Best Play. This acclaimed National Theatre production is called “the most inventive new show on Broadway” – this record-breaking theatrical phenomenon must not be missed by theater lovers!

Send your check made out to Sixty Plus to the office at SFSU, 1600 Holloway, HSS 242, SF, CA 94132, Please include a self-addressed, stamped envelope.

Oregon Shakespeare Festival

October 17 – 21, 2017

Tour includes round-trip motor coach from San Francisco, 3 nights at the Plaza Inn & Suites, 4 performances plus one optional, breakfast daily, one dinner and pre-performance discussions. To receive a flyer with the itinerary, plays and cost, please contact the Sixty Plus office: 415-412-4684.

Spring Session II: Monday, April 3, 2017 to Friday, May 12, 2017

Film Noir: In the Warner Bros Style! (1940 - 1949) - *Elliot Lavine*

To End All Wars: The Crisis of the Interwar Period, 1919-1941 - *Dayna Barnes*

The Aesthetic Atmosphere - *Stanley David Gedzelman*

Extrajudicial Influences of Justice and the Court of Public Opinion - *Greg Woods*

Telling Your Story On Stage: A Workshop in Solo Performance - *Roberta D'Alois*

Bay Area Documentary Filmmakers - *Michael Fox*

Coastal San Francisco Journeys - *Monika Trobits*

The Roman Empire: Civil Society Becomes Multicultural - *Douglas Kenning*

Glamorous Depravity: A History of San Francisco Crime - *Paul Drexler*

Brain Development, Plasticity and Learning - *Natalia Caporale*

Wandering the Archives, Part II: A Creative Writing Workshop - *Sarah Broderick*

Basic Drawing – *Beryl Landau*

SHARE OUR PROGRAM WITH OTHERS!

Your personal invitation to OLLI is the most powerful draw for others to try what is difficult to conceive without experiencing it. Watch this space for suggestions of easy ways you can do this.

Please share, comment on and like our info on Facebook <https://www.facebook.com/ollisfstate> and follow/retweet with us on Twitter: <https://twitter.com/ollisfstate>

Tour Committee

Half Moon Bay Lunch and Sweet Farm

Wednesday, May 17

Lake Merced pickup: 10:00 a.m.; San Francisco State pickup: 10:15 a.m.

We first have lunch at Sam's Chowder House, then visit Sweet Farm, an animal sanctuary and vegetable farm located in Half Moon Bay. The tour consists of a chance to see the various rescued animals (sheep, goats, chickens, stallions, cows) and to interact with some of them. We can learn about each of their stories as well as about ongoing activities and goals of Sweet Farm in the coming years. Given this time of year, some sweet peas and zinnias should be onsite, coming into bloom and available for guests to purchase to support the animal and agricultural program. Sweet Farm is developing programs for at-risk youth and young adults.

If interested, please contact Sheila Birmingham at Sheilab507@hotmail.com. Cost: \$40 (bus and tour) Lunch is separate. Make checks out to Sixty Plus. Dress casual. No high heel sneakers.

Not-quite-gourmet Dining

Clay Oven Indian Restaurant

385 W. Portal Ave. (bet. 14th & 15th Aves.)
Tuesday, April 25, 11:30 a.m.

Savor the fragrant and pungent flavors of northern India at this well-appointed West Portal establishment. Lunch is an all-you-can-eat buffet with a lineup of popular items, such as tandoori chicken, chicken tikka masala, lamb stew, dhal, saag paneer, pakora, naan, and a flavor-popping soup that hits all the right notes. Bring an appetite and dig in. Cash only.

Muni Metro K, L, or M to West Portal Station

RSVP Required: Cecilia Lim, cec639sf@att.net, or 415-957-1602

JOIN US FOR OUR SERVED SPRING LUNCHEON

MONDAY, MAY 15TH, 2017

NOON TO 3:00P.M.

*\$35.00 PREPAID (GUESTS WELCOME)

SEVEN HILLS CONFERENCE CENTER, SFSU

HAPPY HOUR SIT-DOWN LUNCH ENTERTAINMENT PRIZES

MENU*

VICHYSOISE

GRILLED CHICKEN BREAST

QUINOA

SPINACH

STRAWBERRY ALMOND SALAD WITH BALSAMIC VINAIGRETTE

SOURDOUGH BREAD, BUTTER, WINE, AND TEA

BERRIES AND CREAM

*DUE TO PRICE INCREASES, WE ARE UNFORTUNATELY LIMITED TO THE MENU IN ORDER TO KEEP THE LUNCHEON AFFORDABLE.

SHUTTLE BUS FROM LAKE MERCED PARKING LOT AT 11:45 A.M.; RETURN AT 3 P.M.

SIGN UP AT A MEETING OR SEND A CHECK MADE OUT TO SIXTY PLUS FOR \$35.00 PER PERSON, INDICATING NAME(S) OF GUEST(S).
RESERVATIONS AND REFUND DEADLINE: MAY 8TH.

GIVE OR SEND YOUR CHECK (MADE OUT TO SIXTY PLUS) TO
PEGGY POL, 2479 42ND AVENUE, SAN FRANCISCO, CA 94116-2120.
CART SHUTTLE SERVICE FROM BUS OR GARAGE AVAILABLE UPON

Gerry Kral

by: Richard Lewis

You have probably met Gerry Kral at the door when coming to one of our meetings - she is a greeter as well as a member of the membership committee of 60+OLLI.

Born in Cleveland, Ohio, Gerry went to high school there and joined the Ohio Bell telephone company as a service representative. She was married at 21 and raised two children, a boy and a girl.



For 39 years in Ohio, she worked for Stoddard NLA, an automotive firm which sold restoration parts for old Porsche cars. (NLA stands for “No Longer Available”!)

She became president of the Cleveland Chapter of the General Federation of Women’s Clubs, and was active with them for 15 or more years.

After her divorce, she met her partner of 31 years, and with whom she had a happy life. He was a motorbiking enthusiast, and they enjoyed outdoor activities like skiing, sailing and ice skating. In fact they met while ice-skating. After he passed away she moved, in 2014, to live with her daughter in Twin Peaks. Her son lives in Novato.

She is a volunteer at the plant nursery in Golden Gate Park for one day a week, and for two days a week, she works at Sal Beressi Fabrics, dealing with upholstery and drapery. She helps customers with coordination of fabrics.

When she arrived in the Bay Area, she found 60+OLLI after an online search. “I like to do things with other people rather than by myself,” she said. She has met many nice people at 60+ and tries to do all the tours. If anyone wants to join her for social activities, going to the movies, doing lunch, etc., she would be happy to hear from you.

She likes to use her hands, and is expert at sewing, working on pillows and upholstery for family members. She loves antiques, going to flea markets, and used to refinish antique furniture. She likes to dress up in a kimono for special ceremonies in Japantown

She likes hiking, visiting museums, and travel. She has been on a number of South African land tours, and exciting cruises. This year she and a friend are going to Denmark, the Shetland Isles and Iceland. Next year it’s Australia and New Zealand.

CALENDAR OF COMING EVENTS

April 10	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 24	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 25	Tuesday	11:30 a.m.	Not-quite-gourmet Dining:
May 17	Wednesday	10:00 a.m.	Half Moon Bay and Sweet Farm Pick up Merced lot 10:00; SF State 10:15
May 24	Wednesday	2:00 p.m.	“Roman Holiday,” Golden Gate Theater 1 Taylor Street at Market Street, San Francisco
May 15	Monday	noon	Spring Luncheon, Seven Hills Conference Center, SFSU
June 4	Sunday	2:00 p.m.	“The Roommate,” San Francisco Playhouse 450 Post St, San Francisco
July 19	Wednesday	2:00 p.m.	“The Curious Incident of the Dog in the Night-Time”, Golden Gate Theatre, 1 Taylor Street at Market Street, San Francisco
October 17 – 21			Oregon Shakespeare Festival, Ashland, Oregon

SIXTY PLUS – OLLI 2016 — 2017

Officers

President	Christine Malfatti
Vice President	Bessie Hahn
Treasurer	Terry Kirchoff
Recording Secretary	Ray Sarakaitis
Co-corresponding Secretary	Barbara Graham
Past President	Margo Moor

Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Pam Naughton
Mailing	John Johns
Membership	Mary Clare Bennett
Programs	Eileen Ward – pro tem
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

Sixty Plus at San Francisco State University

Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132

Website: www.sixtyplussf.org * Telephone: 415-412-4684 * email: sixty@sfsu.edu

Sixty Plus *Highlights*

Editor: Jeanne Glennon; * **Assistant Editor:** Joyce Cassells *

Contributors: Mary Clare Bennett, Sheila Birmingham, Richard Lewis, Cecilia Lim,
Christine Malfatti, Pam Naughton, Doug Roberts, Eileen Ward

Distribution Manager: John Johns * **Managing Editor:** Eileen Ward

Items for the May *Highlights* should be submitted by **April 24** to: Jeanne Glennon: jfglennon@comcast.net



sixty plus

Since 1975

SIXTY-PLUS at SAN FRANCISCO STATE UNIVERSITY

Gerontology/Sixty Plus – HSS-242

1600 Holloway Avenue

San Francisco, CA 94132

Web: www.sixtyplussf.org