

Sixty Plus at San Francisco State University

Highlights

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SIXTY PLUS

A Program for Lifelong Learning

May, 2013

MONDAY, MAY 13: “Shanghai” – Don Gibbs, Historian and Professor

Shanghai was known as the “Paris on the East” and also as “Sin City.” It is a city inscribed in our minds through many Hollywood films – it is embedded in our language as a verb: “to shanghai” someone. It is still with us locally as the name of a San Francisco tavern, Shanghai Kelly’s at Polk and California Streets. Don Gibbs will tell us stories about old Shanghai as well as the new Shanghai, and he’ll fill us in on who Shanghai Kelly was in Old San Francisco. Shanghai was the Berlin of the 1920s, a refuge for the Russians fleeing the Bolshevik Revolution and for the German Jews fleeing from Nazi Germany. It became a city of mystery, intrigue, and adventure but also a city of high fashion and low crime.

Don Gibbs is the founding chair of the Department of Chinese and Japanese at UC Davis and was the Director of the UC Center in Beijing, the founder of the UC Summer Session in China, and a pioneer in modern Chinese literature at Harvard. He lives in San Francisco and speaks Chinese fluently – and begins every conversation with, “Speaking of China . . .”



We have only one meeting in May, due to the Memorial Day Holiday on May 27. The meeting will start in the Ro Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow.

The hospitality hostess for this meeting is **Gloria Pizzinelli**. Sixty Plus members whose last names begin with the letters **Nos - Pi** are requested to bring refreshments for this meeting.

Shuttle Bus Times: Pick-up time for the meeting will be at the usual times, 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

HOSPITALITY COMMITTEE

Hospitality Schedule 2012 – 2013

The following is the hospitality schedule for the next three months:

May 13	Nos – Pi	June 10	Po -- Roo	July 8	Se - Sy
		June 24	Rop -- Sa	July 22	To – Zy

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

Margaret Grant, Committee Chair

President's Message – May, 2013

Just back from soggy England and so happy to see our California sunshine. Even in the UK, where they are used to wet, grey weather, people are complaining about the wettest and coldest winter on record, the second in a row, no summer for two years — and they are fed up! When we were in London's Paddington Station on our way to Cornwall, my daughter pointed out that it was snowing outside! Fortunately, it was just what they call “flurries” and did not last; snow in Aril is not my idea of good weather. We were lucky all in all as we never actually got wet but were able to walk between showers, or go inside a car or a museum if rain threatened, and we saw some beautiful rainbows. It was great to see my brother and sister and cousins, plus my brother's growing group of grandchildren who are all definitely members of the Ross clan!



In the midst of all this love and good times we were shocked by the news from Boston. It is hard to fathom or understand the kind of hate that generated such a hideous attack on innocent people. My heart goes out to the injured and dead and their families who must live with this for the rest of their lives. Our Sixty Plus membership reaches out in friendship to others when they are in need. Would that the whole world could do the same.

I am still a little jet-lagged so forgive my ramblings. My extended family is scattered around the globe so I often feel very far away from them, but it is always good to get together and we had some great gatherings. My brother in law is a chef so our dinners were memorable and the wine flowed. I miss them but am glad to be back here in the city that has been my home for most of my life. Looking forward to seeing all of you.

In the meantime, remember to check out our website: sixtyplussf.org.

Shelagh N. Ross, President

NOMINATING COMMITTEE

The Nominating Committee is presenting the following candidates for the 2013 – 2014 term. We'll open the nominations to the general membership at the June 10th meeting for any offerings from the floor, with installations at the last meeting in July — the July 22nd meeting.

Candidates for Office:

- President -- Shelagh Ross
- 1st VP -- Margo Moor
- 2nd VP -- Karen Grech
- Co-Treasurer -- Terry Kirchhoff
- Co-Treasurer -- Paul Rosenberg
- Co-Recording Sec'y -- Alice Keenan
- Co-Recording Sec'y -- Chris Malfatti
- Co-Corresponding Sec'y -- Barbara Graham
- Co-Corresponding Sec'y - - Alice Colthurst

If you have any questions before the June 10th meeting, please contact Ray Sarakaidis.

Tours

For information on tours contact Sixty Plus at 415-412-4684 or Sheila Birmingham, committee chair.

Arts and Entertainment

BERKELEY REP SUBSCRIPTIONS

For a number of years Sixty Plus has coordinated a bloc of group tickets for Berkeley Rep's Thursday matinees. If you currently have a subscription and would like to renew or if you would like to begin a subscription, please call the Sixty Plus office at 415-412-4684.

The cost is \$110 for a 5-play series. As always, the productions will be provocative and creative. The 2013 – 2014 season will include a world premiere, two West Coast premieres as well as an off-Broadway smash hit. For a complete listing of the offerings, call the office or check the Berkeley Rep website:

www.berkeleyrep.org.

OTHER EVENTS

Nesting Herons on Stow Lake

Stow Lake Boathouse, Saturdays, May 4, 11, 18. Interpreters at observation deck show herons and chicks; 10:00 a.m. – 1:00 p.m.; free. Naturalist-led walk from observation site; 10:30 a.m. – 12:00 noon; Adults \$10, young adults and children free; no one turned away due to lack of funds. San Francisco Nature Education, 415-387-9160; www.sfnature.org

If Ships Could Speak

An introduction to interpretation at San Francisco Maritime National Historical Park: Are you interested in becoming a volunteer docent at the park? This training course will introduce participants to maritime history and to the art of presenting educational programs. Learn the stories preserved by the park's collection of authentic 19th century vessels, and chart a course as a steward of this unique "floating national park." Once trained, docents will share their knowledge with park visitors through formal educational programs and informal contacts.

Training: Sunday, May 5, 2013, 10:00 a.m. to 4:00 p.m. No charge for the training – but reservations are required. Contact: Mark Neuweld, docent coordinator, mark_neuweld@nps.gov; 415-561-7174.

Annual Trip to Oregon Shakespeare Festival October 15 – 18, 2013

This fabulous tour includes round-trip motor coach transportation from San Francisco to Ashland, three nights' accommodations, five theater performances, breakfasts daily plus one dinner, and pre-performance seminars. The price also covers taxes & gratuities for included

meals, hotel, and driver. Call the Sixty Plus office at 415-412-4684 for full itinerary and pricing.

HAPPENINGS AROUND TOWN

By Bob Wrisley

Norway Day Festival, Fort Mason. Sat/Sun, May 4/5, 10:00 a.m. to 5:00 p.m. Admission \$15.00. Food, music and crafts. Sponsors include Sons of Norway and Norwegians Seaman's Church. www.Norwayday.org.

Hunters Point Shipyard Open Studios, Enter on Innes Ave. to Friedell St. Watch for signs. Sat/Sun, May 4/5 from 11:00 a.m. to 6:00 p.m. Over 130 working artists' studios. Free admission. Free parking.

Also **Islais Creek**, 45 Open Studios Sat/Sun May 4/5. #1 Rankin St. at Custer, 11 to 6 p.m. www.shipyardartists.com/openstudio/openstudio.html.

Asian Heritage Celebration, from Civic Center to Little Saigon. Sat., May 18 from 11:00 a.m. to 6:00 p.m. Booths on Larkin, from Grove to Ellis. Food, arts, music. www.asianfairsf.com.

Bay to Breakers, race from Ferry Building to Ocean Beach. Sun., May 19, 7:00 a.m. to 12 noon. Entry fee \$57 to \$89. At the start of the race they toss hundreds of tortillas (tossing like a Frisbee). www.baytobreakers.com.

Carnaval Festival, Harrison St. from 16th St. to 24th St. Sat/Sun, May 25/26, 11:00 a.m. to 5:30 p.m. Food, art, and music. **Carnaval Parade** from 24th/Bryant, down Mission St. to 17th St. Sun., May 26, 9:30 a.m. www.sfcarnaval.org.

Memorial Day Ceremony, Presidio National Cemetery. Mon., May 27, 10:30 a.m. Light refreshments in the Presidio Chapel. Free shuttle 9 a.m. to 1:00 p.m. www.presidio.gov.

Memorial Day Ceremony, at the WW II Navy ship, "USS San Francisco Memorial Park," El Camino Del Mar near the Lands End Visitor Center, Merrie Way. Mon., May 27, 12:00. Remarks and benediction.

Union Street Festival, Union Street from Gough to Steiner. Sat/Sun June 1/2, 10:00 a.m. to 6:00 p.m. 250 craft booths. 25 food booths. www.unionstreetfestival.com.

Sunset Magazine Celebration, 80 Willow Road, Menlo Park. Sat/Sun June 1/2, 10:00 a.m. to 5:00 p.m. Over 130 exhibitors; also speakers, food, music, tours. www.sunset.com.

Mallwalkers Group, Meet at Stonestown Center Court, Thursdays, 9:00 a.m. free. Call 750-5800.





Come to the May Buffet

Friday, May 10, 2013, Noon to 3 P.M.
Seven Hills Conference Center, SFSU

Lunch - Wine - Entertainment - Prizes

Menu

Arugula Salad, Pears and Crumbled Goat Cheese with a Tarragon Vinaigrette

Main Dish -- Choice of:

Polenta-crusted Chicken Breast topped with Basil Pesto and Tomato Onion Relish

Prime Rib of Beef with Au Jus and Horseradish Cream Sauce

Vegetarian dish upon request

Seasonal vegetables, starch, rolls with butter

Traditional New York Style Cheesecake with Fruit Compote

Coffee and tea

Shuttle bus from Lake Merced parking lot at 11:45 A.M.; return at 3:00 P.M.

*Sign up at meetings or send a check to Sixty Plus (\$32.00 per person) to:
Peggy Pol, 2479 42nd Avenue, S.F., 94116*

Questions? Call Peggy Pol, Special Events Chair

Reservation and refund deadline: May 3

Please fill in, tear off, and submit with your check

Name _____

Phone Number _____

Names of Guests _____

Choice of Entrée _____

Amount Enclosed _____



NOT - QUITE - GOURMET DINING

La Traviata Ristorante, 2854 Mission (between 24th & 25th)

Tuesday, May 21st, 5:30 p.m.

Truly a hidden gem in the heart of the Mission...a superb Italian restaurant with classic cuisine in a warm and inviting setting. Opera memorabilia and photographs of opera stars, some of whom have graced the tables here, cover the walls. You might even spot a photo of Sixty Plus's beloved Ted Samuel. Superb pasta dishes plus veal, poultry, and seafood entrees with a northern Italian accent...plus irresistible hot bread. All this plus arias softly playing in the background.

RSVP: Marian Anderson, (415) 282-8334. marianra@comcast.net or the Sixty Plus office: 415-412-4684.

CALENDAR OF COMING EVENTS

May 13	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room, SFSU
May 8	Wednesday	9:00 a.m. 9:15 a.m. 2:00 p.m.	Muir Woods in Springtime Lake Merced Parking Lot Holloway at 19 th Avenue Return (approximately)
May 10	Friday	12:00 noon	May Buffet, Seven Hills Conference Center, SFSU

SIXTY PLUS 2012 - 2013

Officers

President	Shelagh Ross
1 st Vice President	Margo Moor
2 nd Vice President	Karen Gretch
Co-Treasurer	Paul Rosenberg
Co-Treasurer	Terry Kirchhoff
Recording Secretary	Alice Keenan
Corresponding Secretary	Barbara Graham
Ex-Officio	Margaret Grant
Past President	Ray Sarakaitis

Committee Chairs

Arts & Entertainment	Erwin Kelly
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Margaret Grant
Mailing	John Johns
Membership	Christine Malfatti
Communications	Jeanne Glennon
Newsletter — Asst. Editor	Maleta Boatman
Programs	Maleta Boatman
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Gretch
Tours —	Sheila Birmingham (pro tem)



Remember our Heroes – Memorial Day, May 27

Sixty Plus at San Francisco State University
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Sixty Plus Highlights

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Items for the **June Highlights** should be submitted by **May 17** to: Jeanne Glennon: jfglennon@comcast.net