

Sixty Plus – OLLI at San Francisco State University

Highlights

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SIXTY PLUS – OLLI A Program for Lifelong Learning April, 2018

Monday, April 9: “Folk Music Revival”

Richie Unterberger – Musician, Author and Music Historian

Richie Unterberger will present a program of clips from the folk music of the early 1960s — music that we all know well. Included are performances by artists such as Bob Dylan, Joan Baez, Judy Collins, Pete Seeger, and Peter, Paul & Mary. Richie will also discuss the folk revival’s impact on that era’s popular music and culture as well as how it influences music and artists today.



San Francisco resident Richie Unterberger is the author of numerous books on popular music including a two-part history of 1960s folk-rock. He teaches rock, folk and soul courses at several Bay Area universities including OLLI, SF State and Dominican University.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. Sixty Plus members whose last names begin with the letters **Kn - Mac** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Monday, April 23: “Costa Rica and Panama”

Marilyn Straka, *On the Level*, San Francisco Walking Tours

Costa Rica is in many ways a country of superlatives. Almost 25% of the land consists of nature areas protected by law with a phenomenal variety of tropical plants and animals. We start our virtual tour with a look at the capital, historic San Jose. Then we go on a four-hour journey to Monteverde at 5500 feet and the Cloud Forest. Our journey continues with six days on a small ship as we explore the rain forest and an idyllic private island – with the climax being a trip through the Panama Canal.



Marilyn is a popular visitor to Sixty Plus — she has led us on both virtual tours and walking tours of San Francisco and beyond for several years.

The meeting will be held in **The Rosa Parks Room, Cesar Chavez Student Center** at 1:00 p.m. Social time will follow. Sixty Plus members whose last names begin with the letters **Mal - Mul** are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

The assignments have been changed to better reflect the numbers of contributors according to the current membership. *Please note the following dates for the remainder of our year.*

Apr 9: Kn - Mac	June 11: Pal – Pru
Apr 23: Mal - Mul-	June 25: Rin – Sar
May 14: Nau – Pad	July 9: Sav – Swi
May 28: NO MEETING	July 23: Tev – Zin

President’s Message –April, 2018

Spring has arrived and brought rain and wind today. The atmospheric river has reached the West Coast and it is generously pouring. It’s great for the flowers and wild life, but it makes getting around a bit of a slog.

Our March meeting was attended by 45 members and several guests. We were treated to a wonderful talk by Tom Ammiano who gave a very nice run-down of his history in San Francisco politics. Our members asked many interesting questions and enjoyed his presentation very much. Once again, we have Vivian Imperiale to thank for contacting him and arranging for him to come to Sixty Plus.



Big thanks to our Hostess for the March meeting, Alice Keenan. She decorated the treat table with a St. Patrick’s Day theme and we all had plenty of treats after Tom Ammiano’s talk. Thanks to Anne McGuire for finding hosts for our meetings. Come for the talk, stay for the treats!

The Sixty Plus Board of Directors is still working on several projects to increase our membership and to improve the benefits of joining Sixty Plus. We are in the middle of our second year since we merged with OLLI at SFSU and we are examining our Constitution and By-Laws to reflect the changes in our group. We are also tasked with finding officers for the coming year. We have an Ad Hoc committee meeting regularly to address some of the issues of membership and benefits. Our current paid membership is 130, with anywhere from 30 to 50 members attending the twice-monthly meetings. Gaining membership and improving the participation on the Board and on Committees are very important to the survival of Sixty Plus. Please consider how you can help us continue this wonderful organization.

Since we don’t meet on March 26, I look forward to seeing everyone in April. Enjoy the Spring holidays.

Best wishes,

Chris Malfatti, President, Sixty Plus – OLLI at SFSU: 415-585-4811; cmalfatti@sbcglobal.net

Membership

New Members, 2017 - 2018

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

Sharon Crater

Mary Clare Bennett, Membership chair: marycbennett@gmail.com



Arts and Entertainment

SFJAZZ Center – New Program

Hurry! Hurry! To attend the Sunday, 2:00 p.m., May 13 concert at the SF Jazz Center, you must get your reservation to me by April 3. That's before our first April meeting, so, if you are interested — act now. If I don't have fifteen signups, I must cancel. The program features Liz Wright, a well-known singer of a whole range of jazz genres. She began as a big band singer and has since moved into R&B, blues, and gospel, as well as mainstream jazz. This promises to be a program to remember. May 13 is Mothers' Day — here's a chance to enjoy the date musically with a loved one. Price: \$42.50

For the Paula West concert, Friday, April 20, a 5:00 p.m. dinner has been arranged at the Minas Brazilian Restaurant, 41 Franklin St., two blocks from the Van Ness MUNI station and one block from the Jazz Center. The dinner price — including a starter, a plate of food tilted towards the best of Brazilian cuisine, tax and tip — is \$31.00, to be paid to me. Choices are: salmon, chicken cooked in beer, or Brazilian beef. Drinks can be paid for individually in cash.

Erwin Kelly, Arts & Entertainment Chair: 4006 – 18th Street, SF, CA 94114; 415-552-9435

Theater Alert!

“Sunday in the Park with George”

Award-winning musical at San Francisco Playhouse – Wednesday, July 25 – 2:00 p.m.
Tickets: \$52 — premium orchestra; \$40 — mezzanine (There is an elevator.)

With music and lyrics by Stephen Sondheim, this delightful musical was inspired by the French artist Georges Seurat's painting, “A Sunday Afternoon on the Island of La Grande Jatte.” It has won numerous awards and has enjoyed several major revivals.

Please send your check made out to University Corp. SFSU/OLLI and mail to the Sixty Plus office or bring to an upcoming meeting. Payment is due by July 1st. A minimum of 10 tickets is needed for this special group pricing.

Spring Session Two, 2018: Apr 2 - May 11(Some courses may vary.)

MONDAY

Playing at History: Re-creating the Past, Steve Harris, 10:00 a.m. – 12:00 p.m.

Shakespeare in Disguise, Roberta D'Alois, 1:00 p.m. – 3:00 p.m.

Fiery San Francisco Journeys, (offsite locations) Monika Trobits, 1:00 p.m. – 3:30 p.m. (5 weeks, no 4/16)

TUESDAY

The Real CSI, Mary Juno, 9:30 a.m. – 11:30 a.m.

Wagner's Ring Cycle: An Introduction and Overview, David Möschler, 12:00 p.m. – 2:00 p.m.

Exploring the Universe: From Mars to the Stars (and Galaxies), Andrew Fraknoi, 2:30 p.m. – 4:30 p.m.

WEDNESDAY

The Golden Door: Passing Through Ellis Island, Doug Kenning, 10:00 a.m. – 12:00 p.m.

The Romantic Symphony, Alexandra Amati, 3:00 p.m. – 5:00 p.m.

THURSDAY

Writing: The Ten-Minute Play, Cary Pepper, 9:30 a.m. – 11:30 a.m.

Wild Women in Art, Karen McSorley, 12:00 p.m. – 2:00 p.m.

Drawing Still Life (with Collage), Lola Fraknoi, 2:30 p.m. – 4:30 p.m.

FRIDAY

The Law Behind Contemporary Issues, Greg Woods, 10:00 a.m. – 12:00 p.m.

Hannah Arendt: Rethinking the Political, (Begins 4/13) David Peritz, 12:30 p.m. – 3:00 p.m.
(5 weeks)

Brown Bag Lecture: Awakening to Racial Awareness and Action **Apr 4, 1:00 p.m. Wed Brown Bag Lecture: Grassroots Gun Violence Prevention.** **Mattie Scott and Emma Tao White**

The Brady organization and its Million Mom March have a mission to create a safer America by cutting gun deaths in half by 2025. They are employing a strategy that centers on the idea of keeping guns out of the wrong hands through three impact-driven, broadly engaging campaigns. They've worked together to tighten up background checks, prosecute gun dealers who do not follow the laws, and create tools to restrict gun possession in domestic violence cases, for example.

New! The Art of Aging Gracefully Resource Fair

San Francisco Jewish Community Center, Tuesday, April 10, 9:30 a.m. – 3:00 p.m.

- Presentations from medical professionals and local experts on healthy living
- Insights and opportunities to support active, creative aging

Admission FREE! - 3200 California St. at Presidio Ave.

For more information, contact Shiva Schulz, MSW at sschulz@jccsf.org or 415.292.1260.

Not-quite-gourmet Dining....

Dosa Allee

1020 Market St. at 5th St.

Tuesday, April 24, 11:30 a.m.

If you've never had a dosa, this is a good place to give it a try. This recently opened contemporary casual spot, located in the heart of downtown S.F., features South Indian cuisine, specializing in dosas—super-sized crepes studded with various ingredients, like chicken, potatoes and other veggies, and accompanied by assorted dipping sauces. These oversized crepes are delicious and fun to eat (you tear off pieces and dip them in the sauce) but also appealing are the mildly-spiced, aromatic curry dishes, such as daal, aloo gobi (a cauliflower and potato dish), chicken tikka masala, and lamb curry.

No credit cards

MUNI: Any Muni line that runs along Market St.

RSVP Required: Cecilia Lim, cec639sf@att.net, or 415-957-1602

Getting to Know You

New member **Gloria Melone** immediately saw Sixty Plus as a good fit when she heard about us from a friend. Then, once she read our newsletter, she was sure of it.

Originally from the Philippines, Gloria has been in the U.S. since 1959. She got her Master's in Higher Education from U.C. Berkeley. She would have gotten her PhD, but while working on her dissertation she decided to get married instead and moved to Arizona with her husband, where they started a community college!

Some of us may have encountered her elsewhere on campus, as she is a retired administrator from SF State. Beyond her work, she has had interests in many areas. She has been a docent at all the major museums of San Francisco — the SF Museum of Modern Art, the De Young Museum, the Palace of the Legion of Honor, and the Asian Art Museum. So if you need information about anything related to our city museums, she is your perfect resource.

Gloria is also an avid reader, averaging a book a day. She reads mostly non-fiction and acquires her books by requesting them through the computer from the library. Maybe she can increase the access to books for some of us who do not know how to maneuver this relatively new system. She has also been a chef at the Gilroy Garlic Festival since it began in 1978, but lately she acts as sous-chef to her sons who do the actual cooking.

She loves to travel. Although she has not been there for the past three years, she normally goes to Europe once a year and makes frequent trips to New York City to see Broadway shows. She has also been to China, Thailand, and Cambodia in the Far East.

Gloria is interested in our lectures and our field trips, especially to the Oregon Shakespeare Festival. She also signed up for the Jazz Festival and the St Patrick's Day luncheon, so many of us will be getting a chance to meet her at various functions, if we have not already pressed her for information based on her various areas of expertise at one of our monthly meetings.

Tour of Heath Ceramic Factory

Friday, February 23 - (left to right) Sixty Plus members **Carol Savage, Sheila Birmingham, Doug Roberts, Ann Mullin, Pam Naughton, and Mary Ann Swazo** learned a great deal about the making of high-quality dinnerware, vases, mugs, and other household items in a tour of the Heath Ceramics factory in Sausalito. The group made a day of it by meeting at the ferry building for the Blue and Gold Fleet's ship *Sonora* across the bay, lunching at a nearby fish restaurant after the tour, and then eating ice cream before boarding the ferry on the return.



St. Patrick's Day lunch at Irish Cultural Center

Thursday, March 8 – Sixty Plus members, clad predominantly in green, enjoyed a corned beef and cabbage feast at the Irish Cultural Center. The luck of the Irish held as raffle items were disbursed.



Priscilla Allen won a scarf and a very chic hat at the annual St. Patrick's Day luncheon.



Carol Savage (right, with Marti Lewkowitz looking on) wins a gift basket of Irish goodies.

Upcoming tours

For a complete itinerary and pricing on these tours, contact Sixty Plus at 415-405-0489

Hearst Castle – May 8 – 9, 2018

This two-day/one-night trip includes a guided tour of the Hearst Castle, round-trip motor coach transportation to San Simeon, overnight stay at the Cavalier Ocean Front Resort, visit to Carmel and dinner in Cambria. \$340 per person/double occupancy. \$420/single occupancy. Full payment due April 1.

Oregon Shakespeare Festival – October 16 – 20, 2018

This trip to Ashland, Oregon, has become a very popular event. Our delightful hotel is within walking distance of the theater venues and the many shops and restaurants in this charming town. The visit will be enhanced by the pre-performance seminars offered by Dr. Marc Ratner, an accomplished and entertaining Shakespearean and theater expert who has shared his expertise on our previous tours.

Calendar of Coming Events

April 4	Wednesday	1:00 p.m.	Brown Bag Lecture: Grassroots Gun Violence Prevention SF State Downtown Campus, 835 Market St., Room 677
April 9	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 10	Tuesday	9:30 a.m.	The Art of Aging Gracefully Resource Fair San Francisco Jewish Community Center, Tuesday, April 10
April 20	Friday	5:00 p.m. 7:30 p.m.	Dinner MINA'S Brazilian, 41 Franklin St. at Oak St. Paula West at SF JAZZ, 201 Franklin St. at Fell St.
April 23	Monday	11:00 a.m. 11:00 a.m. 1:00 p.m.	Tour Committee meeting, Rosa Parks Room D Program Committee meeting, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
April 24	Tuesday	11:30 a.m.	Not-quite-gourmet Dosa Allee , 1020 Market St. at 5 th St.
May 8 – 9	Tuesday	TBA	Hearst Castle tour
May 13	Sunday	2:00 p.m.	Liz Wright at SFJAZZ Center 201 Franklin St. at Fell St., SF, CA
July 25	Wednesday	2:00 p.m.	“Sunday in the Park with George” San Francisco Playhouse, 450 Post St., SF, CA
Oct. 16 – 20	Tuesday	TBA	Oregon Shakespeare Festival

SIXTY PLUS 2017 – 2018

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Sixty Plus *Highlights*

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Since 1975

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