

# Sixty Plus at San Francisco State University

## Highlights

■ News ■ Programs ■ Classes ■ The Arts ■ Tours ■ Community

SIXTY PLUS      *A Program for Lifelong Learning*      May, 2015

**MONDAY, MAY 11\***

### **“Sutro’s Glass Palace: The Story of the Sutro Bath”** **John A. Martini, Historical Consultant**

In the 1890s, the Sutro Baths in San Francisco was the largest indoor bathhouse in the world, with seven swimming pools, promenades and museum exhibits covered by almost three acres of glass. Today, only broken ruins remain at Land’s End — but, even in ruins, the site draws thousands of people who explore its mysterious foundations and rocky tunnels. This talk includes many never-before seen photographs of Adolph Sutro’s legendary Glass Palace.



Mr. Martini is a native San Franciscan and a life-long researcher into the history of California and the American West. He worked as a National Park Ranger for more than twenty-five years at parks around the country. He completed his long career at the Presidio of San Francisco where he served as Curator of Military History. He now works as an independent historian and consultant specializing in historical research, interpretation, and preserving of cultural resources.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by **Peggy Pol**. Sixty Plus members whose last names begin with the letters **Po - Roo** are requested to bring treats. Please let Peggy know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

---

**\*Shuttle Bus Times:** Pick-up time for the meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.

---

**Special Presentation:** At this May 11th meeting after the regular program, Erwin Kelly is conducting another of his interesting and informative classes on travel, "Where in the World Should You Go?" A late bus has been ordered for the return to the parking lot afterwards.



**MONDAY, MAY 25**

**Memorial Day**

**No Program Meeting**



\*\*\*\*\*

## Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

May 11	Po - Roo	June 8	Ros - Sei	July 13	T - Wei
		June 29	Sey - Sy	July 27	Wel - Ag

Phyllis Abad, [pabad@earthlink.net](mailto:pabad@earthlink.net)

\*\*\*\*\*

## President's Message – April, 2015

At our Monday Program Meeting, Helen and Allan Ridley gave a presentation on their adventures in Panama. It was spectacular. Then on Tuesday of the same week, a group of us shared a wonderful lunch in the Steinbeck House after which we were off to a docent-led tour at the National Steinbeck Center in Salinas, California. Thank you to Doug Roberts for organizing and leading a wonderful tour. We did not fill the bus, but the 23 of us had a very nice day. On Wednesday I took a spill in my home which was followed with a visit to the Saint Mary's Emergency Room to have my left arm stitched back together. I now remember that I am a senior and must pay full attention to what I am doing. As a result of this experience, I am clear about slowing down and paying attention. Accidents happen.



I want to thank all of our officers and committee chairs for an exemplary job.

I hope you are all considering the fact that we need a Program Chair.

I look forward to seeing you at the next Program Meeting on May 11. Until then, please stay safe and well.

Best regards,

Margo Moor, President, Sixty Plus at San Francisco State University, 415-205-9350, [m Moor@att.net](mailto:m Moor@att.net)

\*\*\*\*\*



\*\*\*\*\*

## NEW MEMBERS, 2015

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we'll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We'll be looking out for you and hope to welcome you personally.

**Victoria Holder**

**Jane Corbett**



\*\*\*\*\*

### Not-quite-gourmet Dining

Red Dog Restaurant & Bar  
303 2<sup>nd</sup> St. (between Folsom & Harrison Sts.)  
Tuesday, May 26, 5:30 p.m.

This recent addition to the SoMa restaurant scene has wowed locals as well as foodies with its delicious and satisfying Northern California fare. Standout dishes include succulent herb-roasted chicken, sautéed scallops with house-made bacon, maltagliata with artichokes and snap peas, and crispy pork trotter sandwich. Also a hit is the scotch egg appetizer (hard-boiled egg with oozy, velvety yolk, wrapped in a crispy coat of deviled ham).

Muni lines Nos. 10 and 12 to 2<sup>nd</sup> & Folsom Sts.

**RSVP: Cecilia Lim, [cec639sf@att.net](mailto:cec639sf@att.net) or call 415-957-1602**

\*\*\*\*\*

## Arts and Entertainment

### \*MATILDA\* Orpheum Theatre

Winner of numerous awards and performing to sold-out audiences in New York and London, "Matilda" is a stage musical based on the beloved children's novel by Roald Dahl. The musical's narrative centers on Matilda, a precocious five-year-old girl who loves reading, overcomes obstacles, and helps her teacher to reclaim her life.



Wednesday, August 12, 2015; 2:00 p.m. Matinee  
Tickets: \$75 — Orchestra; \$65 — Mezzanine  
Final payment is due by July 20 — please send check to Sixty Plus office along with a SASE  
**Note:** no elevator

\*\*\*\*\*

## Getting to Know You

### Rosa Chalian

By Richard Lewis

*One of our newest members, Rosa Chalian, tells us about herself in her own words:*

“I was born in Buenos Aires, Argentina. My schooling was done in Buenos Aires. I lived under the dictatorship during Juan Peron and his wife, Evita Peron. I came to the United States in 1963, during the Civil Rights movement and the march on Washington. This was also the time of the assassination of President John F. Kennedy; it was a very sad day.

“I lived in Lowell, MA for about a year, and in 1964 I moved to San Francisco, where I was first employed by Elizabeth Arden Salon. In 1968, I became a United States citizen. I then got a job at the Fairmont Hotel in 1969 and worked for 24 years in various positions; it was truly a great experience for me. In 1994, it was time for a career change, and I was hired by the Federal Emergency Management Agency. I was trained as a case worker to assist victims of disasters, with a primary focus in processing benefit applications for disaster recipients. The majority of the time I was working in the office, and I was also given the opportunity to be deployed in the field, where the disasters took place. The disasters that had the most impact for me were the World Trade Center attack in New York City, as well as the natural disaster in Louisiana, where thousands of people were displaced from their homes by Hurricane Katrina. My job as a case worker was (and still is) the most rewarding of all my career experiences, as this position gave me the opportunity to assist victims from diverse cultures, ethnic and racial backgrounds.



“I am fluent in Spanish, English, and Armenian. One of my favorite hobbies is to travel all over the world. Throughout my travels I met some wonderful people and saw some incredible landmarks. I spent some time in Europe, Egypt, and Greece. My most notable experience was in 1978, when I went to visit the homeland of my parents, Yerevan, Armenia. During that time, Armenia was under Soviet rule and the process to get a visa proved to be very difficult. However, once the visa process was approved, my son and I embarked on a wonderful journey to visit my father’s family, who had stayed behind and whom I had never met before. Our trip to the Soviet Union took us to Moscow, Leningrad (now Saint Petersburg), Kiev, and ultimately onward to Yerevan. We happened to be in Armenia during the April 24 anniversary of the Turkish genocide against the Armenians. This was a very emotional experience for me and my son.

“I worked for the majority of my life and in 2011 I decided it was time to retire from the workforce and spend time in the pursuit of the happiness I was entitled to after so many years of hard work. I enjoy reading, spending time with close friends, and I find it most rewarding doing volunteer work with community-based organizations that are so often underserved and in need. In my spare time I also enjoy going to the opera, symphonies, and concerts.



“I currently live with my son in a wonderful little home he built for me in the beautiful and occasionally foggy coastal town of Pacifica. My son is currently finishing his Masters in Psychology Research at SFSU and will graduate this coming May.”



# Served Spring Luncheon

Monday, May 18th, 2015, Noon to 3:00 P.M.

\$35.00 prepaid (guests welcome)  
Seven Hills Conference Center, SFSU

*Happy Hour*      *Sit-Down Lunch*      *Entertainment*      *Prizes*

## Menu

Caesar Salad

Choice of:

Oven Roasted Halibut with a beet and lemon compote

or

Sliced Tri Tip of Beef with braised onions and wild mushrooms

or

Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Traditional New York cheesecake

Shuttle bus from Lake Merced parking lot at 11:45 a.m.; return at 3:00 p.m.

Sign up at a meeting or send a check made out to Sixty Plus,  
indicating choice of entrée and name(s) of guest(s).

Reservation and refund deadline: May 12th.

Halibut      \_\_\_\_\_ Name(s) \_\_\_\_\_

Beef      \_\_\_\_\_ Name(s) \_\_\_\_\_

Vegetarian      \_\_\_\_\_ Name(s) \_\_\_\_\_

Give or send your check (made out to Sixty Plus) to:  
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation with Peggy.

\*\*\*\*\*



**SONOMA COUNTY OUTING**

Wed., May 20, 2015

- Docent tour of mission San Francisco Solano — lunch on our own and free time in Sonoma Plaza
- Wine tasting and tour of the Buena Vista Winery in the afternoon

**The Mission** was built in 1824. It became the last link in a chain of 21 Spanish missions built by Franciscan padres.

**The Buena Vista Winery** is the oldest commercial winery in California. Founded in 1857 it is still located on the original grounds.

Price: \$60.00 includes 2 docent tours, bus transportation and bus-driver tip. A list of restaurants on the square is available to help you to make a selection.

Leave from Lake Merced, 9:00 a.m., from 19th Ave. & Holloway, 9:15 a.m.

No cancellations after May 13 unless a substitute is found.

**Sheila Birmingham, Sheilab507@hotmail.com or see roster for phone number.**

**BOUDIN BAKERY TOUR/MUSEE MECANIQUE (OLD-FASHIONED ARCADE)**

Wed., June 10, 2015; meet at 10:45 a.m.; \$5.00 for the tour

Come enjoy a day of fun down at the Pier:

- First a tour of Boudin Bakery at Pier 39
- Then lunch on our own at the Boudin Cafe
- Then we walk up to Pier 45 — a short walk to go back in time — to the Penny Arcade, to have some fun. Some of the games are still a penny; most are 25 — 50 cents. Bring your coins or the Arcade will gladly make change for you.

**Pier 39:** Beach Street & Embarcadero, San Francisco, CA 94133, (415) 705-5500

Follow Van Ness Avenue to Bay Street (about three blocks); stay on Bay Street to Embarcadero; Pier 39 is on the right side of the street. To the Pier 39 garage: After passing North Point St., move into the left lane; turn left onto Beach St. The entrance to the garage is immediately to the right.

MUNI access: F-Line street car down Market Street; 8X, 8BX, 39, or 47 bus lines

**Kathy Fitzpatrick, ktfitzpa@gmail.com**

**UPCOMING TOUR: PASO ROBLES AND SAN SIMEON**

**Overnight trip to Hearst Castle**

Tues., Sept. 15 and Wed., Sept. 16, 2015

This overnight trip includes motor coach transportation, one-night stay at the Cavalier Hotel in San Simeon, visit to Paso Robles, Hearst Castle Tour, and dinner in Cambria. Cost is approximately \$325 per person/double occupancy. For a detailed itinerary and payment information, call or email the Sixty Plus office at 415-412-4684 or [sixty@sfsu.edu](mailto:sixty@sfsu.edu).



## CALENDAR OF COMING EVENTS

May 11	Monday	10:30 a.m. 1:00 p.m.	Executive Board & Committee Chairs, Rosa Parks Room D General Program Meeting, Rosa Parks Room Cesar Chavez Student Center, SFSU
May 26	Tuesday	5:30 p.m.	Not-quite-gourmet Dining Red Dog Restaurant & Bar 303 2 <sup>nd</sup> St. (between Folsom & Harrison Sts.)
May 17	Sunday	4:00 p.m.	SF Jazz Center, 201 Franklin Street, SF CA
May 18	Monday	12:00 p.m.	Spring Luncheon Seven Hills Conference Center, SFSU
May 20	Wednesday		Sonoma County Outing
		9:00 a.m.	Lake Merced pick-up
		9:15 a.m.	19th Ave. & Holloway pick-up
June 10	Wednesday	10:45 a.m.	Boudin Bakery tour and Musee Mecanique Pier 39: Beach Street & Embarcadero, SF, CA 94133
Aug. 12	Wednesday	2:00 p.m.	“Matilda,” Orpheum Theater 1192 Market Street, San Francisco, CA 94102
Sept. 15 – 16	Tues – Wed	TBD	Overnight Tour to Paso Robles and San Simeon

\*\*\*\*\*

**Membership Renewal:**  
**Renewal forms will be included with the June newsletter and on-line at the beginning of May. Membership renewals are due by August 1.**

\*\*\*\*\*

### SIXTY PLUS 2014 — 2015

#### Officers

President	Margo Moor
Vice President	Christine Malfatti
Treasurer	Terry Kirchoff
Recording Secretary	Ray Sarakaitis
Co-corresponding Secretary	Barbara Graham
Co-corresponding Secretary	Joyce Cassells
Past President	Shelagh Ross

#### Committee Chairs

Arts & Entertainment	Erwin Kelly
Communications	Jeanne Glennon
Education — Co-chair	Richard Chackerian
Education — Co-chair	Richard Soward
Hospitality	Phyllis Abad
Mailing	John Johns
Membership	Christine Malfatti
Programs	Alice Keenan
Publicity — Co-chair	Richard Lewis
Publicity — Co-chair	Christine Malfatti
Special Events	Peggy Pol
Sunshine	Karen Grech
Tour	Sheila Birmingham

\*\*\*\*\*

## Sixty Plus at San Francisco State University

*\*Since 1975\**

Gerontology/Sixty Plus – HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132  
Website: [www.sixtyplussf.org](http://www.sixtyplussf.org) \* Telephone: 415-412-4684 \* email: [sixty@sfsu.edu](mailto:sixty@sfsu.edu)

### Sixty Plus *Highlights*

**Editor:** Jeanne Glennon; \* **Assistant Editor:** Joyce Cassells \*  
**Contributors:** Phyllis Abad, Sheila Birmingham, Kathy Fitzpatrick, Richard Lewis,  
Cecilia Lim, Margo Moor, Peggy Pol, Eileen Ward

**Distribution Manager:** John Johns \* **Managing Editor:** Eileen Ward

Items for the **June Highlights** should be submitted by **May 18** to: Jeanne Glennon: [jfglennon@comcast.net](mailto:jfglennon@comcast.net)



**SIXTY-PLUS at SAN FRANCISCO STATE UNIVERSITY**  
**Gerontology/Sixty Plus – HSS-242**  
**1600 Holloway Avenue**  
**San Francisco, CA 94132**  
**Web: [www.sixtyplussf.org](http://www.sixtyplussf.org)**